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“Die dokters het gesê as hulle die koeël uithaal, sal ek versker doodgaan.”

Corlia Kruger

Vir die soveelste keer het hy by die dood omgedraai. Nou het die man met 'n koeël reg onder sy hart nog 'n hartaanval oorleef. Jakes Deysel (44) het vroeër die maand sy merkwaardige verhaal met *Rekord* gedeel, en sy lewe beskryf as 'n totale wonderwerk.

Hy was so te sê dood na 'n koeëlreën hom getref het 19 jaar gelede in 'n gewapende rooftog.

“Die 9mm pistool is in my rug leeggeskiet,” het Deysel toe vertel. Een van die koeëls is deur sy hart en nog 'n patroon sit, na byna twee dekades, steeds in sy bors.

Deysel se wonderwerk duur voort. Maandag het hy byna weer omgekrom na die soveelste hartaanval in die laaste paar jaar. “Hy het laasjaar soveel as sewe hartaanvalle oorleef,” het sy vrou, Joan, gesê.

Joan het noukeurig rekord gehou van sy mediese verslae en vertel dat Deysel se gesondheidstoestand geweldig agteruit gegaan het die afgelope drie jaar.

“n Emosionele Joan het *Rekord* Maandag vanuit Steve Biko akademiese hospitaal geskakel waar Deysel die oggend opgeneem is.

“Hy moes vandag nou juis die hart-spe-

sialis sien... hy het net toe ons by die hospitaal kom die hartaanval gekry.”

Deysel het 19 jaar gelede as 'n private lyfwag gewerk. Die dag van die skietery in Johannesburg was sy taak om 'n man veilig by 'n bank te kry toe gewapende rowers toeslaan.

Die laaste ding wat Deysel kon herroep was die gevoel van 'n vuurwapen teen sy rug, gevolg deur die pyn van koeëls wat deur sy lyf skeur en hoe hy dae later in die hospitaal ontwaak.

“n Ysterplaat is in sy regterskouer gesit tydens die operasie wat sy lewe gered het. Hy moes 'n pasaangeër kry en die patroon reg onder sy hart kon nie verwyder word nie.

“Die dokters het gesê as hul dié koeël uithaal, sal ek versker doodgaan. Die spierweefels het nou na die jare om die koeël toegegroeï,” het Deysel vroeër gesê.

Sowat 'n jaar gelede, het Deysel probleme en opeenvolgende hartaanvalle ondervind na hy 'n nuwe pasaangeër gekry het.

“Hierdie pasaangeër werk nie soos dit moet nie,” sê Joan, oortuig dat die toestel laer sit in Deysel se bors.

Deysel se lewensgevaarlike toestand is 'n kommer vir sy vrou. Sy sukkel ook finansiële as die enigste broodwinner.



A night of glitz and glamour

The *Best of Pretoria* readers' choice awards is an annual reader survey aimed at celebrating, recognising and rewarding a wide variety of local excellence. It is in its third year and more popular than ever. Nicola van Kan, Michelle Kriek and Sheree McHaffie (Brooklyn Mall) graced the BOP event in Brooklyn, Pretoria.

See page 4

“In sy (Deysel se) kondisie kan hy nie werk nie. Ek kan hom ook nie alleen by die huis los nie vir vrees dat iets met hom gebeur en daar niemand is om hom te help nie.”

Joan het vroeër vertel hoe sy en Deysel sowat 15km van hul huis in Mayville na haar werk by die Arkadia Sentrum moet stap sonder ander uitweg of middel van vervoer.

“Ons kan nie anders nie. Die laaste keer toe ek hom alleen los, het ek huis toe gekom om hom langs die pad op die grond te vind. Hy het net daar langs die pad 'n hartaanval gehad en niemand het gestop om te help nie,” sê sy.

Na die afgelope jaar se opeenvolgende hartaanvalle en die onlangse grote, vrees Joan dat nog sal volg.

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Smart ID card fraud

Thabang Kuah

The department of home affairs has ridiculed allegations of fraud in the issuing of smart ID cards.

Spokesperson Mayihlome Tshwete said the department's Gauteng manager Albert Matsaung had clarified what he meant when he told a parliamentary committee meeting that Minister Malusi Gigaba had intentionally misled the country by implying that no fraud had been detected.

"In his presentation, Mr Matsaung clarified the fraud he had alluded to had occurred during applications for the green barcoded identity documents and not during applications for smart ID cards," he said.

Tshwete said the smart card office confirmed and verified information prior to issuing the smart ID.

"This would apply, in particular, to cases in which the applicant is suspected

to be a non-South African."

"This has been implemented to clean up the national population register (NPR) because previously non-citizens found their way into the system [register] and acquired green barcoded IDs fraudulently."

He said the department had identified offices including Byron's Place in Pretoria in which fraudulently acquired green barcoded IDs had been used to apply for smart ID cards.

"Due to the tightened security which includes the submission of biometrics to collect [an ID], applicants failed to collect their documents when requested to present themselves at the office where they had made their application," said Tshwete.

Tshwete said the department maintained that ID cards were the best solution to problems encountered previously.

"The Smart ID card, through its secured processes, protected the integrity of the NPR," he said.



Woman with her new ID card.

Billions collected from 'faulty' smart meters

Andrew Ngozi

Contrary to causing harm to residents and businesses, the Tshwane metro prepaid electricity smart meters are a good investment and have reaped many benefits, the metro says.

Earlier this week, *Rekord* reported that some residents were frustrated at the incessant power cuts which occurred as a result of a failing early warning system or late allocation of funds to paid customers.

Metro spokesperson Selby Bokaba said it was only a handful of disgruntled customers who complained.

"A majority of the customers have embraced the new system and provide positive feedback to the metro and its service provider. Most of them say they find it reliable, user-friendly, informative and the system

has assisted us in eradicating many account queries, estimations and billing issues," said Bokaba.

This had resulted in the metro collecting R8 billion via the system as an upfront cash benefit.

Bokaba said nearly 13 000 smart meters had been rolled out to a mix of large power users consisting of industrial, commercial and residential customers.

"We paused further roll-out of the smart meters after a court case was brought to challenge the procurement process.

"However, none of the challenges were proven in court and the case was thrown out," he said.

This prompted the Tshwane metro to ar-

range a mutually acceptable termination of the current agreement with service provider, Total Utilities Management Services (TUMS).

"However, we remain committed to an ongoing rollout of the prepaid smart meters across the metro because we have seen the benefits. "Hence we will soon be reissuing a tender for similar services.

"This tender will be issued on the open market and anyone can

apply," said Bokaba.

The metro rubbished claims that the smart meters were defective, with no warning system of depleted funds and resulted in long waits for restoration of power once funds were allocated.

Bokaba said all customers were provided

with two warning notifications via email or SMS. "This means that the customer has total control of their account at all times.

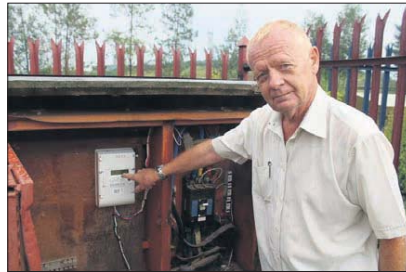
"There is even a portal which any customer has access to through the internet.

"There, they can set and adjust their own threshold values as well as opt in or out of SMS threshold messages.

"They can also maintain and edit their contact details when necessary," said Bokaba. "All customers had ample time to respond to early warning messages urging them to top up in advance before balances reached zero.

"We would expect customers to react to these warnings and take necessary action to avoid disconnection of service."

Bokaba further urged all customers to use the correct reference numbers when topping up an account. "The system will automatically allocate their payment and automatically reconnect the customer within a few minutes of payment being cleared at the bank. For large power users, there are potential health and safety issues associated with automatic reconnection so a controlled manual process has to be done and it takes longer," he said.



The Tshwane metro has collected nearly R8 billion from the prepaid electricity smart meters which some residents have said have done more harm than good.

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Union Buildings turned into a battlefield

Kristian Meijer

A march over rising university fees saw the Union Buildings becoming a battleground between police and protesters.

Thousands of students gathered in Pretoria on Friday for the mass march.

This was preceded by days of mostly peaceful protesting by students at universities throughout the country about the fee issue. But tempers boiled over on Friday.

A band of irate protesters attacked police and journalists, setting fire to the lawn of the Union Buildings and rioting in the city's streets.

Students from University of the Witwatersrand (Wits), University of Pretoria (UP) and Tshwane University of Technology (TUT) all took part in the national #FeesMustFall campaign, demanding that tertiary education fees be scrapped or at least be capped.

On Wednesday and Thursday, UP students peacefully protested on the university campus and in the surrounding streets.

On Friday morning, they were joined by students from Wits and TUT as they marched to the Union Buildings in expectation that President Jacob Zuma would address them and respond to their demands.

The march itself was peaceful, as students sang and danced down Jan Shoba (Duncan) Street.

When the protesters arrived at the Union Buildings and were not immediately addressed by Zuma, some became irate, chanting, "Where is Zuma? Where is Zuma?"

Amid rising tension, a group of protesters tore down the metal fence around the Union Buildings and set fire to portable toilets.

Most of the protesters refused to become violent, instead chanting: "Peaceful protest. Peaceful protest."

This did not deter rioters, who started throwing bricks and rocks at police and nearby journalists.



A march over rising university fees saw the Union Buildings becoming a battleground between police and protesters.

Police kept calm for hours, pushing the rioters back. Eventually they took more drastic measures, firing stun grenades and rubber bullets to disperse the crowd.

This only worked for a while as the protesters quickly returned and made their way to the steps of the Union Buildings,

still expecting Zuma to address them.

While the protesters were waiting, Zuma announced on television that a 0% fee increase for 2016 would be put into effect. He also said long-term issues like free education and racism on campuses needed to be addressed.

The UP has since announced that needy students would not have to pay the registration fee when registering for 2016.

"Students who qualify for the National Student Financial Aid Scheme (NSFAS), students who submit letters from sponsors, and financially needy students who make the necessary financial arrangements with the university, will be allowed to register without paying the initial fee on registration, provided they meet all other criteria," Vice Chancellor Cheryl de la Rey said in a statement.

"In addition, students in financial need who have outstanding residence fees will be considered individually for assistance, should they meet all other residence placement criteria. Also, for students in financial need, the application fee will not be payable during 2016 for the 2017 academic year."

When protesters learnt on Friday that Zuma would not address them, they rioted in streets, setting police cars alight and barricading roads. Those injured in the process were treated by paramedics in the middle of dancing and singing crowds.

The protest continued into the night and eventually died down. Sunnyside police spokesperson Sergeant Asnath Malatsi said six protesters were arrested by police on Friday, but were released on Sunday morning without being charged.

On Saturday, some of the peaceful protesters returned to the Union Buildings to help clean up some of the devastation caused by the rioters.

De la Rey confirmed Zuma's announcement of no increase in tertiary tuition fees next year would put into effect. She said the examination period will also be extended to compensate for time lost during the protest.

"The university appreciates the responsible way in which Tuks students took part in the protest, both on and off campus, and the fact that there was no violence, serious injuries or damage to UP property."

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Glitz and glamour for the best of Pretoria

After months of suspense, results are finally out for *Best of Pretoria* readers' choice awards.

The who's who of Pretoria gathered at Weylands in Brooklyn Mall to celebrate and party the night away.

A-listers, including Rian van Heerden, Dewald Jordaan and master of ceremonies Bongzi, rubbed shoulders with the *Best of Pretoria* winners and clinked a glass of champagne on their success.

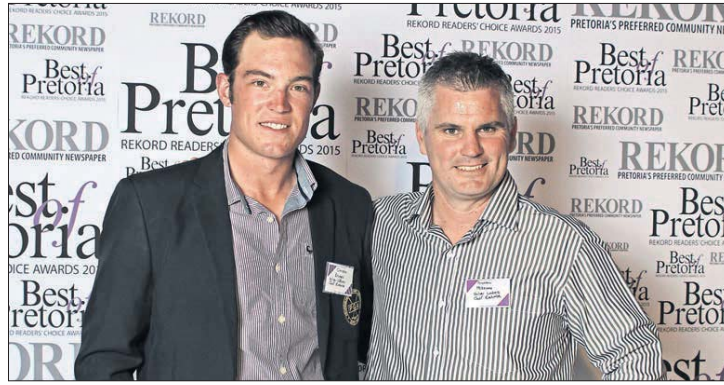
Tens of thousands of votes have proved that the *Best of Pretoria* readers' choice awards are more popular with *Rekord* readers than ever before.

This is an annual reader survey aimed at celebrating, recognising and rewarding a wide variety of local excellence.

In its third year, local businesses, service providers and products a cut above the rest were singled out by *Rekord* readers by voting for their favourites in six main categories.

"The excitement and buzz created by the awards among businesses never cease to amaze me," said *Rekord* group editor Sunette Visser.

"The pride of winners displaying their certificates in their places of business and incorporating their winning status in their advertising campaigns is astonishing."



Christo Krugel and Andrew McKenna from Silverlakes Golf Estate.



Philip and Tracey Nicols from Fournos Bakery.



Nicolas en Ilse Heijman from Plantland.



Esna Colyn from Placecol.

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Nicole Rimbault, Bruce Sturgeon and Karen Geurtse.

Prof. Walter Veith OPPAD WAARHEEN? IN DIE STROMINGE VAN DIE TYD



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Onheil-erf nou skoon

Gorlia Kruger

Die dig-beboste *erf van gruwels* is weer skoon nadat die Tshwane-metro gevra is om in te gryp en die erf te bevry van peste.

Die berugte pedofiel van Capital Park, Gert van Rooyen, en sy houvrou Joey Haarhoff was die laaste inwoners op die stuk grond.

Die gru-verhaal van Van Rooyen, wat verbind is met die ontvoering van ses jong meisies, bly steeds 'n aangrypende stuk geskiedenis in die land.

Capital Park-inwoners het gekla dat die

oep erf in Malherbestraat 'n nes vir rotte geword het.

'n Skoonmaak-span was ingestuur. Hulle die gras gesny en bosse gesnoei. Rankplante wat oor die mure gegroei het is ook weer onder beheer.

Dié erf waarop die huis van gruwels 25 jaar gelede gestaan het is steeds oop en leeg.

Die raaisel van wat alles daar gebeur het is saam met Van Rooyen en Haarhoff beware.

Voordat die polisie hulle destyds kon aankom, het Van Rooyen homself en Haarhoff geskiet en só hul donker lewens beëindig.



Takke van bome en bosse word gesnoei.

Foto: verskaf.

City water supply strain

Andrew Ngozo

Rand Water has urged the Tshwane metro and other Gauteng municipalities to use water sparingly.

Utility spokesperson Justice Mohale said the heat of late had put Rand Water's bulk water supply system under strain.

Lack of rain had exacerbated the situation. "The high water demand is projected to cause localised problems in some parts of the cities of Tshwane and Johannesburg and the Ekurhuleni metropolitan municipality," he said.

Rand Water's bulk supply system was concerning but stable.

"We are in discussions with all our municipal customers on how to jointly manage the situation. All consumers are urged

to use water sparingly," said Mohale.

Some areas in the Tshwane metro had been hit by water shortages in recent weeks. On Thursday, the metro imposed water restrictions.

Spokesperson Selby Bokaba said water supply was under severe strain due to increased demand.

"Temporary water restrictions will therefore be implemented across Tshwane with immediate effect on Thursday."

Under the water restrictions, the following activities were prohibited between 06:00 and 18:00: Watering/irrigating gardens, hosepipes or sprinkler systems or washing vehicles with hosepipes, and topping up swimming pools.

"Should the above restrictions not be adhered to, the situation may worsen."

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Colouring their day bright.

Excitement for Color Run

Danielle Garrett

We are officially five days away from the exciting Color Run taking place at the Centurion Rugby Club on Saturday.

This is a 5 kilometre untimed walk or run in which participants are doused with paint at the end of each kilometre.

So get your running shoes ready for one of the most anticipated events of the year.

The streets of Centurion will be filled with colour when runners from across the city take part in Pretoria's biggest, boldest

and most colourful race on 31 October.

And if you have not purchased your tickets to partake yet, now is the time to do so!

The run is suitable for all ages and abilities. Whether you run, walk or push a pram, it is guaranteed fun for the whole family.

Tickets for the color run cost R250 per person and R100 for students. There is no admission fee for children under the age of 10.

Visit www.thecolorrun.co.za for more information on the race.

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Get It's latest issue is here, read all about it

Natasha Slabbert

Look out for the latest issue of Pretoria's free lifestyle magazine, *Get It*, which hits shelves from this week.

Get It features everything from must-read interviews with your favourite Pretoria personalities and beauty and fashion inspiration, to delicious recipes and dreamy travel destinations, all for free.

Our November issue celebrates the glamorous party season and features Zetske van Pletzen on the cover. We talk to the dynamic actress about her latest acting role and taking on the world of fashion design.

We also catch up with actor Hykie Berg about his latest adventures and life lessons, and talk to singer and television producer Anthony Bougas.

The November issue features plenty of beauty and fashion inspiration for the cocktail party season – from the latest in evening wear to easy steps to getting the perfect make-up look.

On the food pages, *MasterChef SA* sisters Seline and Leandri van der Wat dish up mouth-watering dinner party recipes and share their top tips for entertaining at home.

In this month's issue we also show you how to achieve easy summer glamour in your home by adding a few key decor items and we visit the luxurious Menlyn Boutique Hotel.

Plus, you can win beauty products and gorgeous jewellery. For all this and more, don't miss our latest issue which is available for free from this week at various malls, restaurants and coffee shops throughout Pretoria. Visit our website pretoria.getitonline.co.za for a complete list of all the spots you'll find a free copy of *Get It*.

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Faith

Nevil Norden



Our greatest weakness lies in giving up

Personally I love to be around people or listen to people who motivate and encourage me.

We think of certain things as impossible; well, I just put an 'H' in front of 'impossible' and it becomes 'Himpossible'!

In 2 Corinthians 2:14 we read, "Now thanks be to God who always leads us in triumph in Christ..."

Numbers 23:19 says: "God is not a man that He should lie; He doesn't change His mind like humans do. Has He ever promised, without doing what He said?" (The Living Bible)

Regardless of what I experience or go through in life, in Christ I will always be triumphant.

If I truly believe what God says, then He says 'because of your faith it will happen!'

Think of Thomas Edison, the inventor who created the incandescent light bulb.

He failed more than 10 000 times, yet he said: "Our greatest weakness lies in giving up."

"The most certain way to succeed is always to try just one more time."

He did not allow himself to get discouraged.

Think of Winston Churchill who rallied the British people during World War II.

He led his country from the brink of defeat to vic-

tory. Imagine how much faith he had in himself when he was on the point of failure.

Yet he was the one who said: "Success is not final, failure is not fatal: it is the courage to continue that counts."

Think of Martin Luther King Jr who said: "If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do, you have to keep moving forward."

Think of Bishop TD Jakes who said: "If you can't figure out your purpose, figure out your passion. Your passion will lead you right into your purpose."

Lamentations 3:21-23 says: "Yet there is one ray of hope; His compassion never ends.

"It is only the Lord's mercies that have kept us from complete destruction. Great is His faithfulness; His loving kindness begins afresh each day." (The Living Bible)

My challenge to you is: don't let anyone's ignorance, negativity, criticism, fault-finding or judgement stop you from being the great person God intended you to be.

Psalms 35:27 says: "Let the Lord be magnified, who delights and takes pleasure in the prosperity of His servant."

LETTERS

Letters may be addressed to the Editor, PO Box 8261, Pretoria 0001, faxed to 086-652-0378 or e-mailed to editorial@rekord.co.za. Letter must be limited to 200 words. The Editor reserves the right to edit any letter. A writer may use a pseudonym, but his or her full name, address and telephone number must accompany the letter. The opinions expressed in letters are not necessarily the views of *Rekord*.

Vat boelies vas

Kan daar 'n groter offensief wees om boelies vas te vat?

My kleindogter het ook deurgeloopt – soveel so dat sy nie meer wou lewe nie.

Ek voel daar moet vinniger en meer daadwerklik opgetree

Te veel kinders is al weg uit

vrees.

Kan julle dalk meer intensief in die saak ingaan en dit oopplek?

Dit maak nie saak watter kant toe nie, maar boelies moet gestuit word.

Baie Dankie, Magdaleen.

Pta streets painted blue

Stephen Selaluke

South Africa took part in global commemorations this weekend to celebrate the 70th anniversary of the United Nations (UN).

Saturday, 24 October was UN day and on Sunday pupils from Pretoria schools joined UN staff and Pretoria residents dressed in the UN blue to commemorate the day. The crowd went on a peaceful walk from the UN offices to the Pretoria Technical High School where a variety of activities were scheduled.

These included song and dance, poem reading and speeches.

Speaking on behalf of the UN, Dr Esther Muia paid tribute to support and cooperation between the global body and the SA government.

She also lauded the achievements of the SA government in attaining some millennium development goals.

She said the occasion was an important time to reflect on what the world had attained under the UN umbrella in the last 70 years, take stock of lessons learned and forge ahead with great purpose.

To mark the day, more than 150 iconic monuments, buildings, museums, bridges and other landmarks in more than 45 countries around the world would be lit up blue – the official colour of the United Nations.

These include famous landmarks such as Australia's Sydney opera house, the great pyramids of Giza in Egypt, the statue of Christ the Redeemer in Rio de Janeiro, the Empire State Building in New York and Russia's Hermitage

museum.

"I am grateful our member states are showing such strong enthusiasm in marking 70 years of UN support for peace, development and human rights," said UN Secretary-General Ban Ki-moon. "By turning the world UN blue for a day, we can light the way to a better tomorrow."



Patricia Rametse and Kgomotso Maditse.



Gomotsegang and Aobanwe Mashika.



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- Professionele berading. R500. Dr. Johann Broodryk. 083-432-9052.
- All welcome. Sunday worship and fun-filled Kingz Kidz activities from 09:00-10:15, in a friendly, caring atmosphere. St Mark's Presbyterian Church, c/o Haarhoff East and Codonia avenues, Waverley.
- Armistice Sunday Service, St Columba's Presbyterian Church, Hilda/Francis Baard St, Hatfield, 09.30, 8 Nov. Special Remembrance service in memory of servicemen who died in the two World Wars and those who died due to violence. Paula 082-447-7864
- In an abusive relationship? Do not suffer in silence. Have you been a victim of sexual violence? 24-hr rape crisis line 082-340-2061. LifeLine: Free/confidential counselling. Book 012-804-1853.
- CAD-ondersteuningsgroep vir mense met afhanklikheidsprobleme en hul families. Maandae 19:00, Stabilis, 1229 Haarhoffstr-Oos, Mōregloed. Linda 082-570-1291.
- Werkwinkel: Aartsengel Uriel en aanspreek van vrese asook begeleide visualisering wat sal help om weer in voeling met jou innerlike kinderlikheid te kom. Daar sal ook gekyk word na verskillende lewensreise (reïnkarnasie), 22 Nov, Doornpoort. 14:00-17:00, registrasie 13:30, R200 pp sluit tee/koffie/licte verversings/notas in. Bespreek: Karin-Orion 082-929-2707.

• Alzheimers-ondersteuningsgroep vergader laaste Saterdag, The Valley Methodist Church 29 Ben Swartstr, 15:00. Almal welkom. Bevestig: Enid 012-997-0791.

• Antipas Geref Baptiste-gemeente (Queenswood) Woordgefundeerde, Christusgefokus en Godgesentreerde. Sondag 10:00. www.antipaspretoria.org.za

• Belangstellendes in Bybelstudie, Queenswood, oggende/aande. Linda 082-570-1291.

• Two-day Alzheimer's workshop: *Caring for a person with dementia 25 & 26 Nov, 08:30-15:30*, Glen Methodist Church, Garsfontein. Register Denise 012-991-1637 / 082-413-9956.

• Bahá'í devotional: All welcome to join in prayer for our families, communities, praise of God. 19:00 Tuesdays, 846 Oudtshoorn St. Wingate Park. 072-609-1790.

• Caregiver support group for Alzheimer's patients meet in Brooklyn every 3rd Monday of month, at 17:15. Riekie 082-401-9546.

• Berading/gebedsterapie, hanteer ondersteuningsgroepe met slagoffers van trauma/depressielyers asook familie/vriende. Gerhard 012-997-7472.

Art and Music

• Kunsuitstalling van verskeie kunstenaars. Centurion-hospies, Clifton-, Zircon- en Northstr. Verversings by Hospies-restaurant. 30 Okt, 10:00-16:00 / 31 Okt 09:00-12:00. Dr.Marie.fowler@gmail.com VP011929

• Mega Books. Art class for a new generation, cartooning and comic art. 073-303-4140 / 074-134-5400. VP011804

• Neil Moss Watercolour course 7 & 8 Nov. Tel 083-306-1635 / www.neilmoss.co.za

• Tenore/alte gesoek. Bets 082-451-6872.

Markets and Charity

• Aandmark in Sinoville. 30 Okt 17:00-21:00. Bukra Mark, Plot 15, h/v 3e Weg/Nationalstr, Sinoville. Kom geniet kosstalletjies

en handgemaakte produkte. Gaskunstenaar vermaak met musiek. Zarita: 071-120-5894.

• Splinternuwe Miernesmark, 3-5 Des. NG Familiekerk, Eldoraïne, h/v Henri- en Wilhelmstr, Eldoraïne X1. Uitstallers van regeer die land. 082-855-6628/012-654-4785.

• NG Doornpoort: Doornfees 31 Okt. Basaar kry 'n nuwe baadjie. Meer as net 'n basaar. Tussen markte en parke, pannekoek, pap, kainings, die volleybal, karnivalspeletjies, vetkoek en klein koekies, tuinstalletjies, geskenke, groente, arts/crafts en meer. Kom sweet van 07:00 af met ons pretloop. Kom red 'n lewe (bloedskenk) 09:00. Bring die familie. 012-547-1456. AM901460

• New handcraft market. R50/p weekend. Busy Pick n Pay centre. SMS 076-939-7300.

• Gifts4U Kersmark, 29/30/31 Okt, 10:00-16:00. Crafty Corner, David Langleystr 433, Garsfontein-wes. Geskenke vir almal, kriediakaartgeriewe, teetuin (slegs kontant). Lynette 012-348-8385, 08:00-13:00. AM012100

• Jaffa market and fun day 1 Nov from 10:00. Different stalls, deli, tea garden, lunch, entertainment. For information 012-346-2006. 42 Baileys Muckleneuk, Pta. AM901459

• Transoranje Skool vir Dowes Kersmark, 20-29 Nov, Tshwane Event Centre, Pta-skougronde, Saal L. 012-386-6072.

• Unica Mark 6-15 Nov. Besoek mark vanjaar by Casa Social Da Madeira, Lynnwoodweg-verlenging, ou-Boschkoppad, plot 37. Oop 09:00-20:00, Son 16:00. 082-905-6531.

• Centurion Family Market, 1 Nov 09:00-14:00, 193 Kwikkie Crescent, Centurion Yolanda 082-493-2919.

• Kersmark by Kansa. 7 Nov 08:00-14:00. 32 Lysstr en h/v 14e Laan, Rietfontein. Elizabeth 083-981-6833.

• Kersmark 31 Okt en 28 Nov, 09:30-16:00. Knysnalaan 287, Sinoville. Uitstallers is hoofsaaklik afgetredenes vir 'n inkomste. Selfvervaardigde items. Marlia 079-492-5422.

• Mini Fête, Glenhaven Retirement Village, Garsfontein, 31 Okt, 08:00-12:00. Books, clothing, white elephant. Tel 012- 348-8858

Leisure and Clubs

• Kom kuier saam en ontmoet nuwe mense. Lekker musiek, interessante praatjies en *awesome* getuienis. Gospel@pub Sondag 18:00 by Rafter's Pub&Grill. H/v Garsfontein/Blesbok, Mooikloof. Gratis ingang. Almal welkom. 082-880-8484 / www.noisemakers.co.za AM012264

• Hoërskoolmeisies: Gratis 2-ure, afrondingsmodelklas, Garsfontein, 30 Okt, 15:00-17:00. Bespreek: Hezani 082-701-8143 om

adres en inligting te bekom.

• ATKV-Tonteldoos. Orrelfees met orrelis Werner Ferreira, 18 Nov 15:00. NG Faerie Glen, Glenwoodweg 429. 072-264-8670.

• H/s Menlopark-gholfdag, 20 Nov, www.menloalumni.co.za Rista 012-361-7738.

• NHN-verjaardaguitstappie, digter Johan Lodewyk Marais, 1 Nov: *Op die spore van Eugène Marais: van Pretoria tot Pelindaba*. R100 p/p sluit busrit in. ina.louw@up.ac.za

• H/S Menlopark Kerskonsert nooi oudleerlinge om met Van Papendorp Engele saam te sing, 21 Nov 19:00. Rista 079-016-6689.

• Jam for Joy in aid of Reach for Recovery, breast cancer support group, 31 Oct 14:30-16:30, 451 Basuin Crescent, Garsfontein. Book 083-654-6136.

• Dorandia car wash, Pta North, hosts a day when all local residents on producing their water/lights account will be entitled to a car wash and detailing service, 21 Nov. Dale 071-397-7520.

• Die Africanvereniging bied 'n audio-visuele program deur dr. Koos le Roux, *Ons Kosbare Erfenis*, 18 Nov, 19:00, L/s Anton van Wouw. Almal welkom. Bespreek: Dawina 012-460-5721.

See what a top-rated chef plans

If you love the art of *haute cuisine* and are intrigued by the personal dramas of top-rated chefs, then *Burnt* is the movie for you.

It is now showing at Nu Metro Woodlands and Menlyn Park in Pretoria. Chef Adam Jones (Bradley Cooper) had it all – and lost it. A two-star Michelin fork star with the bad habits to match, the former *enfant terrible* of the Paris restaurant scene did everything different every time out, and only ever cared about the thrill of creating explosions of taste.

To land his own kitchen and that third elusive Michelin star though, he would need the best of the best on his side, including the beautiful Helene (Sienna Miller).

This remarkably funny and emotional story is about the love of food, the love between two people, and the power of second chances.

Stand a chance to win two double tickets to see *Burnt* in movie theatres. To enter the competition, fill out the application form on *Rekord's* websites.



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House hunting with fun

Buyers have many tough decisions to make when shopping for a new home, but the daunting task can be made much easier. This could be done by mentally "moving into" a property for a few minutes – not only to visualise where your furniture and belongings would go, but to imagine how you and your family would live there.

For example, says Chas Everitt International property group managing director Berry Everitt, you may love the view from a cliff-top house – but your enthusiasm might wane if you think about always having to carry the groceries up several flights of stairs.

"And if you picture your ideal family home, would the outdoor entertainment area really lead straight off the TV-room? Might it suit you better if it led off the dining room or kitchen so you could still enjoy a weekend watching sport while your children had their friends around for a pool party?"

The main question to ask is whether the floor plan really fits your lifestyle. If the answer is in the affirmative, you'll be well on the way to finding the right home.

"Conversely, you should never choose a home that will be awkward for your family to live in – even if it has many attractive features – because a bad 'match' usually leads very soon to another round of house-hunting and moving, which can be very expensive."

Writing in the Property Signpost newsletter, Everitt says there is, of course, no absolute right and wrong.

"The floor plan that puts one buyer off

will suit another very well. A couple with young children will probably want their bedroom within earshot of the children's rooms, while others may really want a 'buffer zone' between them and their teenagers' sound systems."

Similarly, he says, a compact kitchen may well appeal to a jet-set young executive who spends a lot of time travelling and eats out frequently, but will probably be impractical for those used to entertaining their family and friends at home.

"The secret is to stay focused on what would suit you – and never be embarrassed to say that a home you have viewed, lovely as it may be, is not a good fit for your family," says Everitt.

"Experienced agents will never be offended by this because they know that there is 'a lid for every pot' – and they may well have something else to show you that matches your mental picture perfectly."

Invest in holiday property

Now is the time to invest in the iconic holiday town of Amanzimtoti with its moderate climate, pristine beaches and proximity to the CBD of Durban, so says Michelle Dunnett, owner of leading local agency Harcourts Sapphire Coast.

Dunnett notes: "Home prices here are literally 50% less than for comparable properties along the coast to the north of Durban, and both investors and holiday-home buyers are catching on fast."

"There was a time a few years ago, when sales were really not swift and a unit could stay on the market for six months or more, but these days we can get three offers in one day for a well-priced apartment."

"We have also had a slew of enquiries from upcountry buyers in recent weeks, and are preparing for a bumper summer holiday season."

She says the limited supply of residential accommodation and the scarcity of development land will not only help to retain Amanzimtoti's holiday village ambience, but are also likely to put upward pressure on prices before long.

"There is already a shortage of stock

in the R1.2 million to R1.5 million price bracket, and reasonably priced homes are selling within a day of being listed. However, Amanzimtoti still offers really excellent value for money.

"For buy-to-let investors, the advantages of purchasing here rather than along the rapidly urbanising North Coast are that it is still possible to find two-bedroom, one-bathroom flats for around R600 000 where your tenant's rent will cover a major portion of your bond repayments."

In addition he says the town is located on the N2 national highway, only 25 kilometres from the Durban CBD and 58 kilometres from the King Shaka International airport.

"Consequently, although it is still best-known as a holiday town, especially among those looking for family-friendly getaways, it is becoming more and more popular as a permanent residential option."

"And the lifestyle is very attractive. The beaches are clean and accessible and there is a strong sense of community. For families, there are many outdoor activities, sporting facilities on the doorstep."



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Gezina	Flat	R4 100	1 1/2 bedr	1 bathr	1 u/c port
Boschpoort	Garden flat	R4 800	2 bedr	2 bathr	1 u/c port
Ellofssdal	Flat	R4 600	2 1/2 bedr	2 bathr	1 u/c port
WDB South	Flat	R4 900	2 bedr	1 bathr	1 garage
Rietfontein	Flat	R5 100	2 1/2 bedr	1 bathr	1 garage
Capital Park	Granny flat	R5 200	2 bedr	1 bathr	1 u/c port
PTA Gardens	Duet	R5 500	2 bedr	2 bathr	1 u/c port
Parktown Place	Flat	R5 834	2 bedr	1 bathr	1 u/c port
Rietfontein	Duplex	R7 500	3 bedr	2 bathr	1 u/c port
Gasfontein	Granny flat	R7 500	2 bedr	2 bathr	2 u/c ports
WDB South	House	R10 750	4 bedr	2 bathr	2 garages
Waverley	Duet	R8 500	3 bedr	2 bathr	2 garages
Queenswood	Flat	R5 900	3 bedr	1 bathr	1 u/c port

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FOR SALE					
Suburb	Property type	Price	Bedr	Bathr	Parking
Capital Park	House + g/flat	R985 000	3 bedr	1 bathr	4 u/c ports
Gezina	Flat	R430 000	1 1/2 bedr	1 bathr	1 u/c port
Killnerpark	House	R1 732 500	4 bedr	3 bathr	2 garages
Rietfontein	House + g/flat	R1 550 000	3 bedr	2 bathr	6 u/c ports
La Montagne	Duplex	R720 000	3 bedr	1 bathr	1 u/c port
Silverton	House	R1 000 000	3 bedr	1 bathr	1 u/c port
WDB South	Duplex	R620 000	2 bedr	1 bathr	1 garage

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Basson back after nasty spider bite

Although being bitten by a Hungarian spider can be a painful experience, the results do not necessarily have to be all bad.

Don't be surprised if Basson Engelbrecht should be smiling and raring to go when he lines up to compete in the Tongeyong Triathlon World Cup in South Korea this week.

In a weird way it can be said that a spider has brought about this new and positive approach in Engelbrecht.

"Sometimes nearly losing something about which you are passionate can be a good thing because when you fear that you are going to lose it you suddenly realise how much it means to you," he explained.

"Being bitten by a spider meant that I was out of action for about eight weeks. I was not able to compete at the World Championships in Chicago as well as in a few other major events.

"This setback meant that I had a lot of time to think. I came to the shocking conclusion that if I should be unable to compete and train as a triathlete there would be absolutely nothing left for me," the Tuks/hpc athlete said.

"As professional athletes we are inclined to take many things for granted. Sometimes, during training, you tend to merely go through the motions.

"You run because you have to run and swim because you have to swim. Not being able to train made me realise how much I enjoyed what I was doing and how privileged I actually was.



Basson Engelbrecht in action. Photo: Reg Caldecott

"It also made me appreciate my God-given talents. I can honestly say that I am now hungrier than ever to succeed." Engelbrecht's poisonous setback occurred in August while he was preparing for the Tiszaujvaros World Cup in Hungary.

The Tuks/hpc athlete said he went for a training run in the veld a few days before the event.

"At some stage I stopped to do some stretching exercises. When I looked down

I noticed that my legs were covered with spider webs but I did not think much about it. When I got back to where I stayed I saw a small bite mark.

"The next day I went for a swim in a nearby lake which seems to have been a huge mistake. Apparently some bacteria got into the small wound and made my ankle swell to twice its normal size. I could barely walk and went to see a doctor."

He said it was a strange experience because the doctor could not speak English and he had to get somebody to translate.

"I noticed that the doctor looked worried and made all sorts of gestures with his hands while he was explaining to me what was wrong but all the translator had to say was that I was going to be 'OK'.

"Not understanding what the doctor said I went ahead and raced, which turned out to be a huge mistake."

Engelbrecht said with quite a good start in the swim he was second when they reached the first buoy, but from then on things started to go the other way.

"Within a matter of seconds I was almost last. I started cycling but on the second lap I was a totally spent force and just toppled over," he said.

The 20-year-old Engelbrecht's best results so far this year were winning the Le Morne ATU Sprint Triathlon African Cup race and finishing third in the Sharm El Sheikh ATU Triathlon African and Pan Arab Championships.



From left are Siphure Monama (Viva Nova), Wenda Nel (400-hurdles finalist at the World Championships in Beijing), Minette Swart (Pathways) and Pieter Starke (Parthways). Photo: Reg Caldecott

Wenda Nel coaches keen special stars

The quest to run ever-faster times in an effort to become one of the best 400-hurdles athletes in the world is not Wenda Nel's only passion.

To help others is equally important to her. It was not surprising, therefore, that the 400-hurdles finalist at this year's World Championships in Beijing immediately agreed when she was asked to become involved with a few young athletes with Down Syndrome who are preparing to compete at the SASA-II Open Games in Secunda.

This will be one of the last opportunities for these athletes to try to qualify for the World Championships for persons with Down Syndrome that will be presented in Bloemfontein at the end of November.

The Tuks/hpc athlete will help to improve the focus and coordination of these young athletes so that they will be better able to train and compete.

Judging by the reaction of Minette Swart (Pathways), Pieter Starke (Pathways) and Siphure Monama (Via Nova), Nel certainly

has the knack to relate to these athletes. Coincidentally, South Africa's National Down Syndrome day is also celebrated in October.

The athletes were smiling happily while Nel put them through exercises with two balls to help them improve their eye-hand and eye-foot coordination at the LC de Villiers-stadium.

To intensify their ability to focus, Nel had them do some fine motor activity exercises combined with balance.

To top it off, Nel surprised them with a challenge to run a 50 metres dash. As an extra incentive she lined up some gifts on the finishing line.

"With the 50 metre race I wanted the athletes to realise that you don't necessarily have to win to be considered a champion. Every time you participate in a race and run to the best of your ability you are a winner. That is why each athlete received a prize."

Asked why she decided to become involved with helping these athletes with Down Syndrome, Nel said that to be in-

involved in sports is a real passion for her.

"As far as I am concerned everybody, no matter who, deserves an opportunity to experience the joy of competing in sports.

That is what I am planning to do when I work with these athletes.

I must admit that it is a mutual beneficial relationship because they certainly also inspire me." Nel, who is qualified dietician, is working out some dietary guidelines for athletes who will be competing at the World Championships. Tessa van Heerden, marketing and communication manager of the SA Sports Association for the intellectually impaired, emphasised the importance of regular exercise for children with Down Syndrome.

Because most of them have a low muscle tone they need to move and be active to support their bodies.

"The more they move the more fluent their movements will become. Regular exercise is also an intellectual stimulation and it helps the kids to learn better," Van Heerden explained.

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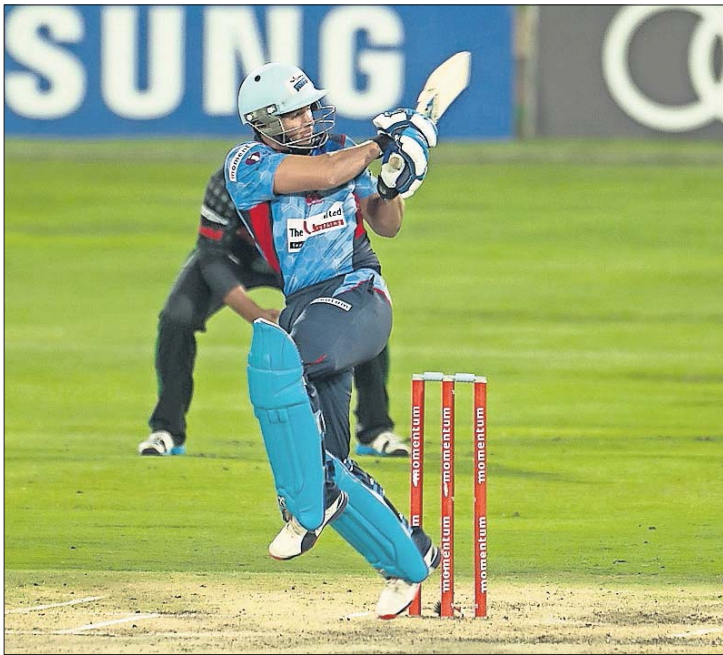
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The young Graeme van Buuren's 84 runs from 71 helped the Titans to beat the Dolphins last week in Centurion. Photo: simondp@actionimage

Titans need to up their one-day game results

Koos Venter

Halfway through the Momentum one-day series, the Titans are currently in a disappointing fourth place in the log, after mixed results in their games last week.

Albie Morkel and his teammates could only win two games in the first phase of the competition. This tournament is now interrupted until the end of January 2016 and other cricket action will meanwhile take place.

There are, among other things, the local T20 series and the Ram Slam T20 Cricket Challenge, which begins this weekend.

The Titans' very good win by 7 wickets over the Dolphins last Wednesday, gave hope to their fans that they had eventually found their rhythm. The young Graeme van Buuren's 84 runs from 71 balls was a notable highlight and it reaffirmed the men from Centurion's depth.

Sunday in Kimberley, the Knights again uncovered the Titans as a team who does not like to bat first. Werner Coetsee, captain of the Knights, won the toss and sent the Titans

to bat first. Only Heino Kuhn (55), who is once again in brilliant form, scored more than 50 runs.

Morkel's 40 off 29 balls at the end of the innings was also a good attempt to make the score look respectable.

The Knights, however, managed to bowl them all out in the 49th over for only 242 runs. This was never enough and there was great pressure on the Titans bowlers to try and defend this total.

Morkel used seven bowlers to perform the task, but ultimately it was impossible. However, they tried hard and, except for Junior Dala and Rowan Richards, all the bowlers managed to concede less than six runs per over.

Although the Knights' batsmen had to work hard for the victory, they could eventually pass the Titans' total in the 48th over.

As defending champions the Titans' fans obviously expect much more of them than the mediocre performance in the first half of this series. Therefore they will have to be much better when the tournament resumes at the end of January 2016.

Patience, persistence on road to 2016 Olympics

If Cornal Fredericks should line up in his starting blocks for the 400 hurdles final at the 2016 Olympic Games in Rio, it would be due to three words: patience, persistence and resilience.

The 2014 Commonwealth champion departed for England earlier this week to start training in all earnest for next year's Games.

This year was without a doubt an extremely frustrating one for the Tuks/hpc athlete. It all began when problems with his Achilles heel prevented him from training properly. Another frustration was uncertainty about who would coach him.

To cut to the chase, Fredericks had only a couple of opportunities to race during the entire season. His best performance was in Madrid during July where he finished fourth in 49.50s. This was good enough for him to qualify for the World Championships in Beijing but he did not compete in spite of being selected.

This was in sharp contrast to 2014 when Fredericks could seemingly do nothing wrong. In 13 races he only failed once to finish in the top three (finishing fourth) and was victorious on seven occasions. He won gold medals at the Commonwealth Games, the African Athletics Championships and the Continental Cup meeting. To top it all he finished third in the 400 hurdles Diamond League standings.

Fredericks admits he went slightly off the rails because of his severe frustration.

"There were times when I was still out and about in the early mornings. I wandered about aimlessly, not really caring about anything. In short I was really down and out. Luckily I have wonderful friends and family who really cared, especially my mom, Maureen. They made me realise I had unfinished business on the track and that it would be foolhardy of me just to let go of my dreams and goals."

There was much speculation why Fredericks did not compete at the Beijing World Championships. Some of the rumours were quite upsetting to him. "There is nothing more special to me than representing South Africa at a major championship. That is why it hurt when it was said I deliberately chose not to run in Beijing. Nothing could be further from the truth. As luck would have it, I picked up a small hamstring tear. It was nothing serious but given my experience with previous injuries I decided the risk of racing was just too great. I was certainly not able to run flat-out and I really did not want to end up having to do another three months of rehabilitation. That is why I withdrew from the World Championships."

Fredericks is excited about training in the UK under the guidance of Malcolm Arnold - national event coach for hurdles and a senior performance coach for UK athletics.

"Malcolm is a strict coach who does not hesitate to call a spade a spade," Fredericks said, "if he thinks it will help his athletes to



Cornal Fredericks is back in the gym and on the running track, ready for great things in 2016.

excel."

When asked if he would be prepared to represent South Africa in the 4x400 hurdles

relay at the Games, Fredericks's face lit up before he answered: "Yes, definitely. I think it would be exciting to run the 4x400 relay."

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Bakkies praat oor loopbaan

Koos Venter

Die naam Bakkies Botha is in Suid-Afrika byna net so bekend as enige top handelsnaam, en dié rugbylegende word selfs soms met die filmster Chuck Norris vergelyk in die bekende 'supermens'-grappies.

Sowat 1 000 gaste by Hoërskool Garfontein se jaarlikse rugby-ontbyt is egter verlede week aangenaam verras oor dié groot man se menslikheid, sterk waardes en nederigheid toe hy as eregast opgetree het.

Hoewel Botha nie die tradisionele rol van gasspreker vervul het nie, het die gaste tog aan sy lippe gehang toe hy as hoogtepunt van die ontbyt saam met die bekende rugby-kommentator, John van Rensburg, aan 'n vraag-en-antwoordsessie deelgeneem het.

Botha het die gehoor sommer vroeg verbaas toe hy sy weersin uitgespreek het in ouers wat te veel druk op hul kinders plaas om in sport te presteer.

Hy het toe vermaak van sy gehoor sy lewensverhaal opgesom as dié van 'n doodgewone voorstedelike seun wat nie té vroeg gedruk is om groot drome te droom nie.

Botha het vertel dat hy en sy jonger broer, soos baie Suid-Afrikaanse seuns, baie kompetend was. Hyself het egter nooit groot drome van rugbyglorie gehad nie.

In sy voorlaaste jaar op skool het hy nog vir die tweede- en derdespan van HTS

Middelburg gespeel en eers toe hulle na Vereeniging verhuis het, het Botha begin uitstaan en die eerstepan gehaal. Hy het vertel dat hy toe eers besef het dat hy werklik genoeg talent het om iets in rugby te bereik, nadat die Valke destyds aan hom 'n professionele kontrak aangebied het.

Botha het nie veel uitgebrei oor die eerste deel van sy loopbaan nie, maar wel gemaklik gesels oor sy tyd in Frankryk. Hier het hy sy gehoor gefassineer met sy eerlike gesprek oor sy liefde vir sy gesin en sy verantwoordelike as eggenoot en pa.

Hy het onthul dat sy gesin nie saam met hom na Frankryk verhuis het ná die wêreldbekertoernooi van 2011 nie. Hy was vir vier jaar alleen in die vreemde. Botha het vertel hoe hy die verlange na Suid-Afrika hanteer het deur soveel as moontlik saam met die Suid-Afrikaners te braai.

Hy het ook die storie bevestig dat hy, saam met die Bloemfonteinse Juan Smith, soms tot 40kg boerewors per week gemaak het. Die Franse en Aussies wat saam met hulle vir Toulon in die suide van Frankryk gespeel het, het later self versot geraak op dié Suid-Afrikaanse vleisprodukt.

Oor die stigma as 'n 'omstredende' speler is Botha nie spraaksam nie. Al wat hy hieroor gesê het, is dat hy nou weet dat hy hom beter moes betoel het teenoor teenstanders wat hom uitgelok het.

nuwe direkteur van afrigting en ook hoof van die klub se nuwe internasionale rugby-instituut, het by die funksie gesê dat die klub volgende jaar hoë doelwitte vir homself gaan stel.

Hy sê die eerste span streef daarna om beide die Assupol reeks en die Carltonbeker-toernooi te wen, terwyl hulle ook wil kwalifiseer vir die Gemeenskapsbekerreeks.

Die voorseisoen begin in November. Navrae: Buks Burger by 082-925-7206.



Ian Herbst, voorsitter van die Naka Bulle rugbyklub, oorhandig die trofee as speler van die jaar aan Anthony Beswick, briljante veelsydige agterspeler van die klub. Beswick het ook vir die Limpopo Blou Bulle in die Vodacom-bekerreeks uitgedraf en is 'n puik provinsiale sewerspeler.

Foto: Marinus van der Wath



Titans need to up their game



Rugbylegende Bakkies Botha (regs) en die bekende rugbykommentator John van Rensburg gesels tydens 'n vraag-en-antwoordsessie by die Hoërskool Garfontein se rugby-ontbyt wat verlede week aangebied is.

"Ongelukkig kan ek onreg nie verdra nie en daar was altyd een of ander onreg wat aanleiding gegee het tot my optrede, soos die kopstamp-voorval met Jimmy Cowan. Hy het my aan die trui teruggehou sodat ek nie kon verdedig nie..." het Botha gesê. Hy het die gehoor ook verbaas deur openlik oor rugbyspelers se geldsake te praat, en onthul dat hy die afgelope tyd aanbiedings ontvang het om nog 'n seisoen of twee te speel.

"Dan dink 'n mens by jousef... 'hoeveel

is genoeg?' Jy kan teruggaan en nog R7-miljoen of R8-miljoen verdien, maar op die ou einde is jou gesin se belange ook daar. Geld is nie alles nie en ek het besluit om op te hou en soveel as moontlik tyd met my gesin deur te bring," het Botha ernstig gesê.

Hy het sy liefde vir Suid-Afrika uitgespreek. "Ek was al oral in die wêreld. Rugby het my in staat gestel om wyd te reis, maar glo my vandag, daar is nie nog 'n land soos ons land nie," het Botha afgesluit.



Naka Bulle vereer sterre

Koos Venter

Die Naka Bulle-rugbyklub is op pad na sukses.

Dit was die duidelike boodskap verlede naweek by dié klub se jaareindfunksie.

Hoewel die klub se sukses in 2015 op papier nie te waffers lyk nie, sal vanjaar waarskynlik in die toekoms uitstaan as die jaar waarin die sluimerende reus van die Moot uiteindelik wakker geword het.

Teen hierdie tyd is dit om nuus dat Naka Bulle se Carltonbeker-span op 'n tegniese punt uit vanjaar se halfeindrondte gehou is. Dié optrede van die Blou Bulle rugby-unie het uitgeloopt op 'n hof-aksie van die klub.

Daar is intussen besluit om te fokus op die toekoms en dit lyk besonder rooskleurig vir Naka Bulle.

Behalwe vir die opwindende nuwe internasionale rugby-instituut, wat ook die klub se eie akademiese bestuur, het dit ook bekend geword dat nóg 'n paar top spelers besluit het om volgende jaar hul rugby in die Moot te kom speel.

Die goeie gees by Naka Bulle was duidelik by hul jaareindfunksie, wat op 'n wynlandgoed in Pretoria aangebied is. Verskeie uitblinkers van die klub is voor 'n vol saal gaste vereer.

Die klub se twee top-toekennings is opereraap deur Anthony Beswick (speler van die jaar) en Jean Grobler (sportman van die jaar).

Naka Bulle se suksesvolle o.21 span, wat Tukkie vanjaar drie keer geklop het om as die Blou Bulle se o.21 kampioene gekroon te word, is aangewys as die span van die jaar.

Marinus van der Wath, Naka Bulle se

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