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Sara Stephanus, Almaz Shipena and Shirin Shaker attended the traditional Iranian New Year celebration, Bahá'í on Sunday. Photo: Eliot Mahlase



Keer terug na misdaad-voorkoming 2



Veteraan vind woema in die sewentigerjare 8



Donker strate nou 'n krisis

“Misdadigers vlug dikwels na die donkerder gebiede. As die straatligte nie werk nie, word dit 'n gewilde wegkruipplek vir misdadigers wat deur die GPF agtervolg word.”

Corlia Kruger

Onklaar straatligte neem nou krisis-afmetings in groot dele van Capital Park en omstreke aan.

Minstens een laan in Wonderboomport is nou al amper drie jaar lank saans in duis-ternis gehul.

Raadslid Elma Nel sê sy het al meer as 100 e-posse aan die Tshwane-metro gestuur met besonderhede oor waar die probleem-punte is.

Van veel sukses was daar nog nie sprake nie, sê sy. Wanneer daar reaksie kom, brand die straatligte net vir 'n rukkie.

En die lys onklaar ligte in verskeie woonbuurte raak intussen net langer, sê raadslid Nel.

“Ek herinner die metro al vir 13 maande om die ligte weer ten volle in werking te kry,” vertel Nel.

“Die ligte sal dalk vir 'n maand lank werk, maar dan sit inwoners weer in die donker.”

Strate in Capital Park wat die ergste geraak word, is Trouw-, Malherbe-, Flowers- en Van Heerdenstraat.

Capital Park is nie die enigste gebied wat sonder werkende straatligte is nie.

'n Afsondelike lys toon dat Wonderboom-Suid, Mayville en Les Marais ook geraak word.

In Mayville is 5de Laan, Mansfield-, Rhys- en Paul Krugerstraat die ergste getref.

In Mansfield is meer as 16 straatligte buite werking.

“Mansfieldlaan deur Wonderboomport is al vir drie jaar sonder straatligte. Verlede jaar het die straatligte vir 'n maand gewerk en nou is dit weer stukkend,” sê Nel.

“'n Mens is weerloos so in die donker.” Nel het die lys saamgestel in samewerking met die plaaslike GPF.

“Die GPF's wat in die gemeenskap patrollie doen, skryf elke paalnommer neer van straatligte wat nie werk nie. Hulle stuur die nommers dan aan my, en ek sit hulle dan saam in 'n lys.”

“Die burgemeester van Tshwane het in sy stadsrede verlede jaar 'n belofte gemaak om meer aandag te skenk aan stukkende straatligte. Hy het self erken dat donker strate bydra tot misdaad.”

Nel meen donker strate is 'n gevaar, nie net vir motoriste en voetgangers nie, maar ook vir huiseienaars.

“Niemand kan sien as daar iemand van buite oor 'n erf se heining klim nie. Donker strate lok diewe en maak 'n buurt onveilig.”

Mike Burt, voorsitter vir Capital Park-subforum, sê die straatligte se probleem lê by verouderde infrastruktuur.

“Die ligte word elke nou en dan herstel maar na 'n maand, of die eerste reën is al die straatligte weer af.

“Dit is ou infrastruktuur wat nie opgradeer en onderhou word nie.” Pierre Bezuidenhout, voorsitter van Park-

town en Roseville GPF, sê die stukkende straatligte maak dit moeilik om misdaad in die betrokke woonbuurte te bekamp.

“Misdadigers vlug dikwels na die donkerder gebiede. As die straatligte nie werk nie, word dit 'n gewilde wegkruipplek vir misdadigers wat deur die GPF agtervolg

word.

“Verdagtes wat ons agternasit mik dadelik vir die donker gebiede.”

Die metro het teen druktyd nog nie kommentaar gelever nie.

Talle inwoners het hul stemme verlede week op Facebook dik gemaak.

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GPF verseker veiligheid vir Moot se mense

Andrea Küsel

Lede van die Villieria-GPF in samewerking met die Moot-gemeenskapsinisiatief het Saterdagmiddag 21:00 by Waverley Plaza, Villieria ontmoet om 'n gemeenskaplike patrollie van stapel te stuur.

Die doel van die patrollie was om hoë sigbaarheid in die gemeenskap te handaaf.

Patrolliekoördineerder, Oos van Niekerk, sê dit is belangrik vir die GPF om hoogsigbaar te wees omdat dit potensieel misdadigers afskrak.

“Dit is beter om te sê ek het misdaad voorkom, as om te sê ons het misdadigers vasgetrek.”

Die patrollie het veral vir roekelose bestuurders uitgekyk, verdagte persone en

motors asook bestuurders wat onder die invloed van alkohol was.

Die patrollie het om 23:00 afgesluit.

Van Niekerk sê die GPF is die oë en ore van misdaadbekampers.

“Dit sluit die SAPD, Tshwane-metro-polisie en sekerheidsorganisasies in. Die hoof-doelwit van GPF-patrollies is om alles wat uit plek is aan te meld.”

Hy sê daar word in die Villieria-GPF weekliks patrollie-aksies uitgevoer om misdaad te bekamp, ondersteuning te verleen aan ongelukke en rampe en om gemeenskapdiens te lewer.



Lees meer stories op www.rekordmoot.co.za

Polisie-bevelvoerders aangespoor om skeppend te werk

Andrea Küsel

Keer terug na die basiese beginsels van misdaadvoorkoming.

Dit was verlede week die boodskap van Sunnyside se polisie-streekbevelvoerder, majoor-generaal Nneke Jim Ledwaba, aan leiers in sy gebied.

Ledwaba het gesê bevelvoerders misluk as dit by organisasie kom.

“Misdadigers pleeg nie misdaad in areas met hoë polisie-teenwoordigheid nie en polisie moet dus te alle tye sigbaar wees.”

“Die bevelvoerders moet altyd beskikbaar wees by hul stasies en verantwoordelikheid aanvaar vir misdaadvoorkoming

en ondersoek van misdaad.” Deel van die Sunnyside-streek is die Moot-, Villieria-, Brooklyn-, Garsfontein-, en Lyttelton-polisiekantore.

Woordvoerder kaptein Coba Brits sê Ledwaba het bevelvoerders aangemoedig om beter te presteer en harder te werk om misdaad te beveg.

“Majoor-generaal Ledwaba sê hy moet verantwoordings doen vir misdaad in die verskeie streke na 'n hoër kantoor en hy verwag van die bevelvoerders om hul deel te doen om misdaad te verminder.”

Voertuie en ander bronne mag nie misbruik word nie, sê Ledwaba.

“Die polisie moet te alle tye beskikbaar wees om misdadigers uit te dryf. Die bevelvoerders moet kreatief raak en pligte uitvoer met die beskikbare bronne,” sê hy.

“Misdadigers pleeg nie misdaad in gebiede met hoë polisie-teenwoordigheid nie en polisie moet dus te alle tye sigbaar wees.”

Ledwaba het sy waardering betuig aan bevelvoerders en polisieledes wat wel hul deel doen om misdaad te bekamp.



Ledwaba spreek bevelvoerders in sy streek toe.

Foto: Verskaf

Ma en dogter spring self in en bewaar omgewing

'n Ma en dogter van Queenswood het self ingespring om stormwatterype in hul omgewing weer te laat werk.

Anita Oosthuizen en haar dogter Diandra (19) het vroeër vandeeweek drie stormwatterype in Shillingstraat en Dormerlaan skoongemaak.

“Die pype was oorgroei met gras, onkruid en klein boompies. Ons het selfs 'n tekkie en 'n strykyster tussen die plante gevind wat die

drein verstopt het,” sê Oosthuizen.

Sy ry al jare verby dié dreine wat nooit skoongemaak word nie.

“Met die droogte was dit moeilik om die plante en onkruid uit te trek. Toe dit so lekker reën, besef ek, nou is my kans.”

Oosthuizen en haar dogter het al die bossies ná die reën uitgetrek en die stormwatterype is nou weer oop.

Oosthuizen sê sy was nog altyd ingestel op die natuur en omgewingsake.

“Ek het bietjie van 'n obsessie oor die besparing van water.

“As die stormpype verstopt is, kan reënwater nie daarin loop nie. Daarby is die toegegroeide pype onooglik.”

Die stormwatterype is nie al wat dié twee getakel het nie.

“Ons het ook 'n hoop grond voor die een drein in Woodlandsrylaan verwyder wat gekeer het dat water in die drein afloop.”

Op die vraag oor waarom sy en haar dogter sake in hul eie hande geneem het, sê

Oosthuizen:

“Ek is nog altyd in my hart 'n aktivis. Ek kla ook baie en is soms baie negatief maar het die behoefte om iets te doen wat 'n verbetering teweegbring.”



Anita Oosthuizen maak een van die stormwatterype skoon.

Foto's: Verskaf



Anita Oosthuizen en haar dogter, Diandra, het besluit om omgewingsprobleme in hul woonbuurt self op te los.



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Huurders word sleg verneuk

Andrea Küsel

'n Swendelaar wat mense fnuik deur huise aan hulle te verhuur, is steeds op vrye voet.

Lorrinda Snyman is verlede jaar deur dié swendelaar gevang toe sy die perfekte huis vir haar gesin in Waverley gevind het.

Sy het 'n advertensie vir die huis gesien met drie slaapkamers, twee badkamers, 'n gaste-toilet, drie leefareas, 'n swembad en groot tuin.

Snyman het die nommer op die advertensie geskakel en met 'n man gepraat. Hy het vir haar gesê dat hy die eienaar van die huis is.

"Hy het my gevra of ek regtig belang stel het in die huis en of ek ernstig was oor die huurderij."

Sy het vir hom gesê sy wil die huis definitief huur.

"Nadat ek dit gesê het, het hy druk op my geplaas om die deposito te betaal," vertel sy.

"Hy het gesê dat baie ander mense ook in die huis belangstel en dat die eerste een wat die deposito betaal, die huis sou kry."

Snyman sê die man het haar baie persoonlike vrae op WhatsApp gevra.

"Hy wou weet wat ek en my man vir 'n lewe doen. Hy het selfs vir ons vertel dat hy by 'n natuurreservaat met leeus werk. Hy het vir ons foto's van homself met die leeus gestuur."

Sy sê die man het haar weer gedruk vir die deposito en haar laat weet dat 'n prokureur sou gou moontlik 'n kontrak sou opstel.

Snyman het gedink sy kon hom vertrou en betaal toe die R7 000 deposito.

"Nadat ek die deposito oorbetal het, het



CBD historical landmarks discovered

About thirty strollers took to the city centre on Saturday morning and discovered historical landmarks around the Pretoria CBD. The walk started opposite the SA Reserve Bank at 07:00 and proceeded to Sammy Marks Square, Pretoria High Court, Church Square and other spots. City Property tour director Lize Nel said the main aim of the walk was create awareness among locals about the CBD's beauty. Adriaan Louw, Maleene Hinrichsen and Jeanie Steenkamp (picture) enjoyed the outing.

Photo: Eliot Mahlase

hy alle kontak met my verbreek en spoorloos verdwyn."

Sy is na die geadverteerde huis, waar die bure het haar vertel dat sy nie die eerste persoon was wat daar sou intrek nie.

Volgens het baie ander mense al 'n deposito betaal het om die plek te huur.

Snyman het die regte eienaar van die huis opgespoor.

"Die eienaar van die huis het bloot gesê dat hy niks van die verneukspul weet nie, en dat hy ook niks daarmee te doen wil hê nie."

Sy het 'n klagte by Silverton se polisie ingedien.

Snyman sê sy het al vrede gemaak met die

feit dat sy nie haar geld sal terugkry nie.

Op sosiale media het talle mense vertel van geld wat hulle op soortgelyke manier verloor het.

Op Facebook skryf Gunther Laubscher dat hy amper R5 500 verloor het.

"Daar word 'n huis geadverteer in 2de Laan op Junkmail vir R5 500. Ek het hom geskakel en hy sê hy is 'n veearts en tans in Natal.

"Hy het gesê dat hy gou kan reël vir 'n kontrak. As ek klaar die deposito van R5 500 betaal het, sou ek die sleutels in Hatfield gaan haal en intrek."

Laubscher skryf dat hy gelukkig eers die

betrokke huis besoek het.

Daar was loodgieters wat vir hom gesê het dat die eienaar van die huis hulle gekry het om herstelwerk te doen voordat nuwe huurders later die dag daar sou intrek.

Louise Gous skryf: "Kan mense so skelm wees? Betaal R9 000 oor vir deposito en huur en nou was daai eiendom nooit te huur nie."

"Die eienaars weet nie eers dit was in die mark nie. Ons moet Woensdag uit wees en waar moet nou weer geld kry?"

Snyman waarsku ander inwoners in die Moot om uitgers bedag te wees wanneer dit kom by die oorbetal van deposito's aan vreemdelinge.

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Kabeldiewe sit steeds agter tralies na wenk

Andrea Küsel

Twee diewe is steeds in aanhouding nadat hulle verlede week met kables ter waarde van duisende rande in hul besit betrap is.

Wonderboompoort-polisie het verlede Maandag in Capitalpark op hope koperkables beslag gelê.

Die polisie het 'n wenk van inwoners ontvang en op 'n perseel afgekom waar die koperkables gevind is.

Twee mans wat na bewering betrokke was by kabeldiefstal is op die perseel in hegtenis geneem.

Die mans het reeds in die hof verskyn en die saak is uitgestel tot 19 April 2016.

Luitenant Hennie Barkhuizen het bevestig dat die mans in aanhouding bly.

Luitenant Barkhuizen het aan *Rekord* gesê die geskatte waarde van die koperkables is ongeveer R30 000.

Kaptein Pierre Vigoureux van die maatskaplike-misdaadvoorkomingseenheid by die Wonderboompoort-polisiekantoor het konstabel Tladi bedank.

"Danksy die goeie werk van konstabel Tladi, wat op 'n wenk van inwoners gereageer het, kon ons die twee kabeldiewe vang," sê Vigoureux.

Hy het ook inwoners bedank vir hul samewerking en vinnige reaksie.

President Jacob Zuma het verlede jaar 'n beroep gedoen vir strengere wette vir misdaad soos kabeldiefstal.

Zuma het gesê dat kabeldiefstal ernstige ontwingting veroorsaak.



Die geskatte waarde van die koperkables is ongeveer R30 000.

Foto: Verskaf

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Families enjoy race in Sunnyside

Hundreds of runners took to the streets of Sunnyside on Monday for the Right 2 Run race at 07:00 on Monday. The annual race began at Sunnypark mall. Young and old were part of the race that ended at Loftus Versfeld. The race was divided into three categories, the 5km, 10km and 21km runs. Savan and Caitlin Marimuthu, in the picture, were among the participants.

Photo: Eliot Mahlase

Service delivery buckles in the wake of heavy rain

“The City apologises for any delays that might arise as a result of the wet weather conditions.”

Stephané Bothma

Residents must brace themselves for long waiting periods when they report water, electricity and other services problems.

The recent continuous heavy downpours in Pretoria could play havoc with service delivery in the capital, the Tshwane metro has warned.

Pretoria residents were urged to please be patient when experiencing service failures.

The services of private contractors would also be called upon should it be deemed necessary.

Metro spokesman Lindela Mashigo said the city anticipated delays in

responding to service delivery issues affecting residents within the entire metropolitan municipality.

The delays were due to continued rains that were underway.

“The turn-around time might be delayed in day-to-day call-out services such as power failures, sewerage blockages, water meter or water pipe leakages, waste collection and litter picking,” he said.

Mashigo stressed it was not possible to give an indication of the duration of possible delays as this would vary and at this

stage would only be a thumb-suck.

Asking for patience from residents, Mashigo said simple things like malfunctioning traffic lights – causing traffic congestion, the increase in the number of power outages due to thundery weather and the difficulty in fixing electrical faults in the rain could result in delayed response time.

“Residents are urged to remain patient during this period as the teams are doing their best to service all areas.”

Should the need arise, he said the metro would also contract private service providers to assist with service delivery requirements and ensure the best response time possible.

“The City apologises for any delays that might arise as a result of the wet weather conditions,” Mashigo said.

Meanwhile, no or very little rain was predicted for this week with mostly sunny and warm days, which could ease the pressure on the metro.

The metro earlier also said despite the good rain experienced in Tshwane over the past few weeks, water restrictions remained in place.

When the situation regarding restrictions changed, residents would be informed.

Eienaar en kat herenig na jaar

Corlia Kruger

Caramel en haar suster Chocolate lê te lekker op hul mense-ma se bed.

'n Jaar later is Caramel die kat herenig met haar eienaar nadat sy verlede jaar in April spoorloos verdwyn het.

"Ek het Caramel en haar twee sussies, Chocolate en Miracle, met die hand grootgemaak," vertel Tersia van Heerden.

Van Heerden, woonagtig in Orpenlaan Lydiana, sê sy het die klein katjies ongeveer twee jaar gelede van die straat af ingeneem. "Die ma was wild en van die katjies was baie siek met katgriep."

Nadat Van Heerden die drie katjies by 'n veearts gehad het, is hulle met 'n bottel gevoer tot hulle sterk genoeg was om self te vreet.

"Ek het hulle later laat steriliseer en 'n mikroskyfie laat implant."

Van Heerden sê soos alle jong katte was Caramel 'n nuuskierige en avontuurlustige dier.

"Sy ken haar huis en erf en sou nooit te ver loop nie, maar sy was lief om op die buurvrou se wit muur te spring en die wêreld te bekyk," sê Van Heerden.

"Ongelukkig hou nie almal van katte nie, en het die buurvrou gereeld gekla oor die spore op haar muur."

Van Heerden sê sy het eendag tuisgekome om te vind dat Caramel spoorloos verdwyn het.

"Ek sal nie my buurvrou beskuldig nie, want ek kon natuurlik nooit bewyse kry dat sy my kat geneem het nie. Ek weet net Caramel sou nie op haar eie so ver weggeloop dat ek haar nêrens in die omgewing kon opspoor nie."

Daar het weke geword, weke maande en Van Heerden kon steeds nie haar geliefde troeteldier vind nie.

Uiteindelik, na byna 'n jaar het Van Heerden dié week 'n oproep ontvang dat haar kat in Koedoespoort gevind is.

Van Heerden sê 'n veerts het deur middel van die mikroskyfie haar as die kat se eienaar geïdentifiseer.

"Caramel was vir maande in die Koedoespoort-nywerheidsgebied."

'n Veiligheidswag het hom glo oor die honger, uitgeeteerde katjie ontfarm en vir haar



Tersia van Heerden het Caramel na 'n jaar weer teruggekry. **Foto: Corlia Kruger**

kos gegee.

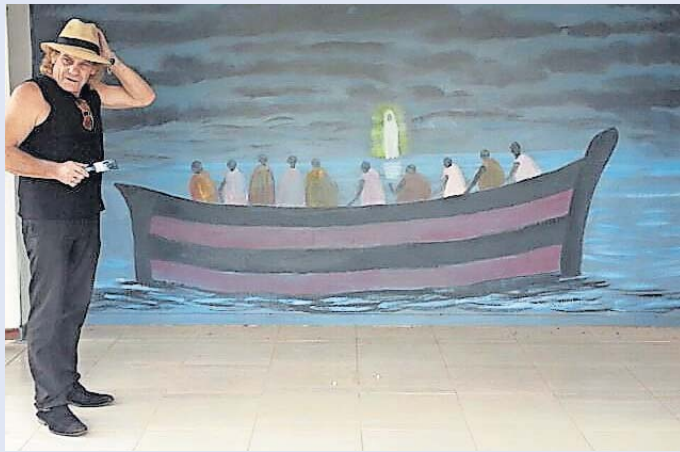
Erol Terblanche, wat in dieselfde omgewing as programmeerder werk, het ook die kat opgemerk.

"Na 'n ruk is daar gesê dat die kat nie meer welkom was op die perseel waar ons werk nie en ek en my vrou het toe besluit om die katjie aan te neem," het Terblanche aan *Rekord* gesê.

"Die kat was teen daardie tyd baie maar en ons het haar veearts toe geneem om seker te maak dat sy nie siek is nie."

Terblanche vertel die veearts het hulle laat weet dat die kat reeds aan iemand behoort en Woensdag het hy haar aan haar oorspronklike eienaar terugbesorg.

"Ek is so dankbaar vir Erol. Caramel is weer uiteindelik terug by die huis en lê nou knus langs Chocolate. Sy lyk heel rustig en tevrede," het Van Heerden Donderdagoggend gelukkig vertel.



'n Pa skree: 'Please don't shoot me, don't'

Kristian Meijer

"Ons is gebroke. Ons lewens is vir altyd verander."

Só vertel 'n emosionele Dali Emanuel Bothma (27), seun van Manie St. Clare Bothma (63), die Karenpark-kunstenaar wat verlede Woensdag in sy huis vermoor is.

Dali sê hy en sy pa was alleen tuis in die Eagle Inn-veiligheidskompleks toe hy 'n geraas in die vroeë oggendure hoor.

"Toe ek uit my kamer stap, sien ek 'n man met 'n groot handwapen in die sitkamer. Ek is toe terug na my kamer en het die deur toegeslaan," sê Dali.

"Ek kon voel hoe die man aan die handvatstel trek. Toe hy wegstap, hoor ek toe hoe my pa skree, 'Take what you want, just don't shoot me'. Dit is toe ek die skoot hoor."

Dali sê hy het gedink die skoot is in die dak in geskiet.

"Ek hoor toe weer, 'Don't shoot me. Don't shoot me'. Ek was toe nog in my kamer. Ek het toe 'n knipmes uit my laai gegryp om vir my lewe te veg," sê hy.

Toe Dali uitstorm, het sy pa al dood in die sitkamer gelê. Al wat hy kon hoor was die gedreun van sy pa se Kia Picanto wat wegry.

"Ek kon net skree, 'Daddy! Daddy!'

Daddy,'" sê Dali.

Hy het toe by die huis uitgehardloop en om hulp geroep. 'n Buurvrou in die kompleks het ADT gebel wat binne minute saam met paramedici opgedaag het.

"Die paramedici was lank met my pa besig, maar na 'n ruk het die een vrou uitgetap en gesê my pa is dood. Hy is in sy maag geskiet en die koeël het 'n hoofslagaar in sy been getref," vertel Dali tussen trane deur.

"En al wat hulle gevat het, was sy selfoon en kar. Hy is daarvoor doodgemaak."

Dali vertel dat sy hele gesin jare gelede hul geloof van Christendom na Islam verander het. "Ek en my broer Picasso het my pa self gewas en hom die aand 19:00 al begrawe, soos vereis word."

Hy sê die moord het die hele familie geruk, en dat hy nou terapie nodig het om die verlies te verwerk.

"Ek hoop net dat die skuldiges gevang word."

Akasia-polisiewoordvoerder konstabel Reneilwe Makwalo sê 'n saak van moord word ondersoek, maar dat geen ander besonderhede verskaf kan word nie, want die saak is in 'n sensitiewe stadium.

Enigiemand met inligting oor die moord of die gesteelde voertuig kan die Akasia-polisie by 012-564-0700 bel.

Kunswerkraaisel opgelos

Corlia Kruger

Agter die masker van 'n 50-jarige ouditeur van Noordwes, sit die houtsnее-kunstenaar van die Moot.

Hy is die man agter die raaisel van 'n horlosieboom wat sy verskyning op die hoek van Eva- en Dormerstraat gemaak het.

'n Boomstomp is omskep in 'n pragtige houtsnее-kunswerk met 'n ingeboude werkende horlosie.

Die houtsnее-meester wat in die Moot woon, sê hy laat 'n stukkie van sy ware self agter in die natuur. Sy passie, vertel hy, is die natuur en houtwerk.

Sy anonimiteit wil hy behou.

"Dit wat ek doen, doen ek omdat ek dit geniet en nie om wins daaruit te maak nie."

Die boom op die straathoek in die Moot, sê die houtsnее-meester, het hy gebruik as medium vir sy kunswerk omdat dit andersins afgekap sou word.

"Daar is sekere siektes en swamme wat op bome teer. Hierdie boom was gebreek... 'n seer oog langs die pad. Ek het besluit om iets nuuts te skep. Iets wat hopelik ander ook kan waardeer."



Na die boomklok voltooi is. **Foto: Verskaf**

Die houtsnее-meester sê hy het met 'n kettingsaag aan die stuk hout begin skaaf en so die boom in 'n werkende horlosie verander.

"Maar as jy van naderby kyk sal jy iets heeltemal anders aan die klok opmerk."

Die horlosie loop links om – en die syfers is ook omgekeer. "Dit gaan jou 'n tydjie neem om uit te werk hoe laat dit is," vertel die eksentriek kunstenaar met 'n lag.

"In vandag se tyd gebruik ons mns nie meer die konvensionele horlosies nie.



Double value cookbook introduced

A cookbook with a twist was introduced by the Pretoria arts association in Nieuw Muckleneuk on Friday evening. Louis Jansen van Vuuren and Hardy Olivier shared their recipes with the audience from their book *The story of a house tables and feasts from La Creuzette*. On the photo are: Nelia Bezaidenhour, Luanne Ormond and Leonie Scholtz. **Photo: Eliot Mahlatse**

Weeg jou woorde...

Gavrilo Princip versnel op 23 Junie 1914 die uitbreek van die Eerste Wêreldoorlog toe hy die Oostenrykse troonopvolger Frans Ferdinand en sy vrou Sophie op 'n kort afstand in die stad Sarajewo doodskiet.

En van die redes hiervoor, so het hy later gesê, was die majoor in die weermag wat geweier het dat hy aansluit en hom huis toe gestuur het met die woorde: "Jou klein nikswerd. Gee pad voor ek jou platslaai. Hy besluit om die majoor verkeerd

te bewys en die res van die verhaal is nou geskiedenis – meer as 10 miljoen mense sterf in die oorlog.

Hoe anders kon die verhaal nie dalk verloop het as die majoor anders gepraat het nie?

Daar is geweldige krag in woorde en gesindhede en dit kan letterlik lewe of dood bring. Jakobus 3:5 skryf: "So is die tong ook maar 'n klein liggaamsdeeltjie, en tog het dit groot mag. 'n Klein vuurtjie kan 'n groot bos aan die brand steek. Die tong is ook 'n vuur..."

Dit steek die hele lewe, van die geboorte af tot die dood toe, aan die brand. Ons het

Hoe anders kon die verhaal nie dalk verloop het as die majoor anders gepraat het nie?

die afgelope tyd beleef hoe name, dreigemente en slagspreuke ons land geskud het.

Dit wat mense met hulle mond saai gaan hul ook maai. As ons mond vol negatiewe, beledigings, beskuldigings, onwaarhede en neerhalings is, kan ons nooit verwag om vrede en geluk te maai nie.

As jy hoop, versoening en aanvaarding praat, sal dit verseker ook goeie

vrugte lewer.

Weeg jou woorde. Wees versigtig met dit wat jy sê. Vra vir jouself voortdurend af wat die gevolge gaan wees van wat jy sê.

En dan sommer ook op 'n persoonlike noot vir al die ouers en grootouers. Kinders

Stiltetyd

Dr. Johan



en kleinkinders luister grootoor wanneer julle oor ons land en sy mense praat. Plant geloof, hoop en liefde in hul harte. Laat jou fontein vloei met water wat lewe bring.



LETTERS

E-mail your letters to: editorial@rekord.co.za

Letters may be addressed to the Editor, PO Box 8261, Pretoria 0001, faxed to 086-652-0378 or e-mailed to editorial@rekord.co.za. Letter must be limited to 200 words. The Editor reserves the right to edit any letter. A writer may use a pseudonym, but his or her full name, address and telephone number must accompany the letter. The opinions expressed in letters are not necessarily the views of *Rekord*.

Very proud of brave woman

Good day *Rekord* readers

I would like to say how immensely proud I am of the 74-year-old woman who protected herself from the thieves that broke into her home when she didn't want to open for them. We live in a time where we simply cannot afford to be negligent, too comfortable or trust anybody.

Who knows what would have happened to her if she either opened the gate to let

them in, or if they got in and found her in the house? She acted so bravely and did the right thing by locking herself in the garage, triggering the alarm and making even more noise by blowing the car's horn. So proud.

I think all of us, especially the elderly and people with small children, need to think of precautionary measures around the house to protect ourselves.

Sincerely, a very proud Pretorian

Honde-eienaar verheug oor hul dierbare worshond, Axel

Ons worshond, Axel, het op Vrydag, 11 Maart, net voor die "groot reën" verlore geraak.

Nodeloos om te sê dat enige soektog in die sousende reën (waaronder ons almal wel dankbaar was) geen vrugte afgewerp het nie.

My seun en sy vriend het weer Saterdagoggend na ons hond gaan soek.

Hierdie keer nie te voet, maar per fiets.

Nie ver van ons af, het hulle 'n ma met haar kinders en 'n "bruin hond" in die arms, gewaar.

Me. Onbekende Weldoener, ek weet nie wat jou naam of jou nommer is, maar as jy

nie bereid was om die Saterdag van huis tot huis te gaan om te probeer uitvind wie se hond dit is, sou my kind nooit die hond raakgesien het nie.

Ek wil vir jou diep uit my hart bedank vir jou moeite en soos wat ek verstaan, het julle ook die hondjie die vorige aand ingeneem – uit die reën.

Jy het nie 'n idee hoe dankbaar ons is om hom weer terug te hê nie.

Glo my, daar is baie mense wat vir hom gebid het.

Dit is oor mense soos jy (en wat jy jou kinders leer) wat ek tog hoop vir ons samelewing het."

Karien Knobel

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UNREGISTERED WATER USERS PUBLIC MEETINGS

The Department of Water & Sanitation invites unregistered water users to participate in a series of public participation meetings.

The meetings will be held across the country, in a bid to ensure that unregistered water users become compliant with the National Water Act (Act 36 of 1998).

The national government has the responsibility for; and authority over water resource management. This includes the equitable allocation; and beneficial use of water, in the public interest. To this end, water licenses are issued for water use in agriculture, industry, mining, power generation, urban and water supply service activities disposing waste into water, reducing stream flows, removing underground water; and many other activities.

Public participation meetings will be held as follows:

Province	City/Town	Venue	Date
North West	Haartebeespoort Dam	Villa Paradiso	15 March 2016
Free State	Bloemfontein	Protea Hotel Bloemfontein	18 March 2016
Mpumalanga	Nelspruit	Ingwenyama Conference & Sports Resort	22 March 2016
Limpopo	Polokwane	Bolivia Lodge	30 March 2016
Gauteng	Pretoria	The Farm Inn Country Hotel	01 April 2016
Eastern Cape	Port Elizabeth	The Boardwalk Hotel & Casino	05 April 2016
Western Cape	Cape Town	Protea Hotel Fire & Ice	06 April 2016
Northern Cape	Kimberley	Protea Hotel Big Hole	12 April 2016
KwaZulu-Natal	Durban	Garden Courth South Beach	15 April 2016
Eastern Cape	East London	Blue Lagoon Hotel	14 April 2016

Meetings will start at 10:00

Unregistered water users are encouraged to participate in the public meetings, in a bid to become compliant with the provisions of the National Water Act.

For more information, contact

info@dws.gov.za, Toll-Free 0800 200 200

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Veteraan vind woema in die sewentigerjare

Corlia Kruger

Grys krag gaan binnekort nuwe betekenis kry wanneer 'n 74-jarige inwoner van die Moot die land met 'n fiets deurkruis.

Jakkie van der Colff se roete in die *Suiderkruis*-fietsroete loop van die verste noordelike punt tot die mees suidelike een en dan van die ooste na die weste.

"Ek vertrek Maandag 4 April vanaf die mees noordelike punt van Suid-Afrika. Dit is op die plaas Oewervlakte wat ongeveer 50 km wes van Beitbrug is," vertel Van der Colff.

"Die eerste skof van die toer is van daar tot by Kaap Agulhas wat die mees suidelike punt van SA is. Van Agulhas a reis ek per voertuig na Kosibaai, mees oostelike punt, en wat dan weer pad met die fiets na Alexanderbaai – wat die mees westelike punt van Suid-Afrika is."

Van der Colff is bekend as een van Suid-Afrika se ouer fietsryers wat vroeër jare van die grootste fietstoere in die land onderneem het.

Sy eerste uitdaging in 2013 was om van Pretoria na Kaapstad te ry in minder ure as die aantal lewensjare op sy kerfstok.

"In Oktober 2013 het ek in 13 dae, gemiddeld 111 km per dag gery, om die afstand te voltooi in net minder as 63 ure," sê hy.

"Die tweede toer was in 2014 toe ek, so na as moontlik aan die see en landsgrense, reg rondom Suid-Afrika met die fiets gery het."

Van der Colff het die ongelooflike afstand van net meer as 4 400km man-alleen aangepak.

"Dit was sonder logistieke ondersteuning. Net ek. Op my fiets, met my bagasie, my gedagtes... en die oop pad."

So 'n lang toer bied 'n mens iets wat geld nie kan koop nie. Die vryheid wat hy beleef om op 'n fiets te klim en ry is onbeskryflik, vertel hy.

Van der Colff sê hy het begin fietsry vir sy liggaamlike- en geestelike gesondheid.

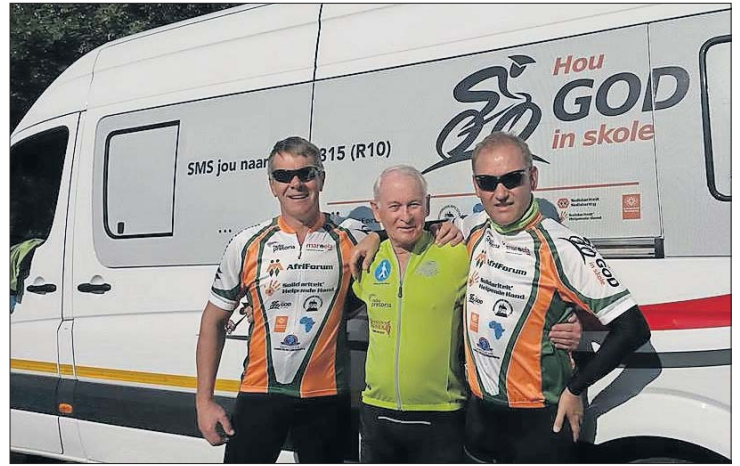
"'n Mens kan nie liggaamlik sterk en geestelik swak wees nie. Om fiks te bly, help 'n mens om daardie perfekte balans tussen fisieke en psigiese-gesondheid te behou."

Van der Colff het verlede jaar saam met die Ysterman-fietsryers (manne jonger as hy) 'n langpad-fietstoer deur die land aangedurf.

Dié toer was ter ondersteuning van die *Hou God in skole*-projek om godsdienste in skole te behou.

Die *Suiderkruis*-fietstoer doen Van der Colff in samewerking met Gryskrag.

Gryskrag is 'n organisasie wat afgetrede mense betrek en bystaan om steeds 'n



Jakkie van der Colff saam met die Ystermanne, Henk en Derick tydens die 'Hou God in skole' fietstoer. Foto: Facebook

deelnemende, verantwoordelike en aktiewe lid van die gemeenskap te wees.

Hoof-uitvoerende beampte Tom Moodie sê Gryskrag verskaf gespecialiseerde inligting en leiding aan lede.

Dit het betrekking tot behuising, gesondheid, welsynsdienste, ekonomiese aangeleenthede, verbruikersake, veiligheid, regsangeleenthede en aftree-beplanning.

"Gesondheid en om gesond te leef, is een van die belangrike dinge waarop Gryskrag fokus," sê Moodie.

"Dit pas goed in met die boodskap wat met hierdie fietstoer oorgedra sal word."

Van der Colff beplan om tydens sy toer

by verskeie aftree-oorde te stop waar hy 'n kort voorlegging sal lewer om sy initiatief te verduidelik.

"Wees fiks en leef – is my leuse." Met die fietstoer wat vir hom wag — 50 dae en 4200km — gaan hy werklik leef.

- Besoek die *Suiderkruis*-fietstoer se Facebook om Van der Colff se vordering dop te hou.

Lees meer stories op www.rekordmoot.co.za



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Tannie Anna vier haar eeu

Eliot Mahlase

Blos Café, in die ooste van Pretoria, was die plek om Saterdag te wees toe tannie Anna Maritz haar 100e verjaarsdag gevier het.

Maritz van Queenswood was omring deur haar kinders, kleinkinders en agterkleinkinders.

Behalwe vir haar familie het al haar vriende en bure ook dié besondere mylpaal in haar lewe by Blos Café gevier.

Sy woon al sedert 1994 in Huis Herfsblaar in Queenswood. Haar man is in 1991 dood.

Haar kleindogter, Michelle Scholtz, sê dit was wonderlik om Maritz se verjaarsdag saam met familie en vriende te vier. Sy het haar ouma beskryf as iemand

wat 'n gesonde leefstyl nastreef.

"Sy is altyd besig en aan die gang. Op die ouderdom van 90 het sy pragtige komberse vir haar jongste agterkleinkind gebrei," vertel Scholtz.

Scholtz sê een van die dinge wat sy van haar ouma geniet, is die wonderlike stories wat sy oor haar lewe vertel.

'n Vriend van die familie, Johan Jansen, sê hy het Maritz in 1950 ontmoet.

"Ek ken haar reeds 66 jaar lank en ek kan eerlik waar sê sy is 'n merkwaardige



Johan Jansen en Anna Maritz.

mens. "Ons is baie geheg aanmekaar en ek het die voorreg gehad om haar kinders en kleinkinders goed te leer ken."

Maritz het vier kinders, 12 kleinkinders en 14 agterkleinkinders.

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3 kg of meer Lam rugtjops	R129.90 p/kg	10 kg of meer Rump Steak	R95.90 p/kg
10 kg of meer Tender Steak	R78.90 p/kg	10 kg of meer T-Bone Steak	R75.90 p/kg
		10 kg of meer Lam tjops gemeng	R114.50 p/kg

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BAIE, baie meer om van te kies! *Live in Christ, live in his strength, then you remain standing.



The TSG team members going to the USA are, from left: (back) Tyla Groenewald, Siku Maseko, Nastia Nolte, Precious Mamobelo, Chanelle Prinsloo, Jessica Van Reenen and Lourien Smit; (front) Belinda Acroma, Janien Smit, Amo Mathole, Clarine Maxwell, Danika Strydom, Danielle Prinsloo and Charleen Herbst. **Photo:**

Gymnasts ready to take on USA

Corlia Kruger

Twenty young gymnasts from the Tshwane school of gymnastics (TSG) have been chosen to compete in the USA this year.

United States association of independent gymnastics club (USAIGC) invited the Moot-based club members to represent their country at the international championships in June.

TSG was established in 1980 at Korfbal park in the Moot. The club is still going strong under the ownership of Carin and Robert Maxwell.

Children, from toddlers to teens, are trained here to compete against elite gymnasts.

Last year TSG gymnasts impressed the judges at the annual SA gym games when they competed against several other provinces.

The young stars received their international invitation to

show off their skills, competing against six countries in Orlando, USA.

The club accepted the invitation to send 20 elite girls (from level 4 to 10), representing their club and country at the championships.

"The only thing needed now is money to send these young people to America," said one of the parents, Natasha Visser.

"Flight reservations have been made and there is no turning back. A minimum amount of R40 000 is required for each gymnast.

"Needless to say, such expenses are impossible for the average parent," says Carin Maxwell.

For more information contact the club on 061-416-4272.

 Read more stories. www.rekordmoot.co.za



Gladdebek wen vir Hoërskool OM

Bibi Haasbroek het Hoërskool Oos-Moot onlangs trots laat voel oor die vermoëns van sy jonger hoërskoolleerlinge. Sy het die Moot-redenaarskompetisie in die junior Afrikaanse afdeling gewen en met hierdie trofee weggestap.

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What's on

Leisure and Clubs

• Pretstap: Pretoria Nasionale Dieretuin, Sat 19 Mrt. Hek open 06:00, stap begin 06:30. Medalje: Giant Panda. Betaling: kaart/kontant. Lettie Dins-Don 09:00-14:00, 012-323-0294 / Dirk 071-004-4221 / www.fotz.co.za

• The Harvest Festival/Die Oesfees, Leriba Hotel and Spa, Centurion, 30 Apr-2 May 2016, 10:00-18:00 daily. Computicket or tickets at gate. Juanita 012-660-3300.

• Yskor Pensioenarise-vereniging Pta, algemene jaarvergadering, 10:00, 30 Mrt by braai-area onder die bloekombome oorkant die pad van Exxaro gebou (ou Yskorhoofkantoor). Terugvoering oor pensioenfonds/mediese fondse. Bring/braai agterna. Alle Yskorpensioenarise welkom. Piet 082-556-2723.

• Pretoria Youth Theatre's *Red Riding Hood vs the Wolf*, Irene Village Theatre, 28 March to 6 Apr daily at 10:30 and 14:30. Booking tshwaneyouththeatre@gmail.com / enquiries 084-804-0490.

• Full day acting course for children, Irene Village Theatre, 29 March and 11 Apr. Bookings/enquiries tshwaneyouththeatre@gmail.com / 084-804-0490.

• #dowwedolla met Margit Meyer-Rödenbeck, nuwe 'eenvrou'-vertoning, Dolla beweeg weg van politiek, 'want dit is regtig nou boring', 8 Apr Atterbury-teater. Geen o.12. (taalgebruik). Bespreek Computicket.

• Gardeners club for senior citizens. Social/informative/refreshments/discount on plants. Free entry, every 1st Mon, 10:00, Budget Plants, Lynnwood Rd. Delene 012-664-5068.

• Gardeners club for senior citizens. Social/informative/refreshments/discount on plants. Free entry, every 1st Mon, 10:00, Budget Plants, Lynnwood Rd. Delene 012-664-5068.

• Join line dancing. Great social interaction and exercise for mind and body. Sue 076-787-3050. Fun2Dance www.fun2dance.club

• Join Toastmasters to develop speaking/leadership potential. Bertus 082-532-4097.

• Join Sharks Supporters Club Pta and share the same passion and support for Sharks rugby. Game functions, Sharks attire discounts and meeting the team are a few benefits. Wessel 076-727-2982.

• Community police subforum, Wierdabrug sector 3 AGM, 25 Apr, NG church, Cotie St, 19:00. Please attend and join us in making our community a safe place to live in.

Counselling and Religion

• All welcome. Sunday worship and fun-filled Kingz Kidz activities from 09:00-10:15, in a friendly, caring atmosphere. St Mark's Presbyterian Church, c/o Haarhoff East and Codonia avenues, Waverley.

• Professionele berading. Dr. Johann Broodryk 083-432-9052.

• Aangesien die Vader deur ons werk, het ons 'n 90% sukseswyse. Hantering van verslawings: drank/dwelms/dobbel/spandabelrigheid/obesiteit. Gerhard 012-997-7472.

• Stroke support group, NG church, Burgher/Langebrink St, Lyttelton, 3rd Sat, 10:00-12:30. Noeline 084-270-4507.

• Breast Cancer Support Group offers training course, 20-22 May. Survivors of breast cancer are invited. Reach for Recovery volunteers are survivors who reach out to, and render supportive care for breast cancer patients via hospital and home visits and group meetings. Sandra 082-212-9933.

• Lyttelton library invites all to a free health day on 30 March, 09:00-13:00. Free cholesterol/blood glucose/blood pressure tests. You do not need to fast to have these tests done. Should you have a condition of cholesterol, diabetes or blood pressure bring along medication. Martie 012-664-1452.

• CancerBuddies, new support group at Netcare Unitas, Clifton Ave, Lyttelton, 18:00. 012-677-8271.

• Spirituele werkwinkel, 10 April, 13:30-17:00, Doornpoort. R200 p/p sluit koffie/tee/ligte verversings/notas in. Bespreek Karin-Orion 082-929-2707.

• Prayer concert: *He came to set the prisoners free*, 9 Apr, 08:30-16:00, Mabopane Odi indoor sports centre. Tickets: R50 but R70 at the door. Pst Sue Mogomana 083-454-4936.

• Kompas Noord Kerk, Rachel de Beer/Burgerstr, Pta-Noord. Nagmaaldiens 26 Mrt, 09:00 / Optrede deur Leon Ferreira, 27 Mrt, 18:00 / Oogetuie deur Leon Ferreira, 28 Mrt, 09:00. Adele 082-322-1721.

• Glasses and lenses are not the treatment for weak eyesight, in fact long use of glasses or lenses can make eyesight even worse. I want to change the way in which you 'see' the world. Visit <http://spygrii.com/afflink/h9nrx>

Markets and Charity

• New handcraft market. R100/p weekend. Busy Pick n Pay centre. SMS 076-939-7300.

• Rusoord Centurion, Môremerk 2 Apr. Heerlike tuisgebak, lekkers, pannekoek, worsrolle, poeding en meer, ten bate van die versorging van verswakke bejaardes. Potgieterlaan 85, Lyttelton Manor. 012-664-5835.

• Irene Plaasmark, 26 Mrt, geniet paaseiers, heerlike kos, lewendige jazz, handgemaakte eg SA produkte en kuns. Antiekie gedeelte, toegang gratis, hope parkering. www.irene.market.co.za

• Esquire, together with Caring Women's Fo-

rum, Pretoria, hosts a *Walk for a Blanket and Eliminate Hunger* campaign, 15 May, Rosina Sedibane sport grounds, Laudium. It is a successful moneyraiser with thousands of blankets and tinned food in aid of the needy. www.funwalk.co.za

• Wintermark. Seniorstuis-diensentrum, Ons Tuis, Riviera, 6 en 7 Mei. Veilige binnenshuise uitstalruimte, volop parkering. Nuwe uitstallers welkom. Dalene 082-707-9709.

• Raslouw decor&gift market, 1 Apr, 16:17-22:00, R55 Voortrekker/Lochner, Raslouw. Petro 082-806-9688.

• Bootsale Moot-gestremdes, ou rolbaan in Capital Park, ingang Myburghstr, tussen 6e en 7e laan, 2 Apr, 10:00-14:00. Verversings beskikbaar. Essie 084-760-7589.

Art and Music

• Art classes in Brummeria, tuition by qualified artist and art teacher. Anet 083-718-8253 or 012-804-1162.

• Piano and theory lessons in Menlo Park. Tuition by qualified and accredited teacher. Chanie 083-973-9700.

• Moot Kantate, lede regoor Pta tree op met repertorium van gewyde en sekulêre musiek. Sluit aan. Johan 082-555-3203.



Deanré Reiners as Phillip Schuman in *Verskietende Ster*.

Centurion-tiener maak opslae in rolprentbedryf

Danielle Garrett

'n Plaaslike jongeling is besig om vroeë diep spore in die plaaslike rolprentbedryf te trap met sy uitmuntende talent.

Deanré Reiners het in 2014 by die Helpmekaar-kollege gematrikuleer nadat hy op die jong ouderdom van vier al geweet het hy is uitgeknipt vir die vermaaklikheidsbedryf.

In 2004 het hy die Grand champion performer of the world-toekenning in Los Angeles losgeslaan en in 2009 was hy deel van die East Rand youth choir.

In 2013 het sy drome 'n werklikheid geword toe hy die ondeunde rol van Emil in *Binnelanders* gekry het en daarna het hy tydens sy matriekjaar 'n rol in die Oscar-benoemde Darrell Roodt se *Seun* gekry.

Vandag spog hy met 'n toekenning as die gehoor se gunsteling akteur (the audience choice best actor award) wat hy by KykNET se Silwerskermfees gewen het.

In April vanjaar word 'n nuwe projek van Reiners verwag.

Dit kom in die vorm van *Verskietende ster*, 'n emosionele en kragtige tolprent oor musiek en die opboudende reslutate daarvan, deur die bekroonde rolprent-

maker Stefan Enslin.

Verskietende ster is 'n storie van die musikale wonderkind, Phillip Schuman (Deanré Reiners).

Hierdie talentvolle 15-jarige pianis se game word egter bedreig deur die swaar las wat hy dra.

Dit is 'n storie wat handel oor 'n beswaarde geniale seun, die hoë koste verbonde aan sy talent en die tweespalt wat hy ervaar tussen persoonlike onafhanklikheid en gesinsbande.

Verskietende ster is die eerste Afrikaanse rolprent wat met 'n volledige orkes spog. Die bekroonde komponis, wat veral bekend is vir sy komposisies vir rolprente en televisiereekse, Geo Höhn, het musiek geskryf wat perfek by die rolprent pas.

"Die rolprent is ook 'n inspirerende verhaal wat kyk hoekom sekere mense met besonderse talente gebore word," sê Philo Pieterse, 'n vervaardiger van die rolprent.

"Die hart van die fliek is die pylneke verkenning van musiek se emosionele samehang asook musiek se krag om ons aan te raak en om pyn in iets mooi en genesend te omskep. Dit is 'n besielende storie wat beslis die fliekgangers se hartsnare sal roer."

Win tickets for comedy

Nu Metro's girls night out has a special treat next week with the screening of *My big fat Greek wedding 2*.

The sequel to this romantic comedy was screened on Tuesday at Nu Metro cinemas nationwide, including Menlyn Park and Woodlands in Pretoria.

Nu Metro's girls night out is a monthly movie night of fun, leisure and luxury with a strict policy of "women only".

Moviegoers can expect sponsored treats like goodie bags, discount vouchers, free samples and magazines.

With each cineplex having its own dedicated sponsors, giveaways will vary from location to location.

If you wish to attend, book via the Nu Metro website, www.numetro.co.za or by calling 0861-CINEMA (246362).

The long-awaited *My big fat Greek wedding 2* will entertain you with hilarious humour, romance and heart-warming emotion.

A Portokalos family secret will bring the beloved characters back together for an even bigger and Greekier wedding.

Nia Vardalos and John Corbett return as the stars in the sequel of this movie.

Stand a chance to win two tickets for *My big fat Greek wedding 2* on the general release date of 24 March at any Nu Metro cinema.

To enter the competition, fill out the application form on the *Rekord* websites.



REKORD PROPERTY

Resist the temptation of 100% home loans

A 100% home loan is not always a good idea. About 38% of home buyers are currently still being granted no-deposit or 100% home loans.

In some instances, these loans that not only cover the whole purchase price of their new home but their transfer fees and bond registration costs as well.

These costs, including transfer duty where applicable, bond registration charges and legal fees, currently work out to between 4,5% and 5,5% of the purchase price.

So, the purchaser of a R500 000 home, for example, would need a loan of around R527 000 to cover the full price plus costs.

While such loans may come as a relief for those tight on cash, there is always a risk in borrowing more than a property is worth, says Shaun Rademeyer, CEO of BetterLife Home Loans, SA's largest

mortgage originator. "The problem is that for almost five years, the loan capital will hardly diminish for the homeowner who is able to make only the minimum monthly payments," he says.

And what that means is that if the owner is for any reason forced to sell within that period, he or she might actually have to pay-in quite a lot of cash to clear the loan and any accumulated interest."

This is especially a worry now with home prices are rising only slowly, and in the light of the fact that no-deposit loans usually come at monthly interest rates above prime.

These factors inhibit the ability of homeowners to grow their equity in the property.

"On the other hand, the buyer who puts down a good deposit and uses cash to pay the transfer costs will usually be able to negotiate a lower interest rate – and will immediately start building equity in his or



her home," says Rademeyer.

"Such buyers will not have to wait for the value of their home to catch up to the value of their loan and will be well-placed for an upgrade to a larger home or better area, when their turn comes to sell and

move on."

This shows why prospective buyers should thoroughly discuss all their home financing options with a professional home loan consultant before deciding to accept a no-deposit loan, says Rademeyer.

Green elements reduce cost and add value

With residential electricity tariffs increasing annually, South Africans are encouraged to find ways to reduce their household energy consumption. Considering households with higher consumption levels are charged more for each unit of electricity.

Regional director and CEO of RE/MAX of Southern Africa, Adrian Goslett, says a growing number of property buyers are looking for homes that offer green elements and reduce their household energy consumption.

"The term 'green' is not a new concept within the property market. However, with electricity pricing pressure, it continues to

Consistent small changes will add up and make a big difference over time.

will be able to compare their utility bills and notice a reduction.

This can be used by an estate agent to market the property when the homeowner decides to sell. If the property offers similar features to others in the area, but costs less to operate, it will at the very least grab buyers' attention.

He says there are a lot of different green products on the market and homeowners should consider options in selecting one.

Use only low-flow water fixtures. Appliances are graded from 'A' to 'G' to indicate the energy consumption of the product, with the letter 'A' indicating that it is the most energy-efficient.

Goslett says to the trend of buyers specifically looking for homes with green features and many buyers prepared to pay more for these homes, the homeowner will recoup a large percentage of their cost back when they sell.

"According to the NAHB, approximately 61% of homebuyers would be prepared to pay an additional R50 000 to R100 000 on a home with features to reduce utility costs," says Goslett.

"Adding green features can add value to the property and give the seller an added advantage in the market."

gain momentum among homebuyers. More and more buyers consider energy efficiency as an important factor when searching for the ideal property," says Goslett.

"Last year, the national association of home builders (NAHB) conducted a study which revealed that apart from a safe neighbourhood, the factor that influenced home-buying decisions the most was a home's energy efficiency.

Aside from the cost factor, the reason for this is a movement towards being more environmentally conscience and reducing the household's carbon footprint."

He says most homeowners who introduce green elements to the home do so to reduce their utility costs and conserve energy. However, going fully green can sometimes be challenging.

It is important to remember though, that the homeowner can start by making small changes such as installing energy-efficient lighting.

Goslett says consistent small changes will add up and make a big difference over time. With a few changes the homeowner

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Rietfontein	Garden flat	R4 000	1 bedr	1 bathr	1 u/c port
Parktown Place	Flat	R5 510	2 bedr	1 bathr	1 u/c port
Parktown Place	Flat	R5 726	2 bedr	1 bathr	1 u/c port
Riviera	Granny flat	R4 400	1 bedr	1 bathr	1 u/c port
Waverley	Rooms x1	R3 400	1 bedr	1 bathr	parking
Queenswood	Granny flat	R5 500	1 bedr	1 bathr	1 u/c port
Parktown Place	Flat	R5 600	2 bedr	1 bathr	1 u/c port
Strydfontein	House	R6 900	3 bedr	2 bathr	2 u/c ports
Capital Park	Garden flat	R5 500	2 bedr	1 bathr	parking
Capital Park	House	R6 600	3 bedr	2 bathr	2 garages
Rietfontein	Duet	R7 000	3 bedr	2 bathr	2 garages
Ellofsdal	House	R7 480	3 bedr	1 bathr	1 garage
Garsfontein	Duplex	R8 800	2 bedr	2 bathr	1 garage

Geni 072 971 6759 / Andries 072 971 6758

FOR SALE

Suburb	Property type	Price	Bedr	Bathr	Parking
Mountain View	House	R1 052 000	3 bedr	1 bathr	1 garage
PTA Gardens	Flat	R474 000	1½ bedr	1 bathr	1 garage
PTA Gardens	Flat	R522 000	2 bedr	1 bathr	1 garage
PTA Gardens	Duplex	R648 000	3 bedr	1½ bathr	parking
PTA Gardens	House + 4x1/2	R753 000	3 bedr	1 bathr	parking
Mountain View	House + g/f	R1 368 000	3 bedr	3 bathr	2 u/c ports
Ellofsdal	House	R2 100 000	4 bedr	2½ bathr	4 garages

Leonie 082 861 5291 / Andries 072 971 6758
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Wrestlers showcase their skills at Tuks

Eliot Mahlase

The Tuks Challenge wrestling tournament presented much talent at the Rembrandt Hall, University of Pretoria, on Saturday.

Close to 3 000 spectators attended the tournament.

Clubs competed against each other in different weight divisions.

Kleinjan Combrinck, who won three contests in the tournament said it was a privilege to take part.

"I have been a wrestler since [I was] 14 years-old. This is one of the biggest competitions of the year so I'm glad to be competing here today."

One of the event organisers, Stephan Ehlers, said the tournament had exceeded his expectation with the number of entries.

"The entries to the largest club tournament on the SA wrestling federation exceeded our expectations with over 350 entries this year. We appreciate the effort of every entry and acknowledge the financial efforts to attend."

The tournament also hosted a training camp for the national wrestling training group prior to the tournament and spectators were entertained by the best amateur wrestling in South Africa. Ehlers noted special thanks to the sponsors who made the tournament a success.

"Thank you, Aurinia Ford, Ubuntu Technologies, Barloworld Toyota, Kings Meat, Top Fix, PTA Plant Hire and Menlyn Mini. We hope to bring other permanent partners on board as Tuks wrestling plans a tour to the USA in the near future, which will give some international exposure."

"The value of amateur wrestling towards the core muscle development of young people cannot be denied. It is one of the best sporting codes to have [skill] when playing contact sport like rugby."

"Boys and Girls are more than welcome to join Tuks wrestling on Tuesday and Thursday evenings from 18:00 to 19:30 for a free session trial period," he said.

The final results will be published once verified.



Kleinjan Combrinck during the Tuks challenge.

Tshwane metro to host an exciting mountain bike race



Cyclists during the 106km Rudy Project.

Photo: Supplied

Eliot Mahlase

A new mountain bike circuit relay race will be hosted by the Tshwane metro on Sunday, 27 March at the Wolvespruit MTB park, Erasmuskloof.

Cyclists are invited to participate in a new event for solo riders and teams of two or four on the mountain bike calendar, the metro said in a media statement.

"An exciting weekend of racing, hosted by the metro, commences on Saturday, 26 March, with the third round of the STIHL 2016 SA national mountain bike series, a UCI (Union Cyclist International) category 1 MTB cross-country race that forms part of the Olympic qualification for elite men and women riders," the statement read.

"The course is a 12km circuit covering a maximum distance of 48km – riders can do

one, two or all four circuits depending on the category entered."

The entry fee is R150 per rider.

Due to the nature of the course, solo entries will be limited to 120 men and 30 women.

Numbers for teams of two and four riders are not limited. The total prize money is R70 000.

Entries are now open. Riders can enter the Tshwane cycle challenge series mountain bike relay at www.entryninja.com/events/event/5441-tshwane-cycle-challenge.

The first 300 riders to enter will receive a free event T-shirt.

Visit the event web page for all race information, route maps, profiles and general information: www.cyclingsa.com/tshwane-cycle-challenge-series/.

Elder statesman wins hurdles opener at regional champs

An elder statesman won the 400-hurdles in the Gauteng-North Championships in 50.09s on Sunday.

LJ van Zyl from the Tuks high performance centre was the first to admit that his time was nothing to get excited about but he was satisfied for now.

There was still a long season ahead and it was important for him to peak when this really mattered.

"It was a hard championship. To race the 400-hurdles twice within hours is a tough ask. Normally during a championship you only race once a day.

I won my heat in 50.03s in near perfect conditions, but the final was run in pouring rain which certainly did not make things easy.

That is why I am happy with my result," Van Zyl said.

Le Roux Hamman (Tuks) came second in 50.49s and Bernard Pretorius (Tuks) third in 51.31s. Van Zyl, who turns 31 this year, can rightfully claim to be the elder statesman of South African 400-hurdles.

"It is nearly 15 years since I ran my first sub 49-seconds race and I am not getting any younger.

Nowadays I race against athletes who are ten years younger, which is quite exciting because they help to keep me on my toes," he said.

"I am very glad to see that there are youngsters who are ready to continue South Africa's proud tradition in the 400-hurdles."



LJ van Zyl in action on the Pilditch track.

Photo: Reg Caldecott

Van Zyl has carried the SA flag in nearly 60 races. He described the 400-hurdles as the great leveller in athletics. "There is never a time when you can relax and say that you have truly mastered running the 400-hurdles. "I will put money on it that any athlete who

thinks so will be humbled the next time he races. You have to keep on putting in the long hard hours and even then there are no guarantees."

- Gezelle Magerman, the Youth Olympic champion, won the under-20 400-hurdles

race in 59.09s.

- Wenda Nel cruised to victory in the women's 400 metre race in a time of 52.27s.

- Irvette van Zyl won the 5 000m in 16:17.69 and Orazio Cremona won the shotput with a distance of 19.31m.

Volpunte vir soldaat met lang asem

Koos Venter

Toe kolonel Zirk Lourens 26 jaar gelede een van die paar atlete was wat heel eerste vir die Om die Dam-ultramarathon by Hartbeespoort aangetree het, was hy nog 'n jong lugmagoffisier.

Toe hy vanjaar weer sy strekoefeninge doen voor die skoot vroegoggend klap om dié gewilde wedloop af te sit, was Lourens die eerste keer daar as afgetrede offisier van die SA lugmag.

Hy het verlede jaar ná 40 jaar diens as senior stafoffisier in die direktoraat logistiek by die SA lugmag hoofkwartier afgetree.

Op 60jarige ouderdom was Lourens vanjaar deel van 'n uitgelese groepie van slegs sewe atlete wat vir hul 26e agtereenvolgende Om die Dam-wedloop kon aantree.

Dié inwoner van Centurion het vanjaar die wedloop om die Hartbeespoortdam weer gebruik om vir die Comrades-marathon te kwalifiseer en hy het dit rustig in 5 uur en 30 minute voltooi.

In sy dienstyd by die lugmag was Lourens ook vir 20 jaar skakeloffisier vir die Pretoria militêre marathonklub en die lugmag se atletiekklub.

Hy was 'n gereelde gesig op televisie tydens die Comrades- en Twee Oseane-marathons in onderhoude oor lede van die weermag wat aan hierdie twee ultramarathons deelgeneem het.

Behalwe vir sy prestasies in Om die Dam-wedlope het Lourens reeds 31 agtereenvolgende Comrades-marathons suksesvol voltooi, wat hom natuurlik 'n baie geseënde man maak. Vanjaar pak hy sy 32e Comrades aan.

Hy het op die ouderdom van 28 sy eerste Comrades voltooi en sy droom is om minstens 30 Om die Dam-wedlope en 40 Comrades-marathons agtereenvolgens te voltooi.

Lourens het 'n vreemde oefenprogram, want hy oefen slegs vyf maande van die jaar ernstig. Hy begin in Januarie en oefen dan intens tot by die Comrades aan die einde van Mei. Volgens sy berekeninge het hy reeds meer as 53 000km in 32 jaar afgelê tydens oefeninge om al hierdie wedlope te kon voltooi.

Hy het met die voltooiing van sy 31e Comrades-marathon verlede jaar die eerste atleet in die SA weermag geword wat die prestasie kon behaal om as dienende lid 31 Comrades-marathons agtereenvolgens te voltooi. Hiervoor het hy 'n spesiale toekennings ontvang.



Kolonel Zirk Lourens spog met sy 26e Om die Dam-medalje, nadat hy hierdie moordende ultramarathon vir die 26e agtereenvolgende keer voltooi het.

Heino Kuhn honoured with benefit

Koos Venter

Titans stalwart batsman and wicket keeper Heino Kuhn will celebrate his benefit year over the next 12 months.

Kuhn is a dedicated servant of the Titans and one of the blue-chip players produced by the franchise over the past 10 years.

"This benefit year will be an appropriate acknowledgement of his sensational contribution to the Titans," said the CEO of the franchise, Jacques Faul.

Sensational is indeed a good word to describe Kuhn's contribution to Titans success over the past decade.

A quick overview of Kuhn's first class statistics will have any cricket expert asking why he has never played test cricket for South Africa. After all, he scored 8 026 runs at an average of 43.61 in his first class career.

The answer to his exclusion probably lies in SA's complex sport set-up.

Kuhn is definitely one of the men who had to stand back because of political policy in our sport boardrooms.

With form over the last decade and his statistics as a player, he should have been a test cricket regular by now.

He was, however, fortunate enough to represent South Africa in five T20 matches. He also toured to Zimbabwe with the Proteas but never played in one of the official limited over games.

Kuhn said he had not given up hope to play test cricket.

After what happened to Steven Cook in the final test against England this year, he realised anything was still possible.

This former pupil of Afrikaanse Hoër Seunskool in Pretoria (Affies) has just extended his contract with the Titans for



Heino Kuhn in action for the Titans.

Photo: GB Jordaan

another two years.

He still dreams about that call from the national selectors.

After his performance in this year's local Sunfoil series, he should be first in line if the national selectors are looking for a specialist batsman to call up for national service soon.

With three games left in the Sunfoil series this season, Kuhn has a good chance to overtake the 1 000 run mark in one season.

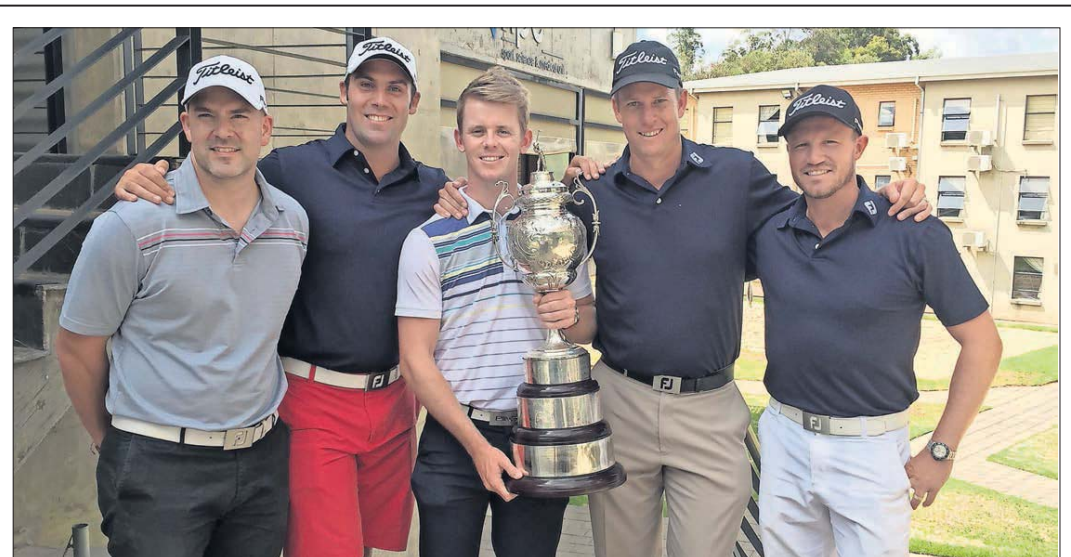
Before the Titans third last game

against the Warriors started last week, he has already scored 854 runs at an average of 71.61 in 14 innings this year.

During the breakfast where his benefit year was announced last week, Kuhn told guests he was planning four major events to celebrate this honour.

These included a golf day, a fashion show with a cricket-twist and a gospel concert at SuperSport Park.

He also intended to donate a part of his earnings from these events to various charities.



TuksGolf coach PGA teaching pro of the year

Llewellyn van Leeuwen, head golf coach at the TuksSport golf academy, has scored another first for the University of Pretoria's successful golf academy when he was voted PGA of South Africa TuksGolf academy head coach Llewellyn van Leeuwen (second from right), the PGA of South Africa 2015 teaching professional of the year, with SA Open champion Brandon Stone (middle) and the Tuks-Golf team.

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Benefit year for Heino Kuhn

Petersen hands Bulls a draw

Koos Venter

In similar fashion to the 2007 final of this competition, Lady Luck smiled on the Bulls again on Friday night at Loftus Versfeld.

Joe Petersen missed a penalty right in front of the goalposts in the dying seconds of the game, to end the Super Rugby match in a 16-all draw.

Petersen had an opportunity to clinch a victory for the Sharks in the final seconds of this tough match.

Tian Schoeman, Bulls reserve fly half started the bizarre episode two minutes before the end of the match when he tied the score with a penalty from the halfway line.

The Bulls simply had to maintain ball possession from the kick-off to end the game in a draw.

But an offence at a ruck in front of the Bulls goal posts had the Sharks and their supporters celebrating prematurely.

The penalty was a mere formality to clinch a 19-16 victory for the Sharks. Maybe a draw was after all the best outcome for this tough game.

After much rain in Pretoria over the past week, the heavy and wet surface was going



The Bulls' exciting young fullback Warrick Gelant, scored his team's only try against the Sharks on Friday at Loftus. Photo: simondp@actionimage

to be a factor. To make matters worse it started raining shortly before kick-off.

In the first half the Bulls certainly adapted better to these conditions. They managed to

hold their own up front against the dangerous pack of Sharks forwards.

Behind the Bulls pack Francois Brummer had an edge on Joe Petersen who struggled to shine behind the struggling Sharks forwards.

Maybe the Bulls benefited from practising in wet conditions all week, handling the ball well despite the weather.

The first try of the match only came after half an hour's play when Brummer slipped halfway through a gap to send Warrick Gelant away, dashing past grasping hands of two Sharks defenders.

In the second half it was a different Sharks team that came through the tunnel. Suddenly they were much more accurate in the loose and their attacking game plan also fell into place.

A slip by Gelant, who otherwise played exceptionally well, gave Willie le Roux an opportunity to score the equalizer try 10 minutes into the second half.

Then followed a 30-minute phase of intense struggle with both teams defending well before the outcome of the game was decided by those final tense moments, leaving Sharks supporters and players in shock.

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