



CENTRAL & SOUTH AMERICA



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Welcome

to the Intrepid way of travel

Like for many of you, travel means more to me than just a holiday. It's introduced me to some wonderful people, taken me around the world and saved me from a finance job I didn't enjoy.

Travel is more than just the where. It's also about the how. That's why our commitment to responsible travel is so important to me. I like coming to work every day knowing that I'm doing my bit to deliver the best travel experience ever for our customers, and at the same time our business is giving back to the places we visit and the locals we meet along the way.

We're now the world's largest provider of adventure travel experiences, and that means it's our responsibility to be a leader in sustainable tourism. We're always looking for ways to improve, from carbon-offsetting our trips and putting a stop to elephant rides to recycling around the office.

Last year I was lucky enough to seek a little solitude in Patagonia and set foot on the Antarctic continent, so South America is still pretty fresh in my mind (I can still taste the empanadas). This year we'll be mixing things up with some of our Central and South America trips, adding in a bit more flexibility for travellers who want to dip in and out of certain destinations. There's a 3-day getaway to the salt flats of Bolivia's Salar de Uyuni, a short-break in Costa Rica's (very underrated) San Jose, and a brand new itinerary in Colombia that includes little-travelled colonial classics like Barichara and San Gil.

Enjoy this brochure. I hope it sparks a flash of inspiration or maybe stokes a little Latin American wanderlust.

James

James Thornton Managing Director



Real life experiences

Sure, the highlights still take our breath away, but travel should be more than just ticking boxes. We think the real magic happens off the beaten track: joining a family for dinner in Chile or bonding with locals at a hotspring in Honduras. Because it's those real life travel experiences – the most spontaneous and simple of moments – that stay with you long after you've returned home.

Eat, stay and live local

We design our trips from the ground up, which means using an experienced local leader, local transport and – wherever possible – small, locally run accommodation. Many of our trips include a night or two in a homestay, be it a family-run guesthouse in Bulgaria or an organic Tuscan winery. The best bit? You're getting an authentic experience while also contributing to the local economy.

Just the right balance

The best small group adventures strike the perfect balance between included activities and 'you time'. So while there's always an itinerary in place, we like to keep things flexible by giving you plenty of free time to explore on your own. After all, this is your adventure!

Travel made easy

We'll deal with the logistics of travel – organising itineraries, transport and accommodation – so you can focus on the fun stuff. Why spend hours agonising over every detail of your trip when you can leave it to the experts?

Small groups...

An average group size of 10

We take small-group travel literally. Numbers will vary depending on where and how you're travelling, but the average size of a tour is about ten people. We've found this is the perfect number to make new friends, without feeling like just another face in the crowd.

Fewer people means greater mobility

While larger tour groups are confined to big tourist sights and even bigger hotels, we're able to get around quickly and easily. Which means greater access to family homes, backstreet bodegas and truly local experiences.

...with local leaders

We realised early on that the best folks to show you the heart of a destination are, funnily enough, the ones that live there.

These are our leaders: travel experts and friendly locals who know their countries better than anyone. Whether it's helping you order off the menu in Split or introducing you to the village baker in rural Morocco, they're enthusiastic purveyors of grassroots experiences and your connection to the local community. Want to meet them?



Manuel Quispe, Peru

'Manny was a brilliant tour leader! He went out of his way to organise activities for us and ensure there were no hiccups or unexpected bumps.'

~ Emily Reale, Essential Peru



Johanna Cordova, Ecuador

'Johanna is a credit to Intrepid. She was very knowledgeable and so kind and patient with the whole group. Thanks to her I learnt so much about Ecuador.'

~ Kieran Sexton, Ecuador & Peru Explorer

Trip Styles

Every one of our trips has a particular style. It's a way to help you pick the adventure that suits you best. Just the essentials, a bunch of inclusions or a little of both? The choice is yours.





Basix

FOR TRAVELLERS ON A BUDGET

These are amazing experiences at a great price. Basix trips use simple, convenient accommodation, travel on local transport where possible and include plenty of free time. Pick and choose inclusions to fit your budget.

Original

THE ORIGINAL INTREPID STYLE

These are the trips we built our reputation on! Original trips offer a great mix of included activities and free time to explore on your own. They use centrally located hotels and come with a few meals along the way.



Comfort MORE CREATURE COMFORTS

We've smoothed away adventure travel's rougher edges to craft a style of travel that has an added degree of... well, comfort. Enjoy a more relaxed pace, comfortable accommodation and lots of included activities.

INCLUSIONS

Lots of free time and optional extras, so you can tailor your trip to suit your budget. Each trip has an expert local leader and is full of real life experiences.

ACCOMMODATION

Clean, central, budget accommodation. Sometimes with shared facilities. Some itineraries feature homestays or unique accommodation, such as a retro hostel.

We predominately use local transport.

INCLUSIONS

A balance of free time and added inclusions, plus a couple of meals along the way. Each trip has an expert local leader and is full of real life experiences.

ACCOMMODATION

Simple, tourist-class hotels, close to the action. Some itineraries feature homestays or unique accommodation, such as a Tuscan apartment or Saharan desert camp.

TRANSPORT

A mix of local and private transport. Think taxis, trams, trains, vans or camels.

TRANSPORT

INCLUSIONS

Plenty of included activities and some meals. Each trip has an expert local leader and is full of real life experiences.

ACCOMMODATION

Comfortable hotels with private amenities and often with plenty of local character. Some itineraries feature homestays or unique accommodation, such as a Moroccan riad or a French chateau.

TRANSPORT

More private transport than Original and shorter travel days.

SACK TO MAIN MENU

Adventures for all tastes

Like our travellers, our South and Central America trips come in all shapes and sizes – from active tours to family-friendly journeys, short breaks to expeditions spanning half the continent. In fact, we've dedicated whole sections of this brochure to our Galapagos, Antarctica, Overland and Sailing adventures. Whatever flavour, tempo or activity floats your boat, we've got it covered.

INCA TRAIL

Hike the Inca or Quarry Trail, or catch the train straight to Machu Picchu. **Page 11.**

GALAPAGOS

Explore the wildlife playground of the Galapagos on a range of water- and land-based itineraries. Page 40.

OVERLAND

Cartagena to Quito? Lima to Rio? Lima to Rio? Hit the road on these epic multi-country trips. Page 82.

Plus a whole lot more...

Like to get the blood pumping? Check out our new active Costa Rica trip (**p74**) or see Cuba on two wheels (**p63**).

Fancy yourself a foodie? Eat your way around Peru (**p22**) or Mexico (**p64**) on a Real Food Adventure.

Feel the wind in your hair on a Central America sailing trip (**p80).** Is there a better way to explore the Caribbean?

Look out for these symbols



We have no minimum numbers on most of our trips. Once you've booked, your trip will run as scheduled.



We offset our emissions each year by investing in highly accredited renewable energy products.

PHYSICAL RATING

Each of our trips has a physical rating, so you can tell how physically exerting a trip is and how fit you'll need to be to enjoy it. As a guide:

00000	Easy and relaxing
0000	Bring your walking shoes
	An average level of fitness required
	Action packed, physically demanding
	Full-on active adventure for the more agile traveller



Check out our best-selling trips.



REVERSE



Highlights trips tha receive a traveller rating of over 4.75 out of 5.



Highlights an adventure combining two or more trips.



A special departure that embraces all the delights of a winter wonderland





Responsible travel

The world's an amazing place and we do what we can to keep it that way. Travel should benefit the places it touches, and we've made a commitment to be a responsible business and live this promise every single day.





BEING A RESPONSIBLE BUSINESS

Being a responsible business is ingrained in who we are and what we do. As part of our commitment to the United Nations Global Compact (www.unglobalcompact.org), we report every year on our pledge to tackle global sustainability issues like climate change, labour standards, human rights and corruption.

INTREPID AND CARBON EMISSIONS

When you travel with us, you can relax in the knowledge that the main carbon emissions your trip generates, such as your transport, accommodation and waste, have been offset. We offset our emissions each year by investing in highly accredited renewable energy projects, such as energy-efficient cookstoves and water filters for households.

DINING WITH A DIFFERENCE

In Peru, many of our favourite restaurants in Cusco, Ollantaytambo, Aguas Calientes, Puno, Nazca and Lima donate 5-10% of their earnings from our group's visits back to The Intrepid Foundation. That money is then reinvested into local initiatives that are funded by the Intrepid Foundation such as Living Heart in the Sacred Valley of Cuzco, Kusimayo in Puno and Project Peru in Lima.

THE INTREPID FOUNDATION

We created The Intrepid Foundation in 2002 with a simple mission: to invest in grassroots projects in the regions we operate. In 14 years we've raised over \$4 million for more than 75 not-for-profit organisations in over 25 countries. 100% of your donation will go to your chosen recipient (we cover all the admin fees) and Intrepid will match your donation dollar for dollar*.

HOW TO DONATE

You can donate to The Intrepid Foundation anytime: through your travel agent or Intrepid specialist, on The Intrepid Foundation homepage or during the online booking process. Learn more at **theintrepidfoundation.org**



[•]up to AUD 1,000 per donor and a total of AUD 400,000 for all donors each financial year (excludes emergency appeals).

Photo competition

Like what you see in this brochure? We're always on the lookout for great shots from our travellers. Enter our monthly photo competition for the chance to be featured in our brochures and social media, plus you'll go in the draw to win a swag of travel prizes.*

To enter, visit intrepidtravel.com/photo-competition

* Terms & conditions apply

Intrepid loyalty

Loyalty should be rewarded don't you think? And a reward should be a bit better than a hug coupon or a free cup of coffee. If you suffer from incurable wanderlust and end up taking nine Intrepid trips, we'll give you the tenth for FREE^, plus the coveted title of Intrepid Legend. We'll even throw in that hug coupon for good measure (you deserve it). It's just our little way of saying thanks.

Find out more at intrepidtravel.com/loyalty

^See website for terms & conditions

Private groups

If you'd like to adventure with your best buddies, your sports team or even a school group, most of our trips are also available as private departures. They come with all the excitement and inclusions of a regular departure, but we can tweak and adjust the details until they fit you just right.

Contact our team at groups@intrepidtravel.com for more details.





So you've just arrived in the Big City. You step outside the hotel, take a deep breath and... then what? Wouldn't it be great to have a local on-tap to show you all their favourite spots – the little bars, best cafes and cool underground galleries the tourists never find? Enter Urban Adventures, our day tours with a difference.













BIKE TOURS

DRINK TOURS

FOOD TOURS

HIKING TOURS

KAYAKING TOURS

NG TOURS CULTURAL TOURS

KEEP AN EYE OUT

We've scattered Urban Adventures throughout this brochure in boxes just like this one. They're like little red Easter eggs, only way more delicious.





SACK TO MAIN MENU

What's hot in 2017?

Like the continent itself, there's a lot to cover in this brochure, so here's a taste of what we're most excited about for 2017. We've got new trips and beloved classics, adventures on boats and on four wheels, active expeditions and sizzling city jaunts. From the sultry Caribbean right down to the frozen wilds of Patagonia and Antarctica, we've got Central and South America covered. And if you want a chilli-spiked taste of it all, just check out our handy combo maps. Now for the hard bit: deciding where to start. Good luck and buen viaje!



MEXICO'S DAY OF THE DEAD

It's one of the continent's most vibrant festivals, and we've got front row tickets. **Page 67**



DESTINATION CUBA

Antique cars, smoky rum haunts – everyone wants a piece of Cuba. Check out our range of Cuba tours. **Pages 78-81**



NEW ACTIVE COSTA RICA TRIP

There's Costa Rica, and then there's Costa Rica by bike, kayak, and white water raft. **Page 37**



SAIL THE GALAPAGOS

Ecuador's wildlife playground is diverse and extensive, just like our suite of Galapagos trips. **Page 76**



Rio de

Janeiro

CENTRAL AMERICAN JOURNEY

From Guatemala to Costa Rica, this top-selling trip takes in the best of Central America. **Page 47**

NEW COLOMBIA TRIP

Lots of travellers overlook colourful, lively Colombia, but not us. In fact, we've got new tours galore! **Pages 45 & 46**

OVERLAND TOURS

Cartagena to Quito? Buenos Aires to Rio? We've got Latin overland adventures by the truckload. **Page 81**



SACRED LAND OF THE INCAS

Visit Machu Picchu, Lake Titicaca and the Amazon on this popular Peruvian adventure. **Page 17**



ANTARCTICA VOYAGES

Venture where few have been before on an Antarctic journey, starting and ending in Patagonia. **Pages 52-55**

South America

Colourful, candid and everything in between, South America beats to the rhythm of an infectious, eternal drum. It's the sequined heat of Carnival and a cool breeze blowing across the Andes, a fiery Argentine tango and the soft silence of an Ecuadorian cloud forest. You can taste it in the crackle of slow-cooked barbecue in Buenos Aires and the tang of a good pisco sour in Cuzco. About the only thing the continent lacks is monotony. Now, pass the empanadas and let's talk adventure.

The Inca Trail is Intrepid's most popular South American destination. Take the classic Sacred Land of the Incas trip and see what all the fuss is about Machu Picchu (page 17).



X

Beyond the milongas of Argentina and the beaches of Brazil lies a country-sized world of wildlife. Discover the Ibera Wetlands on a trip that's unique to Intrepid (page 33).



Be a trailblazer on our brand-new trip Explore Colombia. This up-and-coming Caribbean jewel has it all, from heritage splendour to untouched jungle (page 37).

WHERE IN THE WORLD

Peru Ecuador Bolivia Argentina Uruguay Brazil Chile

Monsoon 25-35°C Very hot & dry 35°C+ Hot & dry 25-35°C Hot & wet 25-35°C Pleasantly warm 20-30°C Warm & wet 20-25°C Cool 15-20°C Cool 4 dry 0-15°C Cold & wet 0-15°C Below freezing -0°C

Weather



Inca Trail & Peru Trekking

Follow in the footsteps of the Inca on an unforgettable hiking adventure along the Inca Trail, or on one of the newer routes on offer. Climb through lush cloud forest, subtropical jungle and crumbling Inca monuments, and navigate narrow winding staircases and sheer mountain passes in pursuit of an unrivalled final destination: the epic ruins of mighty Machu Picchu.



INCA TRAIL

With spectacular natural scenery and opportunities for cultural encounters, the Inca Trail is undoubtedly a beacon of Peru's trekking scene. While it may attract thousands of avid hikers each year, please be aware that this is no idle Sunday afternoon stroll.

The trek is rated moderate, and any reasonably fit person should be able to complete it. But the relentless uphill (and downhill) hiking can be tough going. The fitter you are, the more you'll enjoy it.

QUECHUA COMMUNITY TRAIL

If you travel on an Overland-themed trip (operated by our partners Dragoman), your trek will automatically follow the Quecha Community Trail (unless you specify otherwise). This is a unique route that winds deeper into unspoilt scenery of the Andes. As part of a community based initiative called Tarpuy Yachuy, which is designed to directly provide benefits of tourism to remote Quechua communities, youll be staying with locals who rarely receive tourists.

INCA QUARRY TRAIL

For something a bit more off the beaten track, consider doing the Inca Quarry Trail. Less established than the Inca Trail, this trek offers the same magical scenery, visits three smaller archaeological sites the other trails don't, and is less touristy. Another bonus is that it doesn't require permits – so once you book, you're set.

RESPONSIBLE TREKKING

Intrepid Travel is absolutely committed to ensuring the environmental sustainability of the amazing destinations we visit and we take our social responsibilities very seriously. In Peru, we have committed to paying our porters and guides a fair wage and supplying them with the necessary equipment and resources to undertake their work safely. We also support several community initiatives aimed at promoting the long-term sustainability of the regions environment and preserving the traditional cultures of its communities.

NOT THE HIKING TYPE?

That's fine, we're not going to drive you up the mountains with a cattle prod. On every Intrepid trip that includes the Inca Trail, you can always opt out of the hike. Simply pick whichever Peru trip you're keen on and specify while booking that you'd prefer the train option. There is no extra cost for this, though please note that fees may apply if you decide to change to the train option after your Inca Trail permit has already been purchased. In the time that your group mates are hiking, you will have more time in Cuzco to relax and get to know this unique city better, and to explore the Inca relics strewn throughout the Sacred Valley.

THE NITTY GRITTY

In order to preserve the Inca Trail, the Peruvian authorities restrict available permits to only 500 per day. They are available on a first-come, first-served basis, so booking well in advance is imperative. For this reason, if you want to hike the Inca Trail, it's best to supply the full details of the passport you will be travelling on at the time of booking. We endeavour to purchase your permit within four days of receiving all necessary information and relevant payment.

Very important: Since permits are non-changeable and non-refundable, please consult with Intrepid before changing any passport details after booking, as this may result in your permit being invalidated.

If we can't secure Inca Trail permits, you can:

- Change to another one of our fantastic trips or choose a different departure date without incurring any Intrepid penalties.
- Hike the equally incredible Inca Quarry Trail, which includes a day trip to Machu Picchu.
- Stay two nights in Cuzco, then travel to Aguas Calientes by train and spend the day exploring Machu Picchu before returning to Cuzco.

ORIGINAL Combo III Trips

The possibilities are endless in South America, so why not combine adventures and get the most out of this incredible continent. Our combination trips offer something for everyone.

TURN THESE TRIPS...







GGSW

Brazil & Argentina Adventure 10 days, see page 31

Classic Peru 9 days, see page 24

Cafe Colombia 9 days, see page 36

Explore Colombia 12 days, see page 36

The Inca Trail 9 days, see page 18

Isla Baltra Isla Santa Cruz Isla Isabela Isla San Cristobal **Isla Floreana** THE GALAPAGOS ISLANDS

...INTO A COMBO TRIP

GGSAC	Ultimate Peru, Argentina & Brazil 30 days, Lima to Rio. See page 28
GGSGC	Explore Peru, Argentina & Brazil 18 days, Lima to Rio. See page 27
GGSDC	Best of Peru & Galapagos 18 days, Lima to Quito. Enter GGSDC on our website
GGSUC	Explore Peru & Bolivia 25 days, Lima to La Paz. See page 26
GGSYC	Galapagos & Peru Adventure 24 days, Quito to La Paz. See page 49
GGSFC	Peru & Galapagos Explorer 30 days, Lima to Quito. Enter GGSFC on our website
GGTWC	Inca Trail 17 days, Quito to Cuzco. See page 50
GGSSC	Best of Colombia 19 days, Bogota to Bogota. See page 37



12 ORIGINAL Combo Maps





TURN THESE TRIPS...



Ecuador on a Shoestring



8 days, see page 24

Essential Peru 21 days, see page 22



Discover Bolivia & Argentina 20 days, see page 29



Buenos Aires to Rio Unplugged 17 days, see page 30

...INTO A COMBO TRIP



< BACK TO MAIN MENU



TURN THESE TRIPS...



GGKP

Peruvian Pathways 14 days, see page 23

15 days, see page 19

Majestic Peru

GPKG

Best of Chile & Argentina 8 days, see page 33



Best of Argentina & Brazil 7 days, see page 33

...INTO A COMBO TRIP



Peru, Chile & Argentina Explorer 21 days, Lima to Buenos Aires Enter GGCLC

Highlights of South America 27 days, Lima to Rio de Janeiro Enter GGCRC



Chile, Argentina & Brazil 14 days, Santiago to Rio de Janeiro See page 32

Best of Peru, Argentina & Brazil 21 days, Puno to Rio de Janeiro Enter **GGKPC**



Inca Trail Express 7 DAYS, CUZCO TO CUZCO



Inca Trail, Peru - Alison Kincaid

This trip allows you to choose how you want to approach Machu Picchu. Hike the Inca Trail, the Quarry Trail, or relax and take the train.

You'll have plenty of free time to explore the greatest icon of ancient South America, Machu Picchu. Take a guided tour and wander around at your own pace.

The Sacred Valley is known for its steep and soaring scenery, and for its mystical significance to the Inca and the indigenous cultures that still reside here.

Day 1 Cuzco Get acquainted with this charming city's intriguing blend of Inca and Spanish cultures on a guided walking tour of its lesser-known sights. This is a city steeped in history, tradition and legend, and is a perfect base for explorations into the Inca world or to enjoy a range of outdoor activities. Don't miss the opportunity to sample mate de coca (coca tea). Day 2 Sacred Valley/Ollantaytambo Travel through the lush Sacred Valley, looking out for the maize crops covering the terraces that stretch high up the valley walls. Stop in at a local community to learn about their traditional lifestyle and maybe wrap your tongue around a few words of the Quechua language. Spend the night exploring the town of Ollantaytambo - a magnificent example of Inca urban planning. Days 3-6 Inca Trail/ Machu Picchu/Cuzco Set off along the Classic Inca Trail or less well-known, though equally impressive,

Inca Quarry Trail. Whichever route you opt for, you'll be following ancient paths through dense cloud forest, past crumbling Inca ruins and archaeological sites, and over challenging mountain peaks. On the final morning, climb the steps to Intipunku, the 'Sun Gate', and watch incredible Machu Picchu appear through the mist. Built sometime in the 15th century and rediscovered in 1911, these amazing ruins were thought to be an estate for the Inca emperor, Pachacuti. Spend a free afternoon either day uncovering the mysteries of these amazing Inca ruins or simply relaxing in Aguas Calientes. Day 7 Cuzco Still seeking adventure? Why not head to the Urubamba River for some mountain biking thrills. Those with weary legs and a hearty appetite can choose to have lunch at the Aldea Yanapay Restaurant and Cafe, a delicious initiative that provides Cuzco's underprivileged kids with health and education.





Sacred Land of the Incas

15 DAYS, LIMA TO LA PAZ

Wander along jungle trails on the lookout for monkeys, parrots, otters and caymans, and sleep in a nature lodge lit by candles and kerosene lamps.

If trekking's not your thing, simply take a train to Machu Picchu instead – a great excuse to stay longer in lovely Cuzco.

The floating reed islands of Uros on Lake Titicaca are a marvel of concept, construction and history. Take a boat tour on the world's highest navigable lake.

Day 1 Lima Arrive in Peru's sprawling capital, Lima, and unravel its fascinating history on a walking tour around the city's major sights. Days 2-3 Amazon Jungle Fly to the frontier town of Puerto Maldonado and travel by canoe into the dense Amazon Jungle. Macaws, monkeys, peccaries, jabirus, otters and thousands of butterflies all coexist in this amazing ecosystem. Learn about the medicinal properties and practical uses of native plants from a local guide. Day 4 Cuzco If Lima is Peru's head, Cuzco is definitely the country's heart. A town perfectly suited to exploration by foot, discover the central plaza's ornate colonial churches and then head for the impressive Inca ruins dotting the city's outskirts. Day 5 Sacred Valley/Ollantaytambo Travel by private bus through the lush terraces of the Sacred Valley, stopping en route at a local village to gain an insight into traditional Inca culture. Meet friendly locals

on a community visit before spending the night in the ancient town of Ollantaytambo - one of the few places where the Incas defeated the Spanish. Days 6-9 Inca Trail/Machu Picchu Embark on a four-day trek along the iconic Inca Trail. Take in the astounding panoramas while on high plateaux, hike through dense forests and stop to observe the crumbling ruins of ancient villages and temples. Take some time to explore awe-inspiring Machu Picchu. Day 10 Cuzco Get reacquainted with Cuzco. Days 11-13 Puno/Lake Titicaca On the border of Bolivia and Peru, mystical Lake Titicaca is nestled 3,800-metresabove sea level, making it the world's highest navigable lake. Cruise to the incredible floating Uros Islands, constructed entirely from reeds, and sail to Taquile Island, where the community's men craft handmade woollens. Days 14-15 La Paz Travel to Bolivia's capital – don't miss the quirky Witches' Market.



A BACK TO MAIN MENU

TOP TRIP





Inca Trail, Peru- Rowan Water

9 DAYS, LIMA TO CUZCO

Lima's grand colonial facades, Spanish houses and endless culture make it one of the prettiest cities in Latin America to explore.

The Inca Trail is one of the best ways to approach Machu Picchu. Along the way you'll see multiple Inca sites and beautiful landscapes.

Cuzco, South America's oldest continuously inhabited city, has an interesting blend of Inca and colonial influences and endless things to do and see.

Days 1-2 Lima Perhaps stroll along Plaza Mayor in the heart of Lima's historic centre. If arriving early, why not visit the Museo de la Inquisicion for an insight into the Spanish Inquisition. Or head to the fascinating catacombs of Monasterio de San Francisco, where beautiful, intricate and eerie displays of human bones make for quite a memorable sight. When the sun sets, perhaps search out some of Peru's culinary specialities in the eclectic suburb of Miraflores. Day 3 Cuzco Discover the historical sights of Cuzco on a guided walking tour. You'll be taken to the Plaza de Armas and the lavish cathedral. Learn about the country's famed coca tea in the city's Coca Museum or wander around the colourful stalls of the central market. Day 4 Sacred Valley/ Ollantaytambo Drive on through the ever-changing landscapes and Quechua-speaking villages of the Sacred Valley to the small town of Ollantaytambo. Perhaps sign

up for a guided tour of this ancient Inca stronghold's cliff-hewn fortresses or scout the street stalls for warm woollens. Days 5-8 Inca Trail/Machu Picchu/Cuzco Set out on the Inca Trail, which was once a trade highway of the ancient Peruvian empire. Enjoy views of the snow-capped mountain of Cordillera Vilcabamba before descending to the ruins of Sayacmarca. Climb over challenging mountain peaks - including the 4,198-metre-high Warmiwanusca (Dead Woman's Pass) - and camp out in the evening amid stunning mountain vistas. Ascend the steps to the Sun Gate and watch Machu Picchu appear below. It's well worth stopping here to take it all in before descending to the ruins and spending the rest of the day uncovering the myths and mysteries of this amazing site. Day 9 Cuzco Perhaps check out the markets or rest your weary legs in one of the many cafes in town.

CLima PERU finca Trail Aguas Calientes Sacred Valley Machu Picchu Cuzeo Inca Trail or non-hiking option available
STYLE ORIGINAL
TRIP CODE GGTBC
Maximum group size 16
Hotel (5 nts), camping with basic facilities (3 nts)
7 Breakfasts, 5 Lunches, 4 Dinners
Plane, private vehicle, train
HIGHLY RATED



Majestic Peru

15 DAYS, LIMA TO LIMA

The giant desert inscriptions of the Nazca Lines are one of Peru's great unsolved mysteries. The best angle to behold them from is above on an optional flight.

A trip through Peru wouldn't be complete without a visit to the Sacred Valley and Machu Picchu. Enjoy a guided tour around the ruins as well as plenty of free time.

Spend a full day exploring the floating islands of Lake Titicaca and Taquile Island, with the chance to meet the local Uru people.

Day 1 Lima Arrive in Lima, Peru's elegant coastal capital. Uncover the treasures of this intriguing city on a guided walking tour, which starts off from the bustling downtown hub of Plaza Mayor. Day 2 Paracas Watch Peru's landscape stream by on the way to beautiful Paracas. Wildlife enthusiasts can spend an afternoon scanning the waters and skies of the Paracas National Reserve. Home to sea lions and dolphins, it also boasts one of the world's highest concentration of marine birds. Day 3 Nazca Sample Peru's tipple of choice straight from the source at a Pisco distillery before a boating expedition around the wild Ballestas Islands. Visit Nazca's mysterious earth etchings or view them from the air - the best way to see them. Days 4-5 Arequipa Explore the 'White City' of Arequipa - a dazzling city constructed largely from the region's pale volcanic rock. Days 6-7 Puno/Lake Titicaca Learn about pre-Inca burial rites at the funerary towers

of Sillustani en route to Puno. Visit the floating reed islands of the Uros people on a boat tour of Lake Titicaca. Browse handmade crafts on Taquile Island, famous for its knitted goods, that custom dictates can only be made by men. Days 8-9 Cuzco Join the throngs at the San Pedro market, drop into the Coca Museum or take a stroll out to the stone ruins dotting the outskirts of this lively city. Day 10 Sacred Valley/Ollantaytambo Meet the locals of the Sacred Valley on a community visit and learn about their lifestyle and customs. Admire the perfectly geometric Ollantaytambo ruins. Day 11 Aguas Calientes Soak up the laidback atmosphere of Aguas Calientes in preparation for visiting Machu Picchu. Days 12-13 Machu Picchu/Cuzco Enjoy a guided walk through the 'Lost City of the Incas', learning the history of ancient Machu Picchu and marvelling at its structure and setting. Days 14-15 Lima Return to Lima for a final night.



SACK TO MAIN MENU



Supporting Community-Based Tourism

We've partnered with the rural communities of the Sacred Valley to provide travellers with an authentic insight into the lives of indigenous locals. Share lunch with the tribe and participate in various workshops, including ceramics and chicha (corn beer) brewing. Our visits to these communities help locals improve homes, educate children and provide for families.

For more info head to the to the the to the total term of term



Inca Trail & Amazon



12 DAYS, LIMA TO LIMA

There's no better place to fuel up for an Inca Trail trek than Lima, home to a booming food scene full of delicious specialties like ceviche and chicharron.

Spend time with a community near Ollantaytambo and have a go at the Quechua language over a bite of the local cuisine for lunch.

Explore the dark depths of the mysterious Amazon Jungle at night, looking out for caimans, parrots and peccaries with an expert local naturalist.

Days 1 Lima Get acquainted with Peruvian culture in lively Lima, perhaps with a group welcome dinner in the capital's eclectic Miraflores district. When the sun goes down, why not search out some of Peru's intriguing local dishes before mixing it with the locals in one of the many buzzing bars. Day 2 Cuzco Discover some of Cuzco's lesser-known sights on a guided walking tour. Wander out to the Inca ruins lining the city's outskirts, browse the handicraft markets or pop into the Regional History Museum for the lowdown on local lore and legends. Day 3 Sacred Valley/Ollantaytambo Learn about the Sacred Valley's traditional lifestyles and spend the night exploring the town of Ollantaytambo. Days 4-7 Inca Trail/Machu Picchu/Cuzco Tackle the Inca Trail, the onetime trade route of the ancient Peruvian empire. Trek through mystical cloud forests and up steep mountain slopes - including the 4,198-metre-high Warmiwanusca

(Dead Woman's Pass) - and spend evenings camped under the stars. Uncover the mystery of these amazing Inca ruins on a guided tour before returning to Cuzco. Days 8 Cuzco Take on one of the many optional activities available in Cuzco or lunch at the Aldea Yanapay Restaurant and Cafe, an initiative that supports Cuzco's underprivileged kids. Days 9-10 Amazon Jungle Fly to Puerto Maldonado. Travel upriver by motorised canoe to an eco-friendly jungle lodge. Learn about the practical uses and medicinal properties of the endemic fauna on a guided nature walk with a local guide. Keep eyes peeled for monkeys, macaws, otters and any number of other animals, then fall asleep to the rustle of the jungle's nocturnal creatures setting out on their nightly escapades. Days 11-12 Lima Leave the Amazon behind and return to Puerto Maldonado, where a flight will take the group back to Lima.





Peru Encompassed



21 DAYS, LIMA TO LIMA

Seeing the enigmatic Nazca Lines is an incredible experience. Whether they're the work of ancient civilizations or something more supernatural, you decide.

The Colca Canyon is twice as deep as the Grand Canyon. Witness the dizzying scenery, soaring condors and the terraced crops of the locals.

The Amazon Jungle is known as the world's lungs. Get a glimpse into a wild place with some of the largest biodiversity on Earth.

Day 1 Lima Dive into the sights and delights of Lima and let this Peruvian adventure begin. Day 2 Pisco Set out on a guided tour of downtown Lima before heading to Pisco, the birthplace of Peru's much-acclaimed national libation. Day 3 Nazca A haven for birdlife, wildlife enthusiasts can opt to visit the Paracas National Reserve for a chance to spot pelicans, red-footed boobies and flamingos. Perhaps choose to fly over the mysterious Nazca Lines. Discover the eerie desert graveyard of Chauchilla, where skeletons lie exposed in the desert sands. Days 4-5 Arequipa Situated at the foot of imposing volcano El Misti and replete with colonial architecture, Arequipa's charm quickly becomes evident. Days 6-7 Chivay/Colca Canyon Gaze in awe at the depth of the Colca Canyon while keeping an eye out for resident Andean condors, one of the world's largest flying birds. Days 8-10 Puno/Lake Titicaca Cross the

Andes to explore the vast expanse of Lake Titicaca, the highest navigable lake in the world. Visit the floating islands and learn about local culture during a homestay with a family. Days 11-12 Cuzco Discover Inca ruins and baroque churches in the continent's oldest city, Cuzco. Days 13-16 Inca Trail/Machu Picchu Embark on the trek of a lifetime through dense forest and high plateaux, up the steps of the Sun Gate to the breathtaking sight of Machu Picchu. Take a guided tour and learn about these fascinating ruins and their ancient history. Day 17 Cuzco Shop for quirky souvenirs at local markets, hit the hills on a mountain bike, or simply rest those weary legs at a cafe around the Plaza de Armas. Days 18-19 Amazon Jungle Fly to Puerto Maldonado, before travelling by canoe into the Amazon to stay in an eco-friendly lodge. Days 20-21 Lima Return to Lima for a final night in this cosmopolitan capital city, then bid adios to mystical Peru.





LIMA NIGHT BITES & SIGHTS

There's more to Lima than plazas and pisco sours. This is a city with a bohemian vibe, killer street food scene, and non-stop nightlife. Get a history lessong along with your cocktail as you explore the soul of the city and discover Lima's oldest bars and best food stalls.

For more info head to **urbanadventures.com**



Real Food Adventure – Peru

9 DAYS, LIMA TO CUZCO

Discover the breadth of Peruvian cuisine with all its rich and colourful history, from ancient Incan traditions to the world-class Lima street food scene.

Learn the secrets of ceviche, make your own pisco sour, and taste the magic of 'pachamanca' cooking – a feast cooked beneath the earth.

Days 1-2 Lima Start the adventure with a cooking class near Lima's fish markets. Later, go on a street food tour through downtown, finishing up with a Pisco sour in the Barranco district. Days 3-4 Cuzco Take a walk around San Pedro Market, which sells over 300 types of locally grown potatoes. A workshop at the chocolate museum is a sweet way to see the day out. Day 5 Sacred Valley Sample freshly made empanadas at Pisac before stopping for lunch at a Chichubamba community – this is also your opportunity to try traditional cuy (roasted guinea pig). Day 6 Aguas Calientes Pick up some Andean cooking tips in a hands-on class. Day 7 Machu Picchu Set out for one of the highlights of travelling to Peru – a morning viewing of magnificent Machu Picchu. Days 8-9 Sacred Valley/Cuzco Drive back to Cuzco via the Maras salt flats. Finish this food adventure with a pachamanca feast, where marinated meats and vegetables are slow-roasted beneath the earth.

VIEW DATES AND PRICES



Essential Peru

21 DAYS, LIMA TO LA PAZ

Combining history with happening and old-world charm with cosmopolitan sprawl, Lima is one of South America's most dashing cities.

Wake early and observe Andean condors taking to the sky during their morning routine as the sun rises in the spectacular Colca Canyon.

Days 1-2 Lima Take in the city's sights on a guided walking tour of downtown, perhaps seeking out the best ceviche. Day 3 Paracas/Pisco Home to penguins, pelicans, sea lions and more, the Ballestas Islands is recommended for any fans of fin and feather. Day 4 Nazca Choose to see mysterious etchings from the sky on a light plane flight. Days 5-8 Arequipa/Colca Canyon Admire the graceful architecture of Arequipa and visit the Colca Canyon. Days 9-10 Cuzco Take a guided orientation walk through Cuzco's winding laneways. Day 11 Sacred Valley/Ollantaytambo Visit a local community in the Sacred Valley before spending the night in fascinating Ollantaytambo. Days 12-15 Inca Trail Prepare for four days of magnificent hiking along the famed Inca Trail. Day 16 Cuzco Return to Cuzco. Days 17-19 Puno/Lake Titicaca Take a boat tour on Lake Titicaca and visit the floating reed island homes of the Uros people. Days 20-21 La Paz Wander the steep streets of La Paz and discover artisan stalls, markets and delicious eateries.









Peruvian Pathways

14 DAYS, LIMA TO LIMA

In the early hours of the morning, soak up a sublime sunrise from the gates of Machu Picchu and take a guided tour of the ruins.

Peru is a world-class culinary destination. Feast on the nation's favourite dish of ceviche in gastronomic Lima and sip on a pisco sour in Paracas.

Day 1 Lima Take a guided walk of Lima and sample a pisco sour. Days 2-3 Amazon Jungle Fly into Puerto Maldonado, Peru's premier Amazon outpost town. Learn about the jungle's intricate ecosystem and wildlife on a nature walk with a well-versed local guide. Day 4 Cuzco Lovely to walk around, Cuzco is rich in history and awash with charm. Day 5 Sacred Valley/Ollantaytambo Journey through the lush, picturesque landscape of the Sacred Valley and choose to scale Ollantaytambo's imposing cliff fortress. Days 6-8 Cuzco/Inca Trail Check out the archaeological sites of Qenqo, Tambomachay and Sacsayhuaman on the Quarry Trail, hike the mighty Inca Trail, or rest your legs and take the train instead. Days 9-10 Machu Picchu/Cuzco Enjoy a guided tour of Machu Picchu and return to Cuzco for more sightseeing. Days 11-12 Puno/Lake Titicaca Take a cruise around Lake Titicaca. Days 13-14 Lima End this adventure back by the sea in Lima.

VIEW DATES AND PRICES

Inca Encounter



10 DAYS, LIMA TO CUZCO

Descend into the vast catacombs beneath Lima on an underground tour. This is a side of Peru's capital not many people have seen.

Marvel at ancient Incan architecture throughout the fertile Sacred Valley, before discovering the mother of all Incan cities, Machu Picchu.

Day 1 Lima Welcome to Peru! Head out on a guided orientation walk of Lima. Days 2-3 Amazon Jungle Fly to Puerto Maldonado. Learn about the jungle's amazing biodiversity on a nature walk with an expert local guide. Day 4 Cuzco Get to know Cuzco with a stroll around the city centre. A melting pot of Spanish and Inca influences, the city is full of history. Day 5 Sacred Valley/Ollantaytambo Travel to the fertile landscape of the Sacred Valley, keeping an eye out for villagers dressed in traditional colourful clothes. Be treated to lunch prepared by a local community and stay overnight in the ancient Inca town of Ollantaytambo. Days 6-7 Cuzco/Inca Trail Check out charming Cuzco or choose to hike the incredible Inca Trail. Day 8 Aguas Calientes Arrive at the ambient mountain village of Aguas Calientes after a scenic train ride. Days 9-10 Machu Picchu/Cuzco Enjoy a guided tour of Machu Picchu. Then return to Cuzco and say farewell to this awesome Inca Encounter.







Ecuador on a Shoestring 8 DAYS, OUITO TO OUITO

DEPARTURE

Staying at a remote rainforest lodge in the depths of the Amazon is a once-in-a-lifetime experience that is truly off the beaten track.

Get active in the adventurous town of Banos. Sitting at the foot of a volcano, this is the place for hiking, cycling or simply soaking in hot springs.

Day 1 Quito Delve into the colourful cityscape of Ecuador's capital, Quito. Head for Calle La Ronda to get a feel for the country's colonial past, stroll through market stalls or pick a plaza cafe to watch local life unfurl. Days 2-3 Amazon Jungle Travel by boat into the Amazon and meet locals during a stay in the rainforest. Try to spot endemic animal and insect life during a guided tour into the depths of the jungle and learn about the people who make their home here. Days 4-5 Banos Go on a hike in the hills or perhaps visit the awesome waterfall known as the 'Devil's Cauldron'. Then soak those weary bones in the town's hot springs and check out some traditional Ecuadorian music at an atmospheric local bar. Days 6-8 Quito/Otavalo Market Return to Quito before a jaunt out to the famous Otavalo Market. Although relatively small in size, this is one of the most enthralling traditional markets in all of the Americas, and it's a great place to stock up on gorgeous artisan souvenirs.

VIEW DATES AND PRICES

Classic Peru

9 DAYS, LIMA TO LIMA

Discover the breadth of Peru's diverse heritage, from the gorgeous Spanish colonial architecture of Lima to the Aymara and Quechuan Indian cultures of Puno.

Enjoy plenty of time in gorgeous Cuzco, the perfect place to launch into further outdoor adventures, or simply relax and take in mountain views.

Day 1 Lima Pop into one of Lima's museums or sample some typical Peruvian fare at one of the well-heeled local eateries. Day 2 Cuzco Catch a morning flight to Cuzco and get acquainted with its blend of Inca and Spanish cultures. Day 3 Sacred Valley/Aguas Calientes Travel through the lush Sacred Valley, which was once a primary Inca food source, and spend the night in Ollantaytambo, an Inca town designed and constructed to staggering geometric precision. Day 4 Machu Picchu/Cuzco Spend the day at Machu Picchu – Peru's veritable jaw-dropper. Explore the iconic ruins with a local guide, taking advantage of the awesome photo opportunities. Day 5 Cuzco Soak up more of Cuzco's sights. Days 6-7 Puno/Lake Titicaca Spend the night in Puno before setting off to sail the waters of Lake Titicaca. Visit the intriguing floating islands of Uros, fashioned entirely from totora reeds. Days 8-9 Lima Return to Puno for a flight back to Lima, where this adventure comes to a close.







Best of Ecuador & Peru



28 DAYS, QUITO TO LA PAZ

Set into the foothills of the Pichincha Volcano, Quito is one of the most attractive cities in South America and a great place to kick of your adventure.

Hike through the Amazon rainforest and sample fruit, chocolate and if you're brave enough, tree worms in a local indigenous farming community.

Peer into the Witches' Market in La Paz and witness a world of unique traditions, remedial herbs and curative concoctions.

Day 1 Quito Enjoy Ecuador's colourful capital. Days 2-3 Amazon Jungle Head into the Amazon. Take a canoe trip down the river and a hike through the jungle. Days 4-5 Banos Travel on to Banos, an excellent base for exploring the great outdoors of Ecuador. Days 6-7 Quito/Otavalo Market Start the morning exploring the Otavalo Markets, a great spot to shop for artisan goods. Days 8-9 Lima Travel from Quito to Lima. Enjoy a walking tour and explore the historic centre of this cliff-top city. Day 10 Paracas Take a local bus to Paracas, the gateway to the Ballestas Islands and home of the Pisco sour. Day 11 Nazca In the morning, perhaps pay a visit to the Ballestas Islands before heading to Nazca. Choose to fly over the Nazca Lines, enormous designs etched into the desert on high, dry plateaux. Days 12-16 Areguipa/Colca Canyon Perhaps get an insight into the surprising extravagances of convent

life during a tour of the Monasterio de Santa Catalina, then watch for llamas, alpacas and vicunas on the drive to Chivay. Descend into the Colca Canyon for a short trek that's rewarded with the option of a soak in some thermal baths. Day 17 Cuzco Arrive in Cuzco and take an orientation walk downtown. Visit Inca ruins and the many Baroque churches in the city. Day 18 Sacred Valley/Ollantaytambo Travel through the Sacred Valley today and visit a local community. Days 19-22 Inca Trail/ Machu Picchu Spend the next four days testing your limits and viewing incredible scenery while trekking the famous Inca Trail. Day 23 Cuzco Relax and explore Cuzco's charming streets. Days 24-26 Puno/Lake Titicaca Head to Lake Titicaca and tour the lake, stopping off to visit the floating islands. Enjoy a homestay and learn about village life. Days 27-28 La Paz Explore La Paz's markets and squares, then bid farewell.



Explore Peru & Bolivia



25 DAYS, LIMA TO LA PAZ

See the sun rise over magnificent Machu Picchu. This Inca archaeological complex is one of the world's greatest sights, let alone South America's.

Discover underground history in Potosi. Famed for its wealth of silver, it was once one of the richest cities in the world, and is still one of the highest.

4x4 through the surreal landscapes of the Salar de Uyuni, Bolivia's sprawling salt flats, where the laws of physics seem to not apply.

Day 1 Lima Arrive in Peru's sprawling capital, Lima, and unravel its fascinating history on a walking tour around the city's major sights. Days 2-3 Amazon Jungle Fly to the frontier town of Puerto Maldonado and travel by canoe into the dense Amazon Jungle. Explore the world's largest jungle, keeping an eye out for macaws, monkeys and other local residents. Day 4 Cuzco A town perfectly suited to exploration by foot, discover the central plaza's ornate colonial churches and then head for the impressive Inca ruins dotting the city's outskirts. Day 5 Sacred Valley/Ollantaytambo Travel by private bus through the lush terraces of the Sacred Valley, stopping en route at a local village to gain an insight into traditional Inca culture. Meet friendly locals on a community visit before spending the night in the ancient town of Ollantaytambo. Days 6-9 Inca Trail/Machu Picchu Accompanied by porters, cooks and a local guide, embark on a four-day trek along the iconic Inca Trail. Take in the astounding panoramas on offer along the high plateaux, hike through dense forests and stop to observe the crumbling ruins of the ancient villages and temples. Day 10 Cuzco Get reacquainted with Cuzco. Days 11-13 Puno/Lake Titicaca Visit the floating reed islands of the Uros and enjoy local hospitality on a family homestay. Days 14-15 La Paz Acclimatise to the clear mountain air of lofty La Paz. Days 16-19 Uyuni/Salar de Uyuni Marvel at an otherworldly landscape that knows no horizon. View red lakes dotted with pink flamingos and houses that are made totally out of salt. Day 20 Potosi Learn about Potosi's history of silver mining in this fascinating city. Days 21-23 Sucre Wander Sucre's colonial buildings and quaint plazas. Days 24-25 La Paz Finish the adventure in La Paz with a group dinner of authentic Bolivian cuisine.

Ollantaytambo Kinca Trail Machu Picchu PERU Puno Lake Titicaca PERU Puno Lake Titicaca BOLIVIA Sucre Potosi Uyuni Satar de Tyuni
STYLE ORIGINAL
TRIP CODE GGSUC
PHYSICAL Hike
 Maximum group size 12 Hotel (16 nts), camping with basic facilities (3 nts), jungle lodge (2 nts), homestay (1 nt), dormitory (2 nts) 24 Breakfasts, 9 Lunches, 8 Dinners Plane, private vehicle, taxi, public bus, canoe, boat, 4x4
VIEW DATES AND PRICES

Howler Monkey, Brazil

Explore Peru, Argentina & Brazil

18 DAYS, LIMA TO RIO DE JANEIRO

CARBON OFFSET

Experience an incredible day among the ruins of Machu Picchu. Learn about the Inca citadel's history on a guided tour and then wander the site at your own pace.

Explore the lush landscapes of the Ibera Wetlands in search of otters, howler monkeys and a vast array of colourful birds.

With included visits to Iguazu Falls from both the Argentinian and Brazilian sides, you'll get the most out of this jaw-dropping natural wonder.

Day 1 Lima Welcome to Peru's sprawling capital. Unravel its history on a walking tour around the city's major sights. Day 2 Cuzco Fly to Cuzco and take a slow stroll around the Inca-built walls lining the cobblestone streets, or head to the central plaza and be immersed in local life. Day 3 Aguas Calientes Nestled in the cloud forests at the foot of Machu Picchu is Aguas Calientes, perhaps take a dip in the town's renowned hot springs. Days 4-5 Cuzco Rise early and spend a day at Machu Picchu - Peru's jaw-dropping Incan citadel. Explore the iconic ruins with a local guide, taking advantage of the awesome photo opportunities. Travel back to Cuzco for another two nights in this beguiling city. Days 6-7 Puno/Lake Titicaca Cruise the world's highest navigable lake and see the floating Uros Islands, which were constructed by hand entirely from reeds. Be welcomed into the home of a friendly local family for

an overnight stay. Participate in a lively game of soccer or pick up some quality knitted goods. Day 8 Lima Get reacquainted with Peru's cosmopolitan capital city. Days 9-10 Buenos Aires A blend of European chic and Latin heat make this city a truly seductive place. Wander its funky neighbourhoods and discover colonial architecture, outdoor markets and delicious local cuisine. Days 11-12 Ituzaingo/Ibera Wetlands Cruise around the world's second largest wetlands, spotting capybara, howler monkeys and incredible birdlife. Days 13-15 Iguazu Falls Explore the lush forests and roaring falls of Iguazu. Visit a Guarani community for the rare opportunity to meet the local indigenous people. Days16-18 Rio de Janeiro Travel to Brazil's festive heart. Soak up the beauty of Guanabara Bay and its white-sand shores from the top of Corcovado. Tour a local project in a Leme favela.







Ultimate Peru, Argentina & Brazil

Iguazu Falls, Argentina

30 DAYS, LIMA TO RIO DE JANEIRO

Explore Cuzco, the cultural heart of Peru. The city has an interesting blend of Inca and colonial influences and is a dream to explore on foot.

From the depths of the Amazon Jungle to the thundering cascades of Iguazu, this trip covers an incredible spread of South America's natural wonders.

There's no better place to wind up than on the white shores of Rio's beaches. Soak up the surf and sun, climb Corcovado and visit a local favela project.

Day 1 Lima Dive into the sights and delights of Lima. Day 2 Pisco Set out on a guided tour of downtown Lima before heading to Pisco, the birthplace of Peru's much-acclaimed national libation. Day 3 Nazca A haven for birdlife, wildlife enthusiasts can opt to visit the Paracas National Reserve for a chance to spot pelicans, red-footed boobies and flamingos. Discover the eerie desert graveyard of Chauchilla. Days 4-5 Arequipa Found at the foot of volcano El Misti, Arequipa is a charming spot. Days 6-7 Chivay/Colca Canyon Gaze in awe at the depth of the Colca Canyon and look out for resident Andean condors. Days 8-10 Puno/Lake Titicaca Cross the Andes to explore the vast expanse of Lake Titicaca, the highest navigable lake in the world. Visit the floating islands and stay with a local family. Days 11-12 Cuzco Discover Inca ruins and baroque churches in the continent's oldest

city. Days 13-16 Inca Trail/Machu Picchu Embark on the trek of a lifetime to Machu Picchu and explore the ruins. Day 17 Cuzco Rest those weary legs back in Cuzco. Days 18-19 Amazon Jungle Fly to Puerto Maldonado. Take a canoe down the Amazon to stav in an eco-friendly lodge. Day 20 Lima Bid adios to mystical Peru. Days 21-22 Buenos Aires Dive into vivacious BA. Days 23-24 Ituzaingo/Ibera Wetlands Cruise around the world's second largest wetlands, spotting capybara, howler monkeys and plenty of birdlife. Days 25-27 Iguazu Falls Explore the lush forests and roaring falls of Iguazu. Visit a Guarani community for the rare opportunity to meet the local indigenous people. Days 28-30 Rio de Janeiro Travel to Brazil's festive heart. Soak up the beauty of Guanabara Bay and its white-sand shores from the top of Corcovado. Tour a local project in a Leme favela.





FOOD WITH ALTITUDE

Neighbouring Peru might be the popular kid when it comes to South American cuisine, but this La Paz food tour is out to put Bolivia in the spotlight. Taste fresh organic fruits, fish dishes right from Lake Tititcaca, tasty snacks you've never heard of, and even make a stop at a Bolivian chocolate factory. Ready, set, eat!

URBAN

For more info head to urbanadventures.com





Bolivia Highlights

12 DAYS, LA PAZ TO LA PAZ

Empty, haunting and spectacular, the laws of earthly physics bend on the surreal Salar de Uyuni saltpan.

Discover the heart of Bolivia in the elegant colonial architecture and immaculately landscaped gardens of historical Sucre.

Days 1-2 La Paz Acclimatise to the clear mountain air of lofty La Paz – one of the world's highest cities – exploring the myriad alleys and street stalls of this sprawling crater turned city. Days 3-6 Uyuni/Salar de Uyuni Discover the strange and stunning landscapes of the Salar de Uyuni by 4x4. Continue on to Laguna Colorada, a shallow salt lake of magnificent red hues dotted by bright pink flamingos. Day 7 Potosi The loveliness of Potosi is mirrored by the harshness of its mines and history. Days 8-10 Sucre Travel to Sucre and wander the whitewashed colonial buildings and quaint city plazas of Bolivia's capital. Days 11-12 La Paz Return to La Paz by plane. Use free time to get to know a different side of the city at the Mercado de Hechiceria (Witches' Market), a place brimming with unusual trinkets and curious sights. Locals visit here for herbs, folk remedies and fortune-telling services. Keep an eye out for yatiri (witch doctors).

VIEW DATES AND PRICES

Discover Bolivia & Argentina

20 DAYS, LA PAZ TO BUENOS AIRES



From diverse landscapes to deep-rooted cultures and contrasting destinations, this trip covers a lot of ground across South America in a relatively short period of time.

Enjoy easy access to local cellar doors while staying the heart of Argentina's most famous wine region, Mendoza.

Days 1-2 La Paz Look for magic potions in the Witches' Market or head to the Coca Museum to learn about the plant that is still an essential part of life in Bolivia. Days 3-4 Sucre Compare footprints with those of a dinosaur at Cal Orck'o or head to Recoleta, an old convent at the top of a hill. Days 5-6 Potosi Learn about the bleak past of what was once the world's richest city. Days 7-9 Uyuni/Salar de Uyuni See the gleaming salt flats and multicoloured lakes of the surreal Salar de Uyuni. Days 10-11 San Pedro de Atacama Travel to San Pedro de Atacama in Chile. Located in the Atacama Desert, this oasis town has low-lying adobe buildings lining narrow streets. Days 12-14 Salta Delve into the pre-Columbian and colonial history of one of Argentina's most splendid towns. Days 15-16 Mendoza Visit bountiful vineyards and lock lips with some Malbec, Mendoza's premier wine. Days 17-20 Buenos Aires Fly to the elegant city of Buenos Aires and enjoy time in colourful neighbourhoods and tango bars.

CHILE ARGENTINA CHILE CHILE Wendoza C Buenos Aires Mendoza PHYSICAL BASIX TRIP CODE GGRJ PHYSICAL Image: Comparison of the second se

Plane, overnight bus, local bus, 4x4

BOIN

La Paz

Salar de Uyuni San Pedro

de Atacama



Buenos Aires to Rio Unplugged

17 DAYS, BUENOS AIRES TO RIO DE JANEIRO

Whether it's working with livestock or simply relaxing on the ranch, experience a unique way of life on a Uruguayan estancia.

Step back in time in the traffic-free streets of colonial Paraty, where the jungle meets the sea, and relaxation meets adventure.

If it weren't for the ruins of an old prison, you'd never imagine that Ilha Grande has such a treacherous history of piracy, disease and criminality.

Gaucho Farm, Urugiay

Day 1 Buenos Aires Explore the diverse, though invariably colourful, barrios (neighbourhoods) of Buenos Aires, such as lively La Boca, funky Palermo or bohemian San Telmo. Day 2 Colonia Hop aboard a ferry across the tea-coloured Rio de la Plata to the Uruguayan port town of Colonia. Wander the town's quaint narrow streets, dine at a riverside restaurant and admire the homely mix of sandstone architecture at every twist and turn. Dav 3 Montevideo Travel on to Uruguav's vibrant beachside capital, Montevideo. Hit the attractive beaches, park your posterior at one of the pretty plaza cafes, or feast on sizzling plates of barbecued meats to sizzling sounds of live jazz beats at Mercado del Puerto. Days 4-7 Estancia Stay Sample something of the simpler life on a traditional estancia (ranch). Get a taste of what it's like to be a cowboy by helping the gauchos herd sheep and cattle, or simply kick back and relax.

Enjoy delicious home-cooked meals and learn about this unique culture. Days 8-10 Iguazu Falls Venture out for a visit to Argentina's most breathtaking attraction, the mighty Iguazu Falls. Wider than Victoria Falls, higher than Niagara and covered in swathes of lush jungle, they're a truly awe-inspring spectacle to behold and explore. Days 11-12 Paraty Travel to paradisal Paraty for a spot of Brazilian-style rest and relaxation. Dawdle the wide cobblestone streets or head off along the network of jungle trails in search of waterfalls and wildlife. Days 13-15 Ilha Grande With its tropical beaches and steamy rainforest, Ilha Grande is one of Brazil's most idyllic island getaways. Perhaps hike through the island's rainforests for secluded beaches. Days 16-17 Rio de Janeiro Sprawl on the sands of Copacabana, take an optional hike up Sugarloaf Mountain for stunning bay views, or revel 'til you drop at the local bars of this sensational city.





Argentina & Brazil Adventure

10 DAYS, BUENOS AIRES TO RIO DE JANEIRO

CARBON CARBON

Tour Buenos Aires' best sights, then explore its many corners at your leisure, from the star-studded Recoleta cemetery to the tucked-away milongas (tango halls).

Explore the lush landscapes of the Ibera Wetlands in search of anacondas, otters, howler monkeys and a vast array of colourful birds.

With included visits to Iguazu Falls from both the Argentinian and Brazilian sides, you'll get the most out of this jaw-dropping natural wonder.

Days 1-2 Buenos Aires Dive into the vivacious spirit of Latin life in Buenos Aires, Argentina's stylishly rambunctious capital. A blend of European chic and Latin heat make this city a truly seductive place. Wander its funky neighbourhoods and discover colonial architecture, outdoor markets and delicious local cuisine. At night, dance the tango in a music milonga or indulge in an exquisite dinner of Argentine steak. Brush up on your Spanish and learn a little more about Argentina's independence from Spain on a walking tour. Days 3-4 Ituzaingo/Ibera Wetlands Visit the world's second largest wetlands. Cruise through this fertile area on an animal-spotting safari, looking out for exotic wildlife such as capybara (the oddly noble-looking cousin of guinea pigs), howler monkeys and anacondas. Keep your eyes peeled for swamp deer, herds of rhea (South American emus) or

a cute armadillo waddling by. Days 5-7 Iguazu Falls Taller than Niagara Falls and twice as wide, it's no wonder the mammoth Iguazu Falls are on the World Heritage list. Explore the lush forests and roaring falls of Iguazu. Make friends with the adorable but mischevious coati, a South American racoon, then visit a Guarani community for the rare opportunity to meet some of the region's few remaining indigenous people. Days 8-10 Rio de Janeiro Travel to Brazil's festive heart. Soak up the beauty of Guanabara Bay and its white-sand shores from the top of Corcovado, where the famous Christ Redeemer welcomes you with open arms. Check out the famous Copacabana and Ipanema beaches for a lively dose of the local scene. See a different and inspiring side to Rio with a tour of a local project in a Leme favela, then be sure to taste a caipirinha before this sultry adventure ends.







Rio de Janiero, Brazil

41 8 11

14 DAYS, SANTIAGO TO RIO DE JANEIRO

Wind through the country lanes of the Mendoza wine region – the world's largest producer of Malbec.

Indulge in the cuisine, culture and nightlife of cosmopolitan Buenos Aires. Argentinian produce is some of the best in the world.

Gaze over the dazzling city, mountains and bay of Rio de Janeiro from the foot of the famous Christ the Redeemer statue.

Days 1-2 Santiago This fun, rewarding capital makes for an excellent introduction to South America. Head out on a day tour of the city and let a local show you all its sights and hidden secrets. Days 3-4 Mendoza Take a scenic ride through the Andes to Mendoza. Discover the celebrated local winemaking scene on a vineyard tour and taste the region's signature variety - Malbec. In the evening, perhaps test how refined your palate is by pairing the perfect wine with an authentic Argentinian asado (barbecue-style food). Days 5-6 Estancia Stay Fly to Buenos Aires and transfer to a traditional estancia. Discover gaucho (cowboy) life, such as cattle wrangling and horse riding, or simply relax by the pool. Enjoy a classic Argentine barbecue. Days 7-9 Buenos Aires Get the most out of this city unlike any other on a guided tour. Discover BA's colourful neighbourhoods, vibrant markets, stately architecture and delicious

restaurants. The eclectic array of boutiques are an excellent destination for fashionistas and the bars and restaurants will satisfy even the most refined culinary cravings. Days 10-11 Iguazu Falls Fly to Puerto Iguazu and prepare to be awed by Iguazu Falls. Spend time on both the Argentinian and Brazilian sides of the falls, where cascading waters throw up a mist that makes the tropical flowers, colourful butterflies and rainbows all the more spectacular. For those wanting a different perspective, zip out on a zodiac to the base and witness the pounding deluge from but a few feet away. Pay a visit to one of the last remaining Guarani communities. Days 12-14 Rio de Janeiro Explore the ins and outs of beautiful Rio on a tour with a local guide. Visit Christ the Redeemer and admire the stunning views from atop Corcovado, or get sweaty with the locals in the samba clubs of bohemian Lapa.





TANGO, TANGO, Tango

After some time out in the wilds, why not spruce up and join a real tango dancer for an exploration of Buenos Aires' Milongas to see Argentina's sassiest, sultriest movers dance the night away.

For more info head to urbanadventures.com



CHIEE

Mendoza

Santiago 🔕

Best of Chile & Argentina

UR 1341N

8 DAYS, SANTIAGO TO BUENOS AIRES

Discover the colonial charm, neoclassical plazas and stylish neighbourhoods of Santiago. This city is packed full of history and is a great place to explore on foot.

Take part in the daily routines and duties of a gaucho on a traditional Argentinian estancia, a unique retreat for any traveller.

Days 1-2 Santiago With its picturesque Plaza de Armas, thriving cafe culture, eclectic shops and vibrant nightlife, Santiago is an excellent introduction to South America. Learn about this incredible city on a guided walking tour. Days 3-4 Mendoza Cross over the Andes into Mendoza, Argentina. Learn about Malbec wines and the local winemaking industry on a tour of some nearby wineries, which includes a tasting and a delicious lunch showcasing the best local produce. Enjoy laid-back afternoons in the city's plaza cafes, then, when the sun goes down, head to the lively bars of Aristides Villanueva street. Days 5-6 Estancia Stay Travel out to a traditional Argentinian estancia and learn the skills of a gaucho (cowboy). Go horse riding, work with the cattle, take a cooking class or learn more about the sport of polo. Days 7-8 Buenos Aires Argentina's capital is a top spot to shop, dine and drink. Stroll the streets of unique barrios such as colonial San Telmo or Recoleta, home to many interesting museums and galleries.

VIEW DATES AND PRICES

Best of Argentina & Brazil



7 DAYS, BUENOS AIRES TO RIO DE JANEIRO

Buenos Aires offers an eclectic mix of European, cosmopolitan and Latin flavours. Explore the neighbourhoods of this lively city on a full-day tour with a local guide.

In the heaving metropolis of Rio, everyone's invited to the party. Immerse yourself in Brazilian culture, dance and music.

Days 1-2 Buenos Aires Admire Buenos Aires' classic architecture, discover its famous landmarks and be presented with mouthwatering menu options at every culinary turn. Spend a day with a local guide touring the city, mixing up iconic sights with hidden gems only 'portenos' know about. Whether it's staying up late to dance the tango in a musical milonga or shopping up a storm in elegant boutiques, Buenos Aires is one capital city that leaves travellers spoilt for choice. Days 3-4 Iguazu Falls Discover the jaw-dropping magnitude of Iguazu Falls, where tropical flowers, colourful butterflies and misty rainbows add to the magic of this spectacular destination. Admire the falls from both the Brazilian and the Argentinian sides. Visit a traditional Guarani community. Days 5-7 Rio de Janeiro Be shown the best of flamboyant Rio de Janeiro on a full-day city tour. Visit Christ the Redeemer atop Corcovado, discover the artistic vibe of Santa Teresa and visit the Santa Marta favela for an insight into another side of Rio.

ARGENTINA STYLE COMFORT TRIP CODE GPKG PHYSICAL ●●○○○○ Image: Maximum group size 12 Image: Maximum group size 12 Image: Hotel (5 nts), estancia stay (2 nts) Image: Transform group size 12 Image: Transform group size 12

Buenos Aire

Estancia Stay







Patagonia Wilderness



15 DAYS, BUENOS AIRES TO BUENOS AIRES

Witness Argentina's Perito Moreno Glacier; see and hear the crack of ice as great shards plunge into the water below.

El Chalten, Argentin

Explore the lakes and waterfalls of Torres del Paine National Park – if you can tear your eyes away from the magnificent landscape, look out for guanacos.

Spot wildlife playing in the Beagle Channel, which is named after the ship that carried Darwin and is home to sea lions, the imperial cormorant and more.

Day 1 Buenos Aires Delve into buzzing Buenos Aires on a guided walk. The city's neighbourhoods, each uniquely charming, are well worth exploring. Come evening time, perhaps match a famous Argentine steak with the perfect red wine or hit the all-hours nightlife. Days 2-4 El Chalten Fly to El Calafate and transfer to El Chalten Hike through Glacier National Park and take in the magnificent mountain scenery of Cerro Fitz Roy or Cerro Torre's majestic spire rising out of the misty valley. Days 5-6 El Calafate Return to El Calafate. Located on the shores of Lago Argentino, Perito Moreno is one of the world's few advancing glaciers and one of Argentina's foremost attractions. Days 7-9 Torres del Paine National Park Trek through the dramatic granite pillars, sparkling lakes, stunning glaciers, gushing waterfalls and wild guanaco herds of Chilean Patagonia. Explore the park on a driving tour to get a better perspective on

just how immense this region is. Day 10 Punta Arenas Head further south to Punta Arenas. Once an important stop along the Californian gold rush route, this city resonates with history. Strike gastronomic gold with the local seafood - said to be the finest in Chile. Days 11-13 Ushuaia Cross into Argentina and experience the world's southernmost city, Ushuaia. Cruise down the Beagle Channel and watch the marine wildlife playing along the shores of the small islands. Learn about this region's unique flora and fauna and enjoy a traditional asado at the 'end of the world'. Days 14-15 Buenos Aires Make your way back to the elegant boulevards and exquisite cuisine of Buenos Aires. Spend the final evening of this unforgettable trip through the Patagonia wilderness in one of the world's great cities, taking advantage of the amazing cuisine on offer and perhaps visiting a local bar or dancing the night away in a milonga.




Perito Moreno Glacier, Argentina - Sarah Jordan

Mittan A

Patagonia Trekking



10 DAYS, SANTIAGO TO BUENOS AIRES

Discover two very different sides of Chile – the big-city pusle of soulful Santiago and the adventure-fuelled atmosphere of lakeside Puerto Natales.

Trek past granite pillars, sparkling lakes and gushing waterfalls in Torres del Paine National Park on a four-day camping trip with all your meals taken care of.

Argentina's Perito Moreno Glacier must be seen to be believed. This massive, blue-hued natural wonder is one of Patagonia's real crown jewels.

Day 1 Santiago Set out in Chile's sultry Santiago and enjoy free time to indulge in the city's cafe culture and art scene. Perhaps take a cable car up to Cerro San Cristobal - on a clear day the view is breathtaking. Day 2 Punta Arenas/Puerto Natales After a flight to Punta Arenas, watch the Patagonian landscapes roll by on the bus journey to Puerto Natales. Meet hikers in this town that's the gateway to Torres del Paine National Park. Days 3-6 Torres del Paine National Park/W Trek Hike Patagonia's famous W Trek through dense Lenga forest, over rocky tundra, alongside blue lakes, past immense mountains and to icy glaciers. As you walk, you'll most likely be greeted by herds of guanacos. These strange animals provide great photo opportunities (but don't get too close - they're prone to spitting!). The park is also home to some impressive birds such as nandues, condors and pink flamingos. At the end of each day, camp in the arms of nature and marvel at the wonder of this remote corner of the world. Days 7-8 El Calafate/Perito Moreno Glacier Travel to El Calafate in Argentina to explore the awe-inspiring Perito Moreno Glacier. Admire the natural blue beauty of this imposing icy mass, one of the few glaciers that is advancing, not retreating. Photographers will enjoy capturing the epic scale and splendour of this gigantic glacier. Chunks of ice frequently break off and plummet into the water below, which makes for quite a scene. Days 9-10 Buenos Aires Sample local cuisine and revel in the passionate atmosphere of Argentina's capital. This is a city rich in culture and charisma so don't miss out on the opportunity for indulgence. Why not head to the boutiques and pick up a fashionable reminder of Argentina, or try dancing the tango - the guintessential representation of Argentinian flair.







Cafe Colombia 9 days, bogota to cartagena

, Bogota is the treasure trove of Colombia's rich history. Explore its museums and colonial

architecture at your leisure, then tour its excellent Paloquemao Market.

Spend a couple of days learning about the world's favourite bean during a stay on a traditional coffee estancia deep in Colombia's coffee country.

Day 1 Bogota Take a walking tour to discover the colonial architecture, old churches, cosy cafes and lively streets of Colombia's capital. Day 2 Salento While away the hours on the narrow streets and colourful stalls of sleepy Salento. Make sure to try the town's famous trout dishes. Days 3-4 Coffee Estancia Travel by jeep deep into the Cocora Valley, home to legions of towering wax palms, Colombia's national tree. Embark on a hike up to Acaime Nature Reserve, where colourful hummingbirds come to feed, then venture into Colombia's picturesque coffee country for a stay on a traditional coffee-growing plantation. Days 5-7 Medellin Known locally as the 'City of Eternal Spring', Colombia's second biggest city brims with modernist architecture, impressive museums and lush botanical gardens. Days 8-9 Cartagena Wander about Colombia's most romantic city, peeking inside its candy-coloured buildings and spying the shady courtyards hidden within.

VIEW DATES AND PRICES

Explore Colombia



12 DAYS, CARTAGENA TO BOGOTA

Wander beneath the floral balconies of Cartagena, the World Heritage-listed town that combines Carribean splendour and irresistable old-world charm.

Get your adrenaline fix whitewater rafting, mountain biking or canyoning in Colombia's outdoor mecca, San Gil.

Days 1-2 Cartagena Set out on a guided walk around this walled city's sights, perhaps easing into the evening with a few cervezas at a central plaza bar. Day 3 Tayrona National Park Hike through dramatic mountain scenery and verdant rainforest for a swim at some of Colombia's most glorious beaches. Days 4-5 Guachaca Region Your accommodation for the next two nights is a small, family-run hotel located near a beach – just the place for some coastal R&R. Days 6-7 San Gil Make the most of a range of adventure sport outings on offer, from whitewater rafting and mountain biking to canyoning. Days 8-9 Barichara With its cobbled streets, stuccoed houses and verdant rolling hills, Barichara is widely considered the prettiest colonial-style village in all of Colombia. Days 10-12 Bogota Catch a gondola up Cerro de Monserrate for sweeping city views or perhaps pay a visit to Museo Nacional to hear how the Spanish conquest changed local life forever.







Best of Colombia



19 DAYS, BOGOTA TO BOGOTA

From coffee to cacti to jungle-wrapped coast, this is the cream of the crop in up-andcoming Colombia. Discover it all on this in-depth combination trip.

Embark on a spectacular guided hike through the Cocora Valley, home to hummingbirds and the world's tallest palm trees.

Tayrona National Park boasts mountains, hidden beaches and untouched forest. Laze in a hammock as squirrels and dusky titi monkeys play in the treetops.

Day 1 Bogota Discover this charming town on a city tour. See the colonial churches, wander the streets and perhaps pop into a cafe. Day 2 Salento Salento is a dream to walk around, with a laidback atmosphere. Don't miss the delicious local trout. Days 3-4 Coffee Estancia Travel into the Cocora Valley by jeep and see the famous wax palms looming above. Hike up to Acaime Nature Reserve and look out for the hummingbirds as they feed. Stay for two nights on a coffee-growing plantation and see how Colombia's famous coffee beans are harvested, enjoying a taste of course. Days 5-7 Medellin Explore the museums and lush botanical gardens of Colombia's second largest city. The nightlife is also worth a look. Stroll around Santa Elena and see its beautiful flower arrangements. Days 8-9 Cartagena The old walled area of this romantic town is sure to impress. Perhaps get a bird's-eye view from the top of Castillo

de San Felipe de Barajas, or experience the therapeutic effects of a mud bath. Day 10 Tayrona National Park This is where mountains, jungle and coastline collide most spectacularly. Soak up the sun and surf on some excellent beaches. Explore jungle trails on foot and enjoy the twittering ambience. Days 11-12 Guachaca Region Stay at a family-run hotel near the beach and take some time to chill out. Days 13-14 San Gil Soak up the views from the verandah or get active with some adventure sports - perhaps head out on a cycling odyssey. Days 15-16 Barichara Settle into this beautiful small village, then walk along the Camino Real to the village of Guane, passing valleys filled with cacti. Days 17-19 Bogota What better way to finish than with a gondola ride up to Cerro de Monserrate, taking in beautiful views across town. Visiting the Museo Nacional is an excellent choice before your trip comes to an end.





Short Break Adventures

Haven't quite got your fill of South America? We hear you. Delve a little deeper into the places that make this great continent so incredible with one of these extension trips to complement your adventure. See our website for more information.



PERU

Machu Picchu Explorer 3 DAYS | GGHT-O

Peru Amazon 4 DAYS | GGHA-O/GGHA-C

Bite-size Break Lima 3 DAYS | GGZL-O

Inca Trail Extension 6 DAYS | GGHC-O

> **Lake Titicaca** 2 DAYS | GGHW-B

> > BRAZIL

Rio de Janeiro Stopover 3 DAYS | GGHM-O Rio Carnaval Package 6 DAYS | GDRA



ECUADOR

Cotopaxi & Quilotoa 3 DAYS | GGAC-C

Galapagos Santa Cruz & Around 7 DAYS | GGHS-O

Ecuador Amazon Extension 4/5 DAYS | GGHL4/GGHL5

Ecuador Amazon Jungle 4 DAYS | GGHO-O

BOLIVIA

Bolivian Jungle 6 DAYS | GGAB-O

Bolivian Salt Flats 3 DAYS | GGAU-O

Bolivian Salt Flats & The Andean Desert 6 DAYS | GGAD-O

Our Top Picks

INCA TRAIL EXTENSION

Travel along the historic Inca Trail and be rewarded with spectacular vistas. From Cuzco, walk along lush pathways, through cloud forest, over mountain passes and past ruins, ending in the enigmatic Machu Picchu.

SALT FLATS & DESERT

Action-packed and brand-new, the Bolivian Salt Flats & The Andean Desert trip offers a double dose of surreal. Snap photos at the world's largest salt flats, then venture to the volcanoes and lagoons of the high Atacama Desert.



BOLIVIAN JUNGLE

Indulge in equal parts activity and relaxation on this exciting five-day jungle adventure deep within the Amazon. Take a motorboat up the Tuichi River, hike along the Tareche Trail and explore the jungle at night with a local guide.

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ARGENTINA

Bite-size Break Buenos Aires 3 DAYS | GGZB-O

> Iguazu Falls 2 DAYS | GGHF-O/GGHF-C

Perito Moreno Glacier 3 DAYS | GPHC-O

Buenos Aires Stopover 3 DAYS | GGHB-O

CHILE

Bite-size Break Santiago 3 DAYS | GGZS-O

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Santiago Stopover 3 DAYS | GGHU-O

> **Easter Island** 4 DAYS | GGHE-O



GALAPAGOS SANTA CRUZ & AROUND

Travel from Quito to the Galapagos Islands. Sail pristine waters, be awed by the friendly wildlife and visit the Charles Darwin Research Station. Stunning scenery, surreal landscapes, spectacular sailing – what more could you want?

IGUAZU FALLS

Visit both the Argentinian and Brazilian sides of Iguazu on this short tour that provides opportunities to see both the panoraic views and an adrenaline-rushing, up-close-and-wet glimpse of these spectacular falls.

BITE-SIZE BREAK SANTIAGO

Discover the sights and delights of Chile's sophisticated capital on this short but sweet slice of Santiago. Uncover the buzzing bar scene, brush up on your salsa skills, explore the city's colourful neighbourhoods and savour its food culture.

Sailing the Galapagos Islands

Spectacular, isolated and home to the famed Galapagos giant tortoise, Ecuador's Galapagos Islands – spits of volcanic land made famous by the writings of Charles Darwin – really do feel like another world. Inquisitive sea lions and spiky marine iguanas breach and bask between island and shore, while friendly hammerhead sharks patrol the depths and blue-footed boobies cut through the sky. As far as face-to-face wildlife encounters go, the Galapagos wildlife rivals even the likes of Africa.

With tours ranging from six days to three weeks, there's a perfect trip to fit into your itinerary without having to sacrifice the incredible sights of the Galapagos.

*

Daphne and Queen Bea aren't the name of our tour guides – they're our ships! Enjoy spacious sundecks and comfortable suites (plus all the amazing wildlife) on our cruise tours.



The Galapagos isn't just a haven for wildlife, it also offers some thrilling adventuring opportunities. Get among the action while hiking and snorkelling on our active tour (page 48).



WHERE IN THE WORLD

Quito

Galapagos Islands: Santa Cruz Santiago Baltra Bartolome Isabela Floreana San Cristobal Genovesa Fernandina Espanola

> Warm & wet 20-25°C Cool 15-20°C Cold & dry 0-15°C Cold & wet 0-15°C Below freezing -0°C

The Galapagos Gospel



The Galapagos is a destination unto itself, where unique landscapes are home to crazy creatures and its surrounds host some of the most idyllic seascapes known anywhere. And to say it changed the world is not an overstatement. Below is some info about what to expect on your trip to the Galapagos – it's anything but a typical South American adventure.

A variety of great trips

We offer a wide range of six, seven, ten and seventeen-day itineraries, both land and water-based, which allows you to better choose the islands you want to visit and that suit any time restrictions or budget you may have.

In order to best preserve this important and fragile natural ecosystem, the Galapagos National Park authorities restrict the number of visitors to each site by issuing permits to every visiting vessel. This permit (or patente) determines which sites can be visited each day and when. Far from restricting a visitor's experience, this system actually enhances it because the itineraries are designed in such a way as to eliminate the amount of vessel crossover. This results in witnessing more of the wildlife you've come to see without vying with boatloads of other tourists at the same time.

If you don't find the trip you're after within these pages, visit **intrepidtravel.com/galapagos** for more options.

A typical day

So that you can make the most of your time on the islands, we do most of our long distance sailing at night. And because much of the wildlife is best observed first thing in the morning, early starts are pretty common. Each day consists of planned morning and afternoon activities, which tend to last between two to four hours. These could be anything from hiking to snorkelling to visiting research stations, and include either wet or dry landings. While you don't need to be able to swim to enjoy the Galapagos Islands, some of the more unique experiences are had with a snorkel, so some swimming ability will be richly rewarded. Finally, although days are pretty packed with activities, there is ample free time to simply enjoy the environment.

Meals

All onboard meals are included in the cost of the trip. The food is delicious, nutritious and plentiful, and complimentary coffee, tea and purified water are provided around the clock. Soft drinks and alcoholic beverages are available for purchase from the bar, and the cost is put on a tab that you will then be presented with at the end of the trip. Any special dietary requirements should be mentioned at the time of booking.

Luggage

As some airline baggage restrictions exist on the flights between Quito and the islands, we advise leaving any luggage you can't see yourself needing in the storage facilities of the starting point hotel in Quito. All of our trips start and finish at the same hotel, so picking up any extra luggage won't be a problem – and it also eliminates any surprise excess-baggage fees!

National park fees & taxes

A transit card fee of USD 20 is payable at check in at Quito Airport prior to flying to the islands. The Galapagos National Park charges each passenger USD 100 upon arrival at the airport in Galapagos. If your itinerary visits Puerto Villamil, Isabela Island, and you wish to disembark, there is a USD 5 port fee on arrival. All fees are payable in cash and must be in US dollars.

Mobile reception and internet

There is very limited or no mobile reception in the Galapagos and no Wi-Fi on board our boats. Some itineraries do pass through towns where internet is available, but we suggest you anticipate (and enjoy!) limited contact with the outside world.

Important info about your trip

- An airport arrival transfer is included for all Queen Beatriz trips. Please provide your flight details when booking.
- If you are travelling on the Daphne, arrival transfers can be organised at an additional cost.
- > Your trip price includes the Quito to Galapagos return flights.
- Prices for this trip vary depending on cabin type. Please select your preferred cabin type for the exact trip price.
- All of our Galapagos trips include a night in Quito pre- and post-voyage.

A Guide to the Galapagos Islands

ISLA ISABELA

With five out of its six volcanoes still active, Isabela is one of the most volcanic places on earth.



Humpback, Killer, Sperm and Pilot whale sightings are all in a day's work here.

ISLA FERNANDINA

The only penguin to live north of the equator, Galapagos penguins can be spotted feeding just off shore and are some of the speediest swimmers on the island.



There may be as many as 300,000 marine iguanas calling the archipelago home, so the world's only seafaring lizard is impossible to miss.



Snorkel warm waters with Sea Turtles and play tag with the islands' zippiest swimmers.

ISLA SANTIAGO

Pay a visit to the Santiago fur seal grotto and get up close and personal with a colony of these furry guys.



ISLA GENOVESA

Home of the Red Footed Booby. Visiting Genovesa passengers will get to see Red, Blue and Masked Boobies

ISLA BARTOLOME

The walk to Pinnacle Rock rewards you with views of stunning lava formations and, if you're lucky, a few lava lizards.



Keep an eye out for the Bottle-nosed dolphin, it can often be seen racing along beside boats.



ISLA BALTRA

Touch down in Baltra to begin your seafaring Galapagos journey.



ISLA SANTA CRUZ

If you're lucky, you'll spot your first giant tortoise in the highlands of Santa Cruz.



ISLA SANTA FE

Stand beside the flowers of huge opuntia cacti.

ISLA DE SAN CRISTOBAL

Hike to Frigatebird Hill for sweeping views of the Magnificent Frigatebird and Great Frigatebird breeding areas.

LEÓN DORMIDO

Head out to Kicker Rock (the site of an ancient volcanic eruption) and dare to swim with the local hammerhead sharks



Leave a letter (sans postage) at this 19th century whaling post barrel and a friendly traveller heading home just might hand deliver it for you.

ISLA ESPANOLA

Home to the Espanola mockingbird and waved albatross, this remote island is a bird-watching haven.





QUEEN BEA

With a spacious sundeck, outdoor jacuzzi, cabins with ensuite (some even have their own balconies), two bars and a DVD room, the Queen Beatriz (Bea for short) is the classiest dame sailing the Galapagos seas.



Sun Deck, Queen Bea





Dining Room, Queen Bea

Upper deck, jacuzzi and outside bar

Classic Galapagos

Day 1 Quito Arrive in Ecuador's charming capital. Day 2 Isla Baltra/Isla Santa Cruz Set sail on your home for the next week - the luxurious Queen Beatriz. Go snorkelling in the beautiful coves of Punta Carrion. Day 3 Isla Isabela Head to Las Tintoreras. Witness lava flow and perhaps don a snorkel to see all this beauty from underwater. Day 4 Isla Floreana Admire the olivegreen sands of this bird-watching hotspot. Day 5 Isla Santa Cruz/Santa Cruz Highlands Encounter iguanas parading on Santa Cruz before heading to the highlands. Day 6 Isla Santa Fe/Isla Plaza Sur Swim with sea lions or snorkel with aquatic life. Day 7 Isla Espanola Relax on the deserted white sands of Bahia Gardner. Day 8 Isla San Cristobal/Punta Pitt/Kicker Rock Cruise past Leon Dormido, which juts steeply out of the ocean. Day 9 San Cristobal Interpretation Center/Quito

Visit the interpretation centre, where the geography of the islands comes to life, before flying back to Quito. **Day 10 Quito** Say 'adios' to this Galapagos adventure.

DEPARTURE

HIGHLY RATED



Galapagos Explorer 7 DAYS, QUITO TO QUITO

Day 1 Quito Arrive in Quito, where the charm and history of old-world Ecuadorian architecture blends seamlessly with stylish cafes, bars and shops. Day 2 Isla Baltra/Charles Darwin Research Station Learn about Galapagos wildlife at the Charles Darwin Research Station. Day 3 Isla Santa Fe/South Plaza Watch marine iguanas sunning themselves on the sand at Isla Santa Fe. The island's rugged cliffs are an excellent place to spot tropicbirds. Day 4 Isla Espanola Stroll along Espanola's winding paths and witness almost the entire world's population of waved albatross. Day 5 Isla San Cristobal/ Punta Pitt/Kicker Rock Cruise past the lion-shaped rock formation of Leon Dormido, which juts out of the waters off San Cristobal Island. Day 6 Isla San Cristobal/ Interpretation Center Visit the Galapagos Interpretation Center and learn about the history, geography and

Galapagos Encounter

6 DAYS, QUITO TO QUITO

Day 1 Quito Explore Quito's Old Town or perhaps people-watch at a local bar. Day 2 Isla Baltra Take your first dip in balmy waters in Punta Carrion, or get twitching and look out for the famous blue-footed boobies. Snorkel among majestic rays and white-tipped reef sharks. Day 3 Isla Isabela Admire the turquoise waters surrounding the largest island in the archipelago. Formed by five gigantic volcanic craters, this landscape borders on magical. Day 4 Isla Floreana Enjoy a panga (small boat) ride around the loberia to observe marine iguanas, sea lions and crabs before taking a leisurely walk to Post Office Bay. Step ashore at Punta Cormorant, where an exquisite beach is a popular stomping ground for the Galapagos sea lion. Day 5 Isla Santa Cruz/ Highlands Visit the lush green surrounds of the Santa Cruz highlands and see roaming Giant Tortoises. Return

wildlife of the archipelago. In the afternoon, return to the mainland to spend the evening in Quito. **Day 7 Quito** Bid farewell to this Galapagos adventure.



to the mainland in the afternoon for a final night in charming Quito. **Day 6 Quito** Perhaps spend the final day in Quito exploring the immense Otavalo market and pick up some souvenirs.



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VIEW DATES AND PRICES



VIEW DATES AND PRICES

STYLE COMFORT		TRIP CODE GLKJ	PHYSICAL ••OOC
(iii)	Maxim	um group size 16	i
	Hotel (2 nts), motorised catamaran (3 nts)		
***	5 Breakfasts, 3 Lunches, 3 Dinners		
**	Plane, Zodiac, minibus, motorised catamaran		

VIEW DATES AND PRICES

CARBON OFFSET

> HIGHLY RATED

DEPARTURE



DAPHNE

Relax on Daphne's spacious sundeck or head below to take advantage of this comfortable boat's bar, dining room, library and cabins with private bathrooms and air-conditioning.



Dining Room, Daphne





Upper deck double cabin, Daphne

Sun Deck, Daphne

SACK TO MAIN MENU

GMDD

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Ultimate Galapagos

Day 1 Quito Begin this adventure in the Ecuadorian capital. Settle in with a warm glass of canelazo, Ecuador's national drink. Day 2 Baltra Catch an early flight before sailing to Las Bachas, an area popular for snorkelling. Day 3 North Seymour/Isla Bartolome Explore the lunar-like landscape of Bartolome Island. Day 4 Isla Santiago Encounter marine iguanas and Galapagos fur seals on a walk and while swimming. Learn about the pirate history of Buccaneer Cove. Day 5 Isla Isabela/Isla Fernandina Watch flightless cormorants dawdling about volcanic Punta Espinosa. Day 6-7 Isla Isabela Board Pangas for a paddle through the mangroves, which are home to penguins, sea turtles and more. Peer down at white-tipped reef sharks from a viewing platform. Day 8 Isla Santa Cruz Make a dry landing and venture into birdlife-rich lagoons, encountering yellow warblers,

herons, frigatebirds, boobies and pelicans. **Day 9 Baltra**/ **Quito** Learn about the island on a visit to the highlands of Santa Cruz. **Day 10 Quito** This adventure comes to an end in the morning.

CARBON OFFSET STYLE

ORIGINAL



DEPARTURE

Galapagos Adventure 7 days, quito to quito

Day 1 Quito Arrive in this city flanked by the dramatic Andes ranges. Day 2 Isla San Cristobal Visit the San Cristobal Interpretation Center after an early morning flight. Day 3 Santa Fe/Plaza Sur Cruise to the island of Santa Fe and jump in for a swim with the local - and very inquisitive - sea lions. See land iguanas scampering across the cacti strewn volcanic landscape of Plaza Sur and red-footed boobies swooping down from the island's southern cliffs. Day 4 Isla Genovesa Don a snorkel and head underwater in search of diamond stingrays, turtles and moray eels off Darwin Beach. Keep an eye out for pods of dolphins on the sail to Genovesa. Day 5 Isla Santiago/Isla Rabida Walk across the volcanic landscape of Bahia Sullivan on the lookout for Sally Lightfoot crabs and penguins. Visit Rabida Island to spot pink flamingos. Day 6 Isla Santa Cruz Set out by

Panga to the red mangrove wetlands of Caleta Tortuga Negra – a breeding area for green turtles and popular hangout for eagle rays and Galapagos sharks. **Day 7 Quito** Your adventure comes to an end this morning.





VIEW DATES AND PRICES



VIEW DATES AND PRICES

Galapagos at a Glance 6 DAYS, QUITO TO QUITO

Day 1 Quito The adventure gets under way in Quito, Ecuador's sprawling but refined capital city. Perhaps stroll through the atmospheric Old Town or journey up to Ruco Pichincha by cable car. Day 2 Baltra/Isla Santa Cruz Board an early flight for the islands. Cruise out to Isla Santa Cruz and travel into its highlands. Day 3 Isla Floreana Walk along the olive-green sands of Punta Cormorant and see Galapagos sea lions waddling on the shore. Go snorkelling among rays, sharks and sea turtles in Devil's Crown. Day 4 Isla Espanola Journey to Isla Espanola, the archipelago's southernmost island and a hotspot for birdlife. Jump in the water at Gardner Beach and discover an underwater world teeming with tropical fish and white-tipped reef sharks. Day 5 Isla San Cristobal Watch brown pelicans swoop and Sally Lightfoot crabs scuttle along the shores of Isla San Cristobal's northern coast. Then fly back to the mainland. **Day 6 Quito** This short but sweet Galapagos adventure comes to an end this morning. If time permits, why not stay on to check out a few more of Quito's charms.

CARBON OFFSET DEPARTURE







Active Galapagos



Sealion, Galapagos Islands

10 DAYS, QUITO TO QUITO

Explore the Galapagos islands on this in-depth adventure, coming face-to-face with some of the most extraordinary wildlife on earth.

Swim, kayak and hike on this immersive adventure from the shores of the Galapagos to the highlands.

Get acquainted with the beautiful churches and graceful boulevards of Quito, Ecuador's capital.

Day 1 Quito Arrive in Quito, Ecuador's vibrant capital nestled beneath Volcan Pichincha. Its many churches, cathedrals and colonial mansions reflect the fascinating history of the region. Days 2-3 Isla San Cristobal Fly to San Cristobal Island in the Galapagos archipelago. Go snorkelling at La Loberia, saying hi to the cheeky sea lions that swim and sunbathe here. Head to Isla de Lobos or Kicker Rock to observe blue-footed boobies and to swim or snorkel among turtles and manta rays. Learn about the history of the 'Enchanted Islands' and local projects dedicated to preserving the unique Galapagos wildlife on a visit to the Interpretation Center. Days 4-6 Isla Floreana/Isla Isabela Glimpse dolphins frolicking in the waves and experience some of the Galapagos' best snorkelling at Isla Floreana. Venture into Floreana's highlands to visit the mysterious pirate and whaler caves. Walk along mangrove-lined paths to the Giant

Tortoise Breeding Center and learn about the efforts being made to prevent their extinction. Hop aboard Pangas (small boats) to explore Shark Alley, a popular nesting site for marine iguanas. Days 7-8 Isla Santa Cruz Head out on a morning ocean kayak in search of the Galapagos penguin before sailing to Isla Santa Cruz. Visit the Charles Darwin Research Station to meet the various tortoises and land iguanas rescued from the brink of extinction, then head to the white sands of Tortuga Bay and swim among the thorny marine iguanas bobbing in the breakers. Days 9-10 Santa Cruz Highlands/Quito Journey into the highlands of Santa Cruz and see the amazing subterranean lava tunnels that have created a unique habitat for wildlife. Observe giant tortoises in the wild before saying goodbye to these incredible islands and jumping on a flight back to Quito. Hit the markets for a spot of souvenir shopping or unwind with a fresh juice.





Galapagos & Peru Adventure

24 DAYS, QUITO TO LA PAZ



ago<u>s Islan</u>c

South Plaza Island, Ga

Visit the Galapagos and the Amazon jungle and meet the many species that call these nature reserves home. This trip is a nature lover's dream.

Scale a volcano on Isla Isabela and then take the scenic trek along the Inca trail, emerging from cloud forests to Machu Picchu.

Witness the panoramic views of Peru's spectacular Sacred Valley and meet the majestic, but ugly, Andean condors.

Day 1 Quito Begin in Ecuador's vibrant capital and explore the city's picturesque streets and cobblestone alleys on a walking tour. Days 2-3 Isla San Cristobal Fly to San Cristobal Island in the Galapagos archipelago. Snorkel at La Loberia, head to Isla de Lobos or Kicker Rock to swim or snorkel among turtles and manta rays and visit the Interpretation Center. Days 4-6 Isla Floreana/Isla Isabela Witness dolphins playing in the waves and head to Isla Floreana for some of the archiepelago's best snorkelling. Days 7-8 Isla Santa Cruz Head out on morning ocean kayaking in search of the Galapagos penguin before sailing to Isla Santa Cruz. Day 9 Quito Return to vibrant Quito. Day 10 Lima Take your flight (not included) to Peru's sprawling capital and unravel its fascinating history. Days 11-12 Amazon Jungle Canoe into the dense Amazon Jungle. Macaws, monkeys, peccaries, jabirus, otters and thousands of

butterflies all coexist in this amazing ecosystem. Day 13 Cuzco Visit impressive Inca ruins on the city's outskirts, such as the incredible Sacsayhuaman. Day 14 Sacred Valley/Ollantaytambo Travel through the lush terraces of the Sacred Valley and watch magnificent Andean condors soar through the air. Days 15-18 Inca Trail/Machu Picchu Embark on a four-day trek along the iconic Inca Trail. Take in astounding panoramas, hike dense forests and stop to observe crumbling ruins before arriving in Machu Picchu. Day 19 Cuzco Return to Cuzco. Perhaps reward yourself with a post-trek massage or shop at the central market. Days 20-22 Puno/Lake Titicaca Cruise to the incredible floating Uros Islands, constructed entirely from reeds, then sail to Taquile Island, where the local men craft handmade woollens. Days 23-24 La Paz Wander the streets of Bolivia's famous 'Witch Market' before this adventure ends.





17 DAYS, QUITO TO CUZCO



alapagos Island

Snorkel the incredible marine life-filled waters of Kicker Rock, also known as Leon Dormido, one of the best snorkelling spots in the Galapagos.

Follow the forested path of the Inca Trail, passing through cloud forests and ancient ruins, on the road to amazing Machu Picchu.

Admire the might of the Inca empire on a visit to the Sacred Valley and feel the weight of history in atmospheric Cuzco.

Day 1 Quito Explore Quito's picturesque streets and cobblestone alleys, which are nestled beneath Volcan Pichincha. Days 2-3 Isla San Cristobal Head to Isla de Lobos or Kicker Rock to swim and observe bluefooted boobies. Then visit the Interpretation Center to learn about the Galapagos' history, before heading to Mann Beach for another swim. Days 4-6 Isla Floreana/ Isla Isabela Venture into Floreana's highlands to visit the mysterious pirate and whaler caves. Walk along mangrove-lined paths to the Giant Tortoise Breeding Center and learn about the efforts being made to prevent their extinction. Hop aboard Pangas (small boats) to explore Shark Alley, a popular nesting site for marine iguanas. Days 7-8 Isla Santa Cruz Visit the Charles Darwin Research Station to meet the various tortoises and land iguanas rescued from the brink of extinction, then head to the white sands of Tortuga Bay and swim among the marine iguanas bobbing in the breakers. Day 9 Quito Return to Quito via a short flight. Day 10 Lima Explore intriguing Lima on a walking tour. Day 11 Cuzco Get acquainted with this city's intriguing blend of Inca and Spanish cultures on a guided tour of its lesser-known sights. Take the short walk out of town and visit the ruins of Sacsayhuaman, a former Aztec fortification arranged in the shape of a puma. Day 12 Sacred Valley/Ollantaytambo Travel through the terraced Sacred Valley, looking out for the maize crops covering the terraces that stretch high up the valley walls. Days 13-16 Inca Trail/Machu Picchu/Cuzco Trek the Inca Trail, passing cloud forests and ancient ruins on the former highway of the Peruvian empire. On arrival at Machu Picchu, uncover the mystery of these Inca ruins, before returning to Cuzco. Day 17 Cuzco This adenture ends in the morning after breakfast.





Galapagos Venture



9 DAYS, QUITO TO QUITO

Birdwatching at the Galapagos is quite an experience. Watch the aerobatic routines of blue-footed boobies and the death defying stunts of the frigate birds.

Giant Torto

Learn about the unique habit of the marine iguana. This dinosaur-like little creature has an iridescent sheen and is only found on the Galapagos Islands.

Many come to Isla Santa Cruz just for the giant tortoises. Get up close and personal with these enormous animals, as they drag themselves through the sand.

Day 1 Quito Nestled in a sprawling valley, Quito is a South American capital well worth exploring. Wander the colonial-style cobblestone streets and elegant architecture of the World Heritage-listed Old Town. Days 2-4 Isla Baltra/Isla Isabela Catch a morning flight to Isla Santa Cruz and then travel by boat to the Galapagos' largest island: seahorse-shaped Isla Isabela. The result of six large volcanoes merging into one single landmass, Isabela offers a fantastic introduction to Galapagos landscapes and wildlife. Enjoy a scenic hike up Sierra Negra Volcano. The island's Giant Tortoise Breeding Center is a great place to learn more about these ancient creatures, while sea turtles, rays and a kaleidoscope of tropical fish can often be spotted on snorkelling outings off the coast. Day 5 Isla Santa Cruz Visit the Charles Darwin Research Station and learn about the foundation's success in repopulating

the islands with the once endangered land iguana and several species of giant tortoise. Wander the pristine, white sandy beach of Tortuga Bay on Isla Santa Cruz for the opportunity to view some of the Galapagos' most famous creatures. Days 6-7 Isla San Cristobal Enjoy some free time on Isla Santa Cruz - maybe grab some snorkelling equipment and dive into the beautiful water once more. Then continue on to Isla San Cristobal. Opt to hike to the top of Frigatebird Hill for panoramic views of the Pacific towards Santa Cruz, Floreana and Santa Fe, or observe sea lions and magnificent frigatebirds on the shores of Mann Beach. Days 8-9 Quito Bid farewell to the wildlife wonderland that is the Galapagos Islands. Head back to Quito, where there's time to enjoy the city's nightlife and get a last taste of Ecuadorian cuisine and culture. Perhaps celebrate the end of this adventure by searching out some of Ecuador's best ceviche.



Antarctica

It's the coldest, highest, driest and windiest continent on earth; the only one governed by 46 countries. To get there you have to cross the Drake Passage, a wild and windy sea between the tip of South America and the Antarctic Peninsula. But once you arrive the only crowds are the tens of thousands of penguins, who happily waddle past without a care in the world. It's the one destination you really have to 'earn' – but if it wasn't a challenge, it wouldn't be Antarctica.

Seize the once-in-a-lifetime opportunity to kayak across Antarctic waters, trek across the frozen plains of the Antarctic Peninsula, or even take an icy dip at Neko Harbour.



Gain a greater appreciation for this unique continent and learn about the delicate Antarctic eco-system with topical environmental seminars from on-board experts.



Our all-encompassing tours mean you can leave the finer details to us and spend more time watching local birdlife and penguins. Hot tip: stick close to the crew and their well-trained whale-spotting eyes.

Weather

October to the beginning of December Antarctica is covered in snow to the water's edge. During this period, penguins, shags and seabirds court and lay their eggs.

From December through February The snow retreats, exposing rocky headlands. Penguin chicks hatch and their parents spend endless hours feeding their hungry, demanding young. From mid-February to March The whales return to feed. Seals haul out onto the beachheads and penguins begin to moult. Highlights for travellers are whales, red snow and fledging Gentoo penguins acting like miniature Charlie Chaplins.

WHERE IN THE WORLD

Antarctic Peninsula Falkland Islands South Shetland Islands





Antarctic Explorer



10 OR 11 DAYS, USHUAIA TO USHUAIA OR BUENOS AIRES TO BUENOS AIRES

Experience a polar plunge in Antarctic waters - one of the most invigorating dips you're ever likely to take.

Spectacular Antarctica is like nowhere else. Set foot on the plains, mountains and beaches of the White Continent and watch icebergs calve into the sea.

Optional activities such as sea kayaking or polar ice camping on selected voyages can take your adventure to the next level. Book early, as these sell out fast.

Day 1 Ushuaia Enjoy an adventure to the bottom of the globe and arrive at the world's southernmost city, Ushuaia. Poised on the edge of Beagle Channel, this Argentinean city is the capital of the Tierra Del Fuego region. Spend the night experiencing local life in this remote and fascinating city, affectionately known as 'Fin del Mundo' – or 'World's End'. Day 2 Embarkation Climb aboard and set sail through the exquisite Beagle Channel. Stay on the lookout for penguins, cormorants, petrels and albatross. Days 3-4 Drake Passage As the trip navigates through the famous waters of the Drake Passage, start to experience some of Antarctica's rare and intriguing wildlife. Where the mixing of polar and temperate waters occurs, nutrient-rich waters rise to the surface and draw in a host of seabirds, whales and marine life, so look out for a feeding spectacle. Be distracted from the potentially choppy conditions with fascinating lectures from onboard experts. Days 5-8 South Shetland Islands/The Antarctic Peninsula Venture into the heart of the Antarctic waters, as the voyage travels through various weather, ice and ocean conditions. Expect the unexpected and be ready to disembark in order to meet the local penguins. Head out in a Zodiac to cruise among icebergs, or perhaps - if you're feeling brave - go for a 'polar plunge' in the icy-cold waters of Neko Harbour. Climb to the top of a craggy hill for a spectacular view of glacier mountains from Port Lockroy. Days 9-10 Drake Passage Make the return journey through the Drake Passage towards the comparatively milder climes of Tierra del Fuego, staving on the lookout for birdlife passing overhead. Day 11 Ushuaia Wind down this Antarctic expedition back on solid ground as the trip disembarks in the pretty port city of Ushuaia.







Antarctic Peninsula, Commercial South Georgia

20 DAYS, USHUAIA TO USHUAIA OR BUENOS AIRES TO BUENOS AIRES

Encounter rockhopper and magellanic penguins on a once-in-a-lifetime kayaking expedition across the waters of the Falkland Islands.

Be awed by the dramatically jagged peaks of the Drygalski Fjord on South Georgia Island before stopping to pay your respects at the gravesite of Sir Ernest Shackleton.

Day 1 Ushuaia Begin your adventure in the world's southernmost city, Ushuaia. Capital of the Tierra del Fuego province, this city offers spectacular views out across the Beagle Channel for anyone willing to hike to the top of the steep streets. Day 2 Embarkation Set foot aboard your floating home for the next few weeks, and commence the cruise through the waters of the beautiful Beagle Channel. This narrow passage of water cuts through the islands of Tierra del Fuego and is a haven for local wildlife like penguins, cormorants and albatross. Day 3 At Sea Follow the beckoning horizon and settle in to the relaxing nature of life at sea. Join onboard experts for a series of lectures on all aspects of this unparalleled region. Days 4-5 Falkland Islands (Las Malvinas) Explore the spectacular landscapes of the Falkland Islands and stay on the lookout for some of the local birdlife. Days 6-7 At Sea Sail across the Antarctic

Convergence and enter the polar waters for the first time. Days 8-11 South Georgia Island Arrive at the remote island of South Georgia and gaze up at the jagged mountains rising from the ocean towards the heavens. Days 12-13 At Sea Continue south towards the South Shetland Islands and the Antarctic Peninsula, keeping eyes skywards for seabirds that follow in the ship's wake. Days 14-17 South Shetland Islands/Antarctic Peninsula Cross into the Antarctic Peninsula, where myriad potential adventures are available. Visit pebbled beaches and wait for the curious penguins to approach. Days 18-19 Drake Passage Prepare for the notorious waters of the Drake Passage, where the massive flow of the Antarctic Circumpolar Current travels, unimpeded by land, around the entire latitude. Day 20 Ushuaia Return to Ushuaia - and dry land - where you disembark from the ship and the adventure ends.



Central **America**

Take the bone-white beaches of South-East Asia, the terracotta charm of colonial Europe and South America's crumbling ruins. Shake well, add a dash of world-class diving, island hopping and two plates of tangy jerked chicken. You now have the magical cocktail that is Central America. With the chilled vibes of the Caribbean on one side and the rolling swells of the Pacific on the other, you really can't go wrong. Just grab a compass, point yourself due paradise and let us handle the rest.

Fact: everything you've heard about Cuba is true. Cigar smoke cloaks the air, clapped-out cadillacs crawl along the malecon and locals literally dance in the streets. Viva Cuba!



X

With gorgeous colonial-era edifices, glorious coastlines, misty Maya ruins and lip-smacking snacks being hawked from every street corner, Mexico is much more than a surface to skim.



Costa Ricans – or 'Ticos', as they're locally known – are often touted as some of the world's friendliest people. Turn to page 75 for your chance to make buds with them on an agricultural community stay in Santa Rose de Pocosol.



WHERE IN THE WORLD

Belize Costa Rica Cuba El Salvador Guatemala Honduras Mexico Nicaragua Panama

Oct

Nov

Dec



Plava del Carmen

Havana

Antigua

SACK TO MAIN MENU



TURN THESE TRIPS...

QURA

Cuba on a Shoestring 8 days, see page 63



Mayan Encounter 17 days, see page 71

QVRC

Costa Rica and Panama Discovery 13 days, see page 77

QVRM Mexic 15 day

Mexico Unplugged 15 days, see page 65



Central American Journey 17 days, see page 73

...INTO A COMBO TRIP





Central American Adventure

29 days, Antigua to Panama City Enter QVRPC on our website

Central America Encompassed 31 days, Mexico City to Antigua Enter QVRYC on our website

Central America Explorer 46 days, Mexico City to San Jose Enter QVRZC on our website



Ultimate Central America 58 days, Mexico City to Panama City Enter QVRRC on our website

Discover Mexico and Cuba 22 days, Mexico City to Havana Enter QVBAC on our website

Classic Central America 38 days, Mexico City to Antigua Enter QVBBC on our website

Central America Discovery 53 days, Mexico City to San Jose Enter QVBCC on our website

Complete Central America 65 days, Mexico City to Panama City Enter QVBDC on our website



Classic Costa Rica 15 days, see page 75

QUSL

Western Cuba

7 days, see page 62

...INTO A COMBO TRIP

OVSR



El Salvador Explorer

10 days, see page 72

Mayan Adventure 25 days, Antigua to Antigua See page 70 **Central America – Coast to Coast** 22 days, El Tunco to Playa del Carmen

Explore Central America 34 days, El Tunco to Antigua Enter QVSPC on our website

Enter QVSOC on our website

Guatemala & Costa Rica 21 days, Antigua to San Jose Enter QVSAC on our website



Raft, Snorkel, Kayak & Hike In Costa Rica

18 days, San Jose to San Jose Enter QVXAC on our website

Grand Cuba

21 days, Havana to Havana See page 62

Cuba Encompassed

15 days, Havana to Havana Enter OUNLC on our website

QVSL





Best of Cuba



15 DAYS, HAVANA TO HAVANA

Old-world charm, rich history, exciting nightlife – evocative Havana is like nowhere else on the planet.

Spend two days exploring Trinidad, lolling about on an unspoilt Caribbean beach or peddling your way through sugar plantations by bike.

Cuba is famed for its world-class cigars – seek out the local producers (torcedores) to get a firsthand look.

Days 1-2 Havana Set to the soundtrack and backdrop of the 1950s, tumbledown Havana is a capital unlike any other. Get your bearings on an introductory walking tour and Spanish class. Day 3 Bay of Pigs/Cienfuegos See where CIA troops landed at the Bay of Pigs on the drive to Cienfuegos - a city known locally as the 'Pearl of the South' - and visit the Palacio de Valle. Days 4-6 Santa Clara/Trinidad Stop in at the Che Guevara Mausoleum in Santa Clara before arriving in delightful Trinidad. Home to many Spanish-style churches and fascinating museums, Trinidad is also the gateway to the Valle de los Ingenios. Sugar cane plantations sprawl across the landscape and Playa Ancon is close by - there'll be plenty of opportunity for relaxing on its long, unspoilt beaches. Get tips on how to sway and step during an included salsa lesson. Days 7-8 Camaguey There is a lot of fun to be had simply getting lost among the

winding cobblestone streets of Camaguey - and get lost you will. Make a visit to see the baroque frescoes of the Iglesia de Nuestra Senora de la Soledad. Decode the confusing streets of Camaguey on a bicycle taxi tour. Days 9-10 Santiago de Cuba Fast-paced Santiago de Cuba played a pivotal role in the Cuban revolution - it was from here that Castro declared its success - but the city is also known for its musical legacy. After a day of sightseeing, dance the night away to Latin rhythms. Days 11-13 Baracoa Travel to beautiful Baracoa, passing the Guantanamo Bay viewpoint en route. Climb over the old forts - built to withstand pirate raids - or explore the region's mountains and black sand beaches. In town, seek out the torcedores (cigar makers) to witness cigar rolling in action. Days 14-15 Havana Back in the Cuban capital, visit Revolution Square before toasting the end of this Cuban adventure with a farewell Cuba libre.



REVERSE



Cuba Explorer

9 DAYS, HAVANA TO HAVANA

Take inspiration from the locals and mix things up with a bicycle-taxi tour of the colonial city of Camaguey.

With its vibrant music scene and Afro-Cuban roots, sultry Santiago de Cuba is a great place to practice your moves.

Days 1-2 Havana Arrive in Havana, one of the most spirited, rhythmic cities in the Americas. Kick things off with an introductory walking tour of Old Havana and a Spanish lesson. Days 3-4 Santiago de Cuba Head to Santiago de Cuba – the loud and proud music capital of the Caribbean – and visit El Morro Castle, Ifigenia Cemetery and the Moncada barracks on a half-day city tour. When evening falls, get carried away by the local music scene. Day 5 Camaguey Enjoy getting lost in Camaguey's labyrinth of cobblestone streets or perhaps visit one of Cuba's most esteemed dance companies. Days 6-7 Trinidad Experience the slower side of island living on a guided walk with your leader, then take a free day to soak in the clear waters of picture-perfect Playa Ancon. Days 8-9 Santa Clara/Havana Make tracks for the mausoleum of the legendary Che Guevara in Santa Clara, then continue on to Havana. Celebrate the end of this adventure by dancing up a storm at a city salsa club.

VIEW DATES AND PRICES



Beautiful Cuba

8 DAYS, HAVANA TO HAVANA

Take in all the colours and aromas of Soroa, the stunning valley area known as the 'rainbow of Cuba'.

Discover the man behind the legend with a stop at the Che Guevara museum and mausoleum in Santa Clara.

Day 1 Havana Welcome to the sultry capital of Cuba. The best way to see Havana's colonial buildings, elegant plazas, vintage cars and cigar-smoking musicians is by foot. Days 2-3 Soroa/Vinales Tour the Cuban orchid gardens of Soroa en route to Vinales. One of Cuba's most attractive areas, the fertile valleys and tobacco crops of Vinales are well worth exploring on a walking tour. Get into the groove with an introductory group salsa lesson. Day 4 Bay of Pigs/ Cienfuegos Journey to the port city Cubans call La Perla del Sur (The Pearl of the South) and visit the Palacio del Valle. Stop for a swim in the Bay of Pigs. Days 5-6 Trinidad Take time to explore Trinidad's Spanish-style churches, then maybe head to Playa Ancon, a white sandy beach where hours slip lazily by. Days 7-8 Santa Clara/Havana Stop in at Santa Clara to visit the mausoleum of Che Guevara and learn about the life of this famous revolutionary. Back in Havana, see two city landmarks: Hotel Nacional and Revolution Square.

Havana 🔿 СИВА Santa Clara Trinida Camague Santiago de Cuba STYLE TRIP CODE PHYSICAL **OUSN** ORIGINAL ••000 Maximum group size 12 Standard guesthouse (8 nts) 8 Breakfasts, 1 Lunch Private vehicle, plane





YOU GOTTA HAVE FAITH

Have a religious experience on a Havana tour that hooks you up with local customs, folklore, and beliefs. Learn about the Afro-Cuban religions from a local insider – there are similarities to voodoo so expect this to be one colourful, eclectic and unconventional tour.

For more info head to **urbanadventures.com**



DEPARTURE

DEPARTURE



Western Cuba

7 DAYS, HAVANA TO HAVANA

Life in Cuba's countryside evokes a bygone time. Stroll along rural dirt roads and watch as tractors, vintage cars and horse-drawn carriages roll by.

Fading colonial charm, rich history, sultry nightlife – it's easy to see why Ernest Hemingway spent so much time in dreamy Havana.

Day 1 Havana Arrive in Cuba's lively capital, a beautiful mix of colour, sound, history and modern culture. Day 2 Soroa Check out two of Havana's neighbourhoods – Callejon de Hamel in the Cayo Hueso quarter and Jaimanitas. Tour Soroa's orchid garden, which boasts more than 700 species, and, if feeling energetic, walk up to a nearby waterfall. Days 3-4 Vinales Visit a Finca de Plantas Medicinales (herb farm) and stop in at the gorgeous ecological community of Las Terrazas. Continue past amazing scenery to the rural village of Vinales and enjoy guided walk through the valley's farms. Learn how to dance up a storm at an informal salsa lesson. Day 5 Cayo Jutias/Vinales Enjoy a lazy day at a secluded beach on the northern tip of Cayo Jutias. It's a tough job, but someone has to do it. Days 6-7 Havana Venture back into Havana for a tour of Old Havana, taking in Revolution Square. As evening falls, perhaps check out the city's many bars and salsa clubs.

VIEW DATES AND PRICES

Grand Cuba

21 DAYS, HAVANA TO HAVANA

Pay your respects to the world's most famous revolutionary during an included visit to Che Guevara's mausoleum and museum.

The tobacco harvested in Pinar del Rio province is used to produce some of the most prestigious and expensive cigars in the world.

Days 1-2 Havana Wander through Havana's crumbling boulevards and plazas. Day 3 Cienfuegos Travel to Cienfuegos, known as the 'Pearl of the South'. Days 4-6 Trinidad Discover Spanish-style churches and idyllic beaches in Trinidad. Days 7-8 Camaguey Enjoy losing yourself in Camaguey's labyrinth of cobblestone streets. Days 9-10 Santiago de Cuba Explore the timeworn architecture and vibrant live music scene of Cuba's second biggest city. Days 11-13 Baracoa Admire the old forts of Baracoa, which used to deter the many pirates that raided the city. Days 14-15 Havana Return to the capital. Days 16-17 Soroa This region is a delight to explore – hike through Las Terrazas rainforest or visit artisan studios and chat to local artists. Days 18-20 Vinales/Cayo Jutias Explore the stunning surrounding scenery of Vinales on a valley walking tour. Days 21-22 Havana Enjoy a final night in heady, vivacious Havana.

Cayo Julias Soroa Las Terrazas				
STYLE ORIGINAL	TRIP CODE QUSL	PHYSICAL		
iii Maxin	Maximum group size 12			
E Stand	Standard guesthouse (6 nts)			
e Brea	6 Breakfasts, 1 Lunch			
Privat	Private vehicle			





Cycle Cuba 7 days, havana to havana

Cayo Jutias

Vinales

Cycling through Caribbean Cuba gives you unique access to parts of the island that are off the beaten track.

Indulge in some sun, sand and sea on the long stretch of the historic Playa Larga in the Bahia de Cochinos (Bay of Pigs).

Day 1 Havana Enjoy a stroll around the city at your own pace, taking in lolly-coloured Art Deco buildings, crumbling neoclassical mansions, and busking musicians. Day 2 Soroa Get fitted to a bike and then head out for a day's ride. Share the road with vintage American cars and old Ladas on the way to colourful Soroa. Day 3 Las Terrazas/Soroa Cycle to the cascading waterfalls of the San Juan River and take a refreshing swim. Continue to the renowned eco-village of Las Terrazas. Day 4 Vinales Tackle the hilly trails to Vinales and ride to a tobacco farm in the afternoon. At sunset, visit a hillside organic farm for dinner. Day 5 Cayo Jutias/Vinales Cayo Jutias is one of those Caribbean beaches you only dream about. After your ride stretch out on the sands and enjoy a packed lunch. Days 6-7 Havana Return to Havana and reacquaint yourself with Cuba's charming capital. Perhaps visit the Jose Marti Memorial Tower or enjoy a final group dinner in one of Old Havana's many paladars.

VIEW DATES AND PRICES



Cuba on a Shoestring



8 DAYS, HAVANA TO HAVANA

Be swept away by the eclectic history of Cuba's capital as you join a knowledgeable local guide on a half-day tour of Old Havana.

In Vinales, spend your time sipping rum in quaint bars with locals and exploring hidden caves in the mountains.

Day 1 Havana Arrive in Havana, Cuba's atmospheric capital of vintage cars and Neo-Gothic churches. Days 2-3 Vinales Head out on a walking tour of Old Havana, including a visit to the Camera Obscura. Later, travel on to Vinales, a quaint rural village that's perfect for sipping rum and mingling with local folk. Day 4 Playa Larga Visit the Giron Museum and enjoy a swim in the Bay of Pigs. Take an orientation walk through Cienfuegos and discover a Euro-tinged city of wide boulevards and captivating colonnades. Days 5-6 Trinidad Get acquainted with Trinidad's charming cobbled streets on a guided orientation tour of town. With free time, read up on colourful post-revolution tales in the local museums, or simply watch as cowboys, farmers and other local folk go about their daily life. Days 7-8 Havana En route back to Havana, pay a visit to Che's mausoleum and museum in Santa Clara and learn the fascinating story behind his downfall.



Soroa Consolacion del Sur CUBA





Best of Mexico

15 DAYS, MEXICO CITY TO PLAYA DEL CARMEN

This is one of our most comprehensive adventures in Mexico, rich in historical and cultural highlights.

This trip's finishing point – the white sands and azure waters of Playa Del Carmen – is the perfect excuse to extend your stay in Mexico.

Days 1-3 Mexico City Dive into Mexico's vibrant capital. Discover the amazing Pyramid of the Sun and the Pyramid of the Moon on a visit to Teotihuacan. Days 4-5 Oaxaca Stop in at Puebla, a city with a strong colonial past and a spectacular volcanic backdrop. Arrive in Oaxaca and get to know the city on a walking tour. Bargain with the Zapotec and Mixtec Indians, who sell colourful woven blankets, or wander the streets, dazed by the range of architectural delights. Day 6 Oaxaca/Overnight Bus Stop by a mezcal factory, then board a comfortable overnight bus to San Cristobal de las Casas. Days 7-8 San Cristobal de las Casas Discover the old-world charm of San Cristobal de las Casas. Days 9 Palenque See the Misol-Ha and Agua Azul waterfalls. Then visit the impressive Maya ruins of Palenque. Days 10-11 Merida Wander the quiet streets of Merida's Old Town. Days 12-15 Playa del Carmen Explore Chichen Itza, arguably the most famous Maya site in Mexico, before relaxing on Playa del Carmen's idyllic beaches.

VIEW DATES AND PRICES

Real Food Adventure – Mexico

9 DAYS, MEXICO CITY TO MEXICO CITY



In Oaxaca you'll enter the heart of pre-Hispanic cuisine; taste chiles, chocolate, mezcal and the surprisingly delicious chapulines (grasshoppers).

A fishing expedition out on the Pacific Ocean will have you eating fresh ceviche on one of the best beaches on Mexico's south-west coast.

Days 1-2 Mexico City Dive into Mexico City's celebrated food scene on a taco crawl. Eat delectable tacos al pastor (slow-roasted, marinated pork tacos) and sip mezcal in one of the city's sensational bars. Day 3 Puebla Make tracks for Puebla. Munch on Poblano street food and take in the theatre of the Lucha Libre wrestling. Days 4-6 Oaxaca Travel to Oaxaca – the 'land of the seven moles'. Learn the secrets to authentic Mexican cuisine in a cooking class. Visit the fabulous Abastos Market and enjoy some regional specialities including grasshoppers, cactus fruit and Oaxacan cheese and chocolate. Savour barbacoa at the ancient Mercado Tlacolula, explore the impressive ruins at Mitla and stop past a mezcal distillery. Days 7-8 Mazunte Head out on a fishing expedition and explore the local seafood markets. Learn how to make Mexican style ceviche. Day 9 Mexico City Enjoy breakfast by the beach before catching a flight to Mexico City, where this food adventure ends on arrival at the airport.







Mexico Unplugged



15 DAYS, MEXICO CITY TO PLAYA DEL CARMEN

You've never seen true colour until you've been to a Mexican market. Practice your bargaining skills and pick up traditional handicrafts at the markets.

Escape the heat in San Cristobal de las Casas. This old-world town is surrounded by ancient tribal villages that have retained their traditional customs and roots.

Away from the thumping nightlife of Cancun, splash around, sun-bake and play on Playa del Carmen's white sandy beaches.

Days 1-2 Mexico City One of the fastest growing urban centres in the world, Mexico City presents an intoxicating mix of mariachi music, lively night scenes, fascinating museums and intriguing markets. Get to know what makes this buzzing metropolis tick on an orientation walk or maybe head out to the sprawling Aztec ruins of Teotihuacan. Days 3-4 Puebla Spend some time exploring Puebla's handicraft stalls, tuck into mole poblano or set out for an optional hike in the city's volcanic hinterlands. Days 5-7 Oaxaca/Overnight Bus Well-known for its colourful art and handicrafts scene, Oaxaca is a delight to explore. Stock up on some unique souvenirs, zip out to the Zapotec ruins of Monte Alban or sink your teeth into some peculiar local delicacies. Days 8-9 San Cristobal de las Casas Venture into the cool climes of San Cristobal de las Casas, a charming colonial-era town with spectacular natural surrounds.

Choose to visit fascinating traditional villages, mountain bike in the surrounding hills or jump on an optional tour to the Sumidero Canyon. Days 10-11 Palenque/ Overnight Bus One of the most impressive Maya sites in Mexico, the temples of Palenque are a superb relic of Maya culture and architectural enterprise. Climb the temples for breathtaking views across the jungle, watch for monkeys swinging through the canopy and take a cooling dip in the nearby Agua Azul and Misol-Ha waterfalls. Days 12-13 Merida Spend some time soaking up the vibe of this charming colonial city. Chill out in the Plaza Grande, try some local delicacies like cochinita pibil (a slow-roasted pork dish) or join an optional tour out to the incredible Uxmal ruins. Days 14-15 Chichen Itza/Playa del Carmen Explore the amazing ruins of Chichen Itza en route to the beachside haven of Playa del Carmen, where relaxation is the order of the day.





Best of Mexico & Cuba



22 DAYS, MEXICO CITY TO HAVANA

Dive into the rich history of Mexico on a walk down the 'Avenue of the Dead' in Teotihuacan, and explore the ruins of Palenque and Chichen Itza.

Get acquainted with two of the world's most intoxicating and unique cities: Havana and Mexico City.

Soak up the unique landscapes of the Vinales Valley and get a taste of local life on an overnight homestay with a Cuban family.

Days 1-3 Mexico City Dive into Mexico's vibrant capital. Discover the amazing Pyramid of the Sun and the Pyramid of the Moon on a visit to Teotihuacan. Days 4-5 Oaxaca Stop in at Puebla, a city with a strong colonial past and a spectacular volcanic backdrop. Arrive in Oaxaca and get to know the city on a walking tour. Bargain with the Zapotec and Mixtec Indians, who sell colourful woven blankets and shawls, or wander the streets, dazed by the range of architectural delights. Day 6 Oaxaca/Overnight Bus Stop by a mezcal factory, then board an overnight bus to San Cristobal de las Casas. Days 7-8 San Cristobal de las Casas Discover the old-world charm of San Cristobal de las Casas. Days 9 Palenque See the Misol-Ha and Agua Azul waterfalls. Then visit the impressive Maya ruins of Palenque. Days 10-11 Merida Wander the guiet streets of Merida's well-preserved Old Town. Days 12-15 Playa del Carmen Explore Chichen Itza, arguably the most famous Maya site in Mexico, before relaxing on Playa del Carmen's idyllic beaches. Day 15 Havana Welcome to a capital city unlike any other. Visit the Plaza de la Revolucion and pass giant monuments of the legendary Che Guevara. Days 16-17 Vinales Tour the Cuban orchid gardens of Soroa en route to Vinales, then explore the verdant Vinales Valley by foot, stopping for a refreshing dip in the Bay of Pigs. Day 18 Cienfuegos Journey to the port city Cubans call La Perla del Sur ('The Pearl of the South'). Stop by the Palacio del Valle, the architectural pride of Cienfuegos. Days 19-20 Trinidad Swim at Playa Ancon or hang out at one of Trinidad's many bopping music venues. Days 21-22 Havana Stop in at Santa Clara to see the Mausoleom of Che Guevara. Back in Havana, visit the Plaza de la Revolucion then perhaps head out for a final night of Latin American revelry.







MEXICAN NIGHT OUT

Sample the after-dark antics of Central America's biggest city on a Mexican Night Out Urban Adventure in Mexico City. Tuck into tacos and tequila, catch a mariachi band and cheer on some Lucha Libre wrestling.

For more info head to urbanadventures.com

URBAN

SACK TO MAIN MENU



MEXICO

Mexico City 🔿

TRIP CODE

QVAD-O

Maximum group size 12

PHYSICAL

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STYLE

ORIGINAL

Mexico City: Day of the Dead

5 DAYS, MEXICO CITY TO MEXICO CITY

Dress up and be the life of the party parading through Mexico City's streets. No bones about it, this is one of the world's most vibrant celebrations.

Lend a hand with the ceremonial decorating of tombs and alters, then join in the festivities in a cemetery in Mixquic.

Day 1 Mexico City Welcome to Mexico City, a buzzing capital replete with fine museums, awesome eateries and elegant architecture. Day 2 Mexico City Visit the fascinating Anahuacalli Musuem before a guided tour of the leafy Coyoacan suburb, including a visit to the Frida Kahlo museum. Day 3 Mexico City See a spectacular display of Day of the Dead altars. Perhaps journey out to Xochimilco and go for a wander around the fascinatingly eerie Isla de la Munecas. Back in Mexico City, join in on one of the lively Day of the Dead street parties taking place. Day 4 Mexico City Enjoy a guided tour of Tepoztlan, an ancient Aztec city of palpable indigenous significance. Witness, and perhaps join in with, some of the traditional activities that go in to preparing for the Day of the Dead ceremony. Stop in at the town of Mixquic, where particularly colourful celebrations take place as local families decorate the tombs of deceased family members. Day 5 Mexico City Your unique Mexican adventure ends this morning.

VIEW DATES AND PRICES

Mexican Heartlands



DEPARTURE

15 DAYS, MEXICO CITY TO MEXICO CITY

Stand in awe at the foot of Teotihuacan's Pyramid of the Sun and imagine what life was like when this was the world's sixth largest city.

Brush up on your art history in the museum of Diego Rivera's house in Guanajuato, then knock back a glass of Mexico's most famous tipple – teguila.

Days 1-3 Mexico City Enjoy a guided walk of iconic city sights. Visit the Pyramids of the Sun and the Moon at the holy city of Teotihuacan. Day 4 Queretaro Travel to Queretaro, where the bustling city streets give way to a pretty plazas. Day 5 San Miguel de Allende Journey on to historic San Miguel de Allende. Pay a visit the Independence Museum and discover the city's brilliant Spanish colonial architecture. Days 6-7 Guanajuato Named a World Heritage site in 1988, Guanajuato was developed with riches acquired from rapid mineral discovery in the 1500s. Day 8 Zacatecas Get acquainted with Zacatecas on a visit to the Revolution Museum. Days 9-10 Guadalajara Explore this vibrant city and sample tequila, the famous drink made from the heart of the blue agave plant. Day 11 Paztcuaro Explore one of the stunning 'Pueblos Magicos' (Magic Villages). Days 12-13 Morelia Visit the stone ruins of Tzintzuntzan and walk the streets of Morelia. Days 14-15 Mexico City Return to Mexico City, where this trip comes to an end.

Queretaro Morelia Mexico City Patzcua STYLE TRIP CODE PHYSICAL ORIGINAL **OVSM** ••000 Maximum group size 12 Hotel (14 nts) No meals included Local bus, metro, private vehicle





Best of Guatemala & Mexico

13 DAYS, ANTIGUA TO PLAYA DEL CARMEN



Cruise between sheer granite cliffs on a boat ride to Livingston, a colourful Garifuna town of mixed ethnic Guatemalan and Caribbean ancestry.

Enclosed by jungle and resounding with the chatter of monkeys, Tikal's temple complex is one of the Mayan world's most impressive remnants.

There's plenty of time for kicking back on this trip – sip a margarita in Tulum, chow down on lobster in Caye Caulker and snorkel offshore at Playa del Carmen.

Days 1-2 Antigua A delightful blend of well-preserved colonial architecture, cobbled laneways and sun-dappled plazas, Antigua is one of Latin America's most charming cities. Days 3-4 Rio Dulce Leave Antigua behind and head north towards Amatique Bay. Stay right on the water, then take a scenic boat trip to Livingston and encounter the unique Garifuna culture. Day 5 Flores Explore the narrow lanes, pastel-coloured buildings and rustic shops of Flores, a tiny island town near Tikal. Many of the island locals still get about here the traditional way, by dug out canoe. Days 6 Tikal/San Ignacio Wake early and take an early morning tour of the Tikal ruins. Soaring high above the jungle canopy, these enormous limestone temples are some of the most impressive remnants of the Mayan empire. Later, cross the border into easy going Belize – a country so relaxed it at times seems barely awake. Days 7-9 Caye Caulker Arrive on

the little island of Caye Caulker and step into a decidedly relaxed Caribbean vibe. Laze in the sun, swim in the warm waters, or take an optional jaunt to the Hol Chan Marine Reserve for the opportunity to swim with sharks. Feast on some legendary Belizean seafood at one of the many beachside restaurants. Days 10-11 Tulum Cross the border into Mexico and travel up the coast to the tranquil beach haven of Tulum. In the evenings kick back and watch the waves with a margarita. For a taste of Mayan architecture take an optional visit of the ruins of Tulum. These ruins sit atop a cliff amid palm fringed beaches and white sand beaches. You can even go for a swim within its ancient walls. Days 12-13 Playa del Carmen The vibrant beach town of Playa del Carmen is the perfect place for some fun in the sun. Dive into crystal-blue waters and snorkel among the colourful marine life.





Mexico & Guatemala Highlights

13 DAYS, PLAYA DEL CARMEN TO ANTIGUA

Step back in time and uncover some of the many cultures that established civilisations in this region, the most famous being the Aztecs, Mayans and Zapotecs.

Travel along Mexico's Yucatan Peninsula, a region rightly famous for its glamorous coastline, epic Mayan ruins and tasty cuisine.

Make the most of Lake Atitlan and its stunning surrounds by hiking and kayaking on its waters, or mountain biking and hiking between its villages.

Day 1 Playa del Carmen Welcome to this beachside playground. Hang out on the beach and explore the famed nightlife, or laze in a cafe with a cocktail. Days 2-3 Chichen Itza/Merida Visit the Maya pyramids at Chichen Itza. A fascinating fusion of religion, architecture and science, these ancient ruins are one of the most impressive of all the Maya sites. After learning about the site's history on a guided tour, travel on to the Yucatan capital of Merida for a beguiling dose of old-world charm. Days 4-5 Palenque Travel by comfortable bus to the southern state of Chiapas. Discover the imposing pyramid of Palenque, another impressive feat of Maya engineering. Nestled in a region of verdant, tropical rainforest, this is ancient civilisation at its most picturesque. Don't forget to pack some bathers for the chance to cool off in the Misol-Ha and Agua Azul waterfalls. Days 6-8 San Cristobal de las Casas With

winding cobblestone streets and colonial Spanish architecture, San Cristobal de las Casas maintains a lovely old-world feel mixed with strong indigenous roots. The surrounding villages are populated with Tzotzil and Tzeltal Indians who maintain their tribal origins through their varied traditional costumes and customs. Day 9 Totonicapan Homestay Get an insight into local life on an overnight family homestay in Totonicapan, sharing a meal and their culture. Days 10-11 Panajachel Cross into neighbouring Guatemala. Arrive in Panajachel for a spot of rest and relaxation by the picturesque Lake Atitlan. A veritable hub of adventure, choose between kayaking, boating or mountain biking to explore the pristine natural wilderness. Days 12-13 Antigua Arrive in Antigua, the colonial capital of Guatemala. Take in the city's charming sights while walking the cobbled streets or take an optional coffee tour.





Mayan Adventure



25 DAYS, ANTIGUA TO ANTIGUA

Spend time in San Cristobal de las Casas, a Chiapas highlands town famous for its strong indigenous roots and colourful handicrafts.

Experience the idylls of island life in Belize's Caye Caulker. Snorkel with turtles, dive with sharks, chill out to reggare beats and feast on fresh seafood.

Be charmed by the elegant cathedrals, expansive city plazas and cheery architecture of Merida's Old Town.

Days 1-2 Antigua For breathtaking views of the town framed against verdant mountain backdrops, trek up the nearby hill of Cerro de la Cruz. Days 3-4 Rio Dulce Drive to Amatique Bay and cruise past old Spanish fortresses and forested cliffs to the Garifuna town of Livingston. Day 5 Flores Explore the narrow lanes of Flores, a tiny island town that's the launch-pad for excursions to Tikal. Day 6 San Ignacio Explore Tikal's limestone temples, which are some of the most impressive remnants of the Maya empire. Travel to the sleepy town of San Ignacio where a full range of optional activities are on offer; from tubing down the river to exploring the eerie Mayan relics of Actun Tunichil Muknal Cave, there's adventure around every corner. Days 7-9 Caye Caulker Get snorkelling, diving or lazing on beautiful Caye Caulker. Days 10-11 Tulum Enjoy a Caribbean paradise with a spectacular coastline. Days 12-13 Playa del Carmen Snorkel, swim,

laze or watch the view from a beachside bar. Days 14-15 Merida Visit the Maya pyramids at Chichen Itza. After learning about the site's history on a guided tour, travel on to Merida for a dose of old-world charm. Days 16-17 Palenque Discover the imposing pyramid of Palenque. Visit the Misol-Ha and Agua Azul waterfalls and cool off with a swim. Days 18-20 San Cristobal de las Casas See the fusion of Indigenous and Spanish cultures in San Cristobal de las Casas. Visit local villages and witness traditional customs. Day 21 Totonicapan Homestay Stay overnight in a local home. Help cook dinner and brush up on your Spanish. Days 22-23 Panajachel Arrive in Panajachel, located on beautiful Lake Atitlan, and enjoy the thriving market, good eateries and many water-based activities. Days 24-25 Antigua Explore the colonial city of Antigua. Get energetic with a hike or get your groove on in a salsa dancing class.



VIEW DATES AND PRICES

COMBC


ANTIGUA BY THE BEAN

Get buzzed and brewed on a caffeinefuelled coffee adventure. Head beyond the city limits to explore local coffee plantations, learn the history of the bean in Guatemala, and finish up with a tasty local market stroll.

For more info head to **urbanadventures.com**



Mayan Encounter



17 DAYS, PLAYA DEL CARMEN TO ANTIGUA

This overland adventure covers big parts of Belize and Guatemala, allowing you to see some of the best of Central America.

Extended time in Caye Caulker and Antigua provides the perfect opportunity to enjoy laid-back island vibes as well as buzzy colonial city life.

Visiting the colourful Maya villages surrounding Lake Atitlan in the Guatemalan Highlands is a humbling experience.

Day 1 Playa del Carmen Start off your adventure in Mexico's famous playground of sun and fun. Days 2-3 Tulum White-sand beaches lapped by warm blue waters and overlooked by crumbling Maya ruins - welcome to Tulum. Days 4-6 Caye Caulker Cross the border into Belize and cruise out to Caye Caulker - an idyllic tropical island getaway where exceptional snorkelling or swinging the day away in a hammock are equally appealing options. Days 7-8 San Ignacio Trade the blues of the Caribbean for the lush verdancy of San Ignacio in the Belize hinterlands. Perhaps venture out to the Mayan ruins of Xunantunich or embark on an tubing adventure through the jungle. Day 9 Tikal Cross into Guatemala and journey out to Tikal National Park. Be awestruck by the enormous limestone temples towering over the jungle. Those feeling energetic can hike to the top for stunning views. Later, set up camp and watch the sun set

over this majestic place. Days 10-11 Rio Dulce Continue on to Rio Dulce. In spare time perhaps visit the coastal enclave of Livingston for a taste of Creole-Caribbean culture or take a hike through Chocon-Machacas Natural Reserve. Day 12 Antigua Explore the quaint colonial architecture of Antigua, one of Central America's most captivating cities. Day 13 Chichicastenango/San Jorge La Laguna Visit the picturesque mountain town of Chichicastenango and browse its bustling market. Then continue on to San Jorge La Laguna and get an insight into local life on an overnight family homestay. Day 14 Panajachel A lovely town on the banks of Lake Atitlan, Panajachel is the main base for exploring the traditional villages dotted around the lake. With a serene ambience and superb mountain panoramas, it's also the perfect place to sit back with a good book. Days 15-17 Antigua Return to the colourful handicraft stalls of Antiqua.

SACK TO MAIN MENU







El Salvador Explorer

10 DAYS, EL TUNCO TO ANTIGUA

Gastronomy and gallery-hopping is the main focus on the drive along the beautiful (and tasty!) Ruta de las Flores.

Uncover what was once one of the greatest centres of Maya civilisation in the amazing ruins of Copan.

Days 1-2 El Tunco The laidback village of El Tunco is the perfect place to hit the surf, check out beach caves or lie back in a hammock. In the evening, munch on the local specialty of pupusa and join the locals down from San Salvador at the bar. Days 3-4 Ahuchapan Hit the road for a ride down the Ruta de las Flores, one of the country's foremost attractions. Named for the wildflowers that grow along it, the route is scattered with quaint, artsy colonial towns, flowering coffee farms and laden with natural wonders. Days 5-6 Suchitoto Pay a visit to the Tazumal ruins and the eerie settlement of Joya de Ceren before arriving in Suchitoto, a delightful lakeside town of painted houses and cobbled streets. Days 7-8 Copan Leave El Salvador behind and cross the border into Honduras. Take a guided tour of the incredible ruins of Copan, full of impressive pre-Colombian art. Days 9-10 Antigua Cross into Guatemala and head to the capital, Antigua – the undisputed urban jewel in Guatemala's crown.

VIEW DATES AND PRICES

Land of Belize



8 DAYS, BELIZE CITY TO CAYE CAULKER

Explore the waterfalls, swimming holes, freshwater rivers and intricate cave systems of the Mountain Pine Ridge Forest Reserve near San Ignacio.

Whether the goal is total relaxation or engaging in adventurous water sports, Caye Caulker has all bases covered.

Day 1 Belize City Get to know Belize's former capital on a guided walking tour of Belize City, where remnants of British colonial rule have fused with the tropical climate to form an intriguing and colourful creole culture. Days 2-3 San Ignacio Travel to San Ignacio, a lush jungle region brimming with waterfalls, warm swimming holes and the intricate cave systems of the Mountain Pine Ridge Forest Reserve. Gain an insight into ancient civilisations on a trip to the impressive ruins of Cahal Pech or the Maya ceremonial centre of Xunantunich. Day 4 Tikal Wake early for the chance to catch a golden sunrise from the top of the majestic Tikal ruins. Spend the day exploring the towering Maya temples, keeping an eye out for howler monkeys and brightly coloured toucans, then camp out under the stars. Days 5-8 Caye Caulker Discover a laidback Caribbean paradise on the balmy Belizean island of Caye Caulker. Snorkel the nearby reef, feast on fresh lobster at a beachside restaurant or laze the days away in this slice of paradise.









Conception Volcano, Ometepe Island, Nicaragua

Central American Journey

17 DAYS, ANTIGUA TO SAN JOSE

Discover Central America, a land of mysterious Mayan ruins, active volcanoes, idyllic beaches and emerald jungles.

Volcanoes, wildlife-rich rainfores and ancient rock carvings – Ometepe Island has it all. You'll have plenty of free time to explore Nicaragua's largest island.

Whether it's reflecting back at you in the lake or heating the thermal pools you're stewing in, Costa Rica's Arenal Volcano always makes its presence felt.

Day 1 Antigua Walk along cobblestone streets and past heavy wood-carved entrances on an orientation walk of Antigua. Day 2 Copan Travel across the wild Guatemalan countryside and cross the border into Honduras. Days 3-4 Suchitoto Opt to visit the World Heritagelisted Maya ruins of Copan. These 1,500 year-old ruins are the southernmost of the great Mayan sites for which Central America is famous. Arriving in Suchitoto, El Salvador, explore cobbled streets or perhaps head to Lago Suchitlan for some kayaking. Day 5-6 El Cuco Spend time in beautiful Cuco. Take a boat cruise, unwind with some yoga, or relax in a hammock on the beach. By night, perhaps enjoy a seafood dinner along the water before retiring to a beautiful eco-hotel. Day 7 Leon Travel by private vehicle and boat across the Gulf of Fonseca to Nicaragua. Days 8-9 Granada Enjoy a free day in Granada exploring the city's markets and

surrounding countryside of active volcanoes. Days 10-11 Ometepe Island Cruise over to Ometepe Island. Perhaps take a hike up to the summit of either the Concepcion or Maderas volcanoes, both rigorous but rewarding climbs. Maybe splash around in the natural springs, soak up the sun on the beach or check out the island's petroglyphs (ancient rock carvings). Days 12-13 Monteverde Costa Rica beckons. Arrive in the ecolovers paradise of Monteverde and choose to explore the expansive cloud forest either on foot, by bike or by zip-lining through the canopy. Days 14-15 La Fortuna/ Arenal Volcano National Park Discover the Arenal Volcano - thrill seekers may want to explore after dark for exciting up close views of glowing lava. Perhaps enjoy a relaxing rendezvous at the hot springs or waterfalls. Days 16-17 San Jose Choose to farewell new friends in this spirited city over a final feast.





ESCAZU CULTURE AND CANTINAS

Feel the 'pura vida' of the Costa Rican people as you dance, dine and drink your way through the barrios of Escazu, seeing how the locals unwind at the end of the day. Share stories at a traditional cantina. snack on bocas, and learn a few dance moves as you take in 100 years of culture.

For more info head to urbanadventures.com





Raft, Snorkel & Kayak in Costa Rica CARBON OFFSET

8 DAYS, SAN JOSE TO SAN JOSE

The Pacuare River has been rated as one of the ten top best rivers around the world; not only for its rapids, but also its pristine rainforest surrounds and waterfalls.

Tortuguero National Park is home to monkeys, reptiles, toucans and macaws, while its waters contain turtles, crocodiles and manatees.

Day 1 San Jose With over half the country's population living within its parameters, San Jose is a bustling city with colourful markets, intriguing museums and a heady nightlife. Day 2 Pacuare Travel to the Pacuare River and hop in a raft for the journey to tonight's eco-lodge accommodation. Days 3-4 Puerto Viejo Hit the rapids again for another paddle before continuing by bus to the Caribbean coastal town of Limon. Visit Cahuita National Park, a protected area of both rainforest and reef, and see which critters you can spy on a snorkelling tour. Days 5-6 Tortuguero Tortuguero National Park is regarded as one of the best places in Costa Rica for spotting wildlife. Hop into kayaks and set out on a two-hour journey through the park's canals in search of monkeys, sloths, caiman, lizards, bats and a gamut of birdlife, Days 7-8 San Jose Return to Costa Rica's lively capital. Perhaps head out for a final group dinner and become acquainted with the city's buzzing nigh scene.

VIEW DATES AND PRICES

Cycle Central America



16 DAYS, GRANADA TO PANAMA CITY

Under the guidance of a local cacao farmer, help mill and roast cacao beans to make the greatest hot chocolate you've ever tasted.

Chill out with Caribbean vibes in Puerto Viejo, a lively village with great food and even better music

Day 1 Granada Arrive in one of the oldest cities in the 'New World'. Day 2 Masaya/Granada Take an early ride to Apoyo Lagoon. Day 3 Ometepe Island Cycle over to Ometepe Island. Day 4 Maderas Volcano/San Juan del Sur Ride around the Madera Volcano, keeping an eye out for monkeys and birdlife. Day 5 Arenal Ford rivers and climb hills to arrive at Lake Fortuna. Day 6 El Castillo Area Explore the rich bounty of orange groves and sugar cane around Lake Arenal. Day 7 Santa Rosa Pocosol Journey deep inside the Cano Negro Wildlife Reserve. Day 8 La Fortuna Unwind at a thermal spring. Day 9 Puerto Viejo Ride to a lively Caribbean village. Days 10-11 Bocas del Toro This waterside playground is yours to explore. Days 12-13 Boquete Visit a coffee plantation. Day 14 Baru Volcano/Panama City Cruise down the slopes of Baru Volcano. Days 15-16 Panama Canal/ Gamboa Rainforest Ride along the Panama Canal and deep into the jungle of the Soberania National Park.





Classic Costa Rica

Monteverde National Park, Costa Rica



15 DAYS, SAN JOSE TO SAN JOSE

Chill out to the sounds of nature in Sarapiqui, a tract of virgin forest intersected by the Puerto Viejo River and surrounded by banana plantations.

Arenal Volcano. Costa Rica

Not only is the Arenal Volcano National Park incredible to look at, but its flanks offer great hiking and hot springs to soothe the legs in afterwards.

Get a feel for what it's like to live off the land, pitching in with farm work and cooking chores on an agricultural homestay in Santa Rosa de Pocosol.

Day 1 San Jose An assortment of galleries, theatres and lively central plazas set among San Jose's glitzy modern shopping malls make this one of Central America's most surprising capitals. Days 2-3 Tortuguero National Park Enjoy the thick forests, cool waterways and pristine, powdery beaches of the Tortuguero National Park. An optional canoe trip or canopy tour offers a different perspective on this amazing, precious ecosystem. Days 4-5 Sarapiqui Journey to Sarapiqui, a small city surrounded by the lush green forests and banana plantations of Costa Rica's northern lowlands. Opt to explore the surrounding jungle by mountain bike. Day 6 Santa Rosa de Pocosol Venture out to Santa Rosa de Pocosol and spend the night in a local homestay. Just down the road with the incredible lusanilama agricultural

de Pocosol and spend the night in a local homestay. Just down the road, visit the incredible Juanilama agricultural community, the perfect place to hang out with the locals. Get your hands dirty helping out with chores around the farm, catch fresh fish for dinner and learn the best ways to cook them. Days 7-8 La Fortuna/Arenal Volcano National Park A sleepy little town set against a truly awesome backdrop, La Fortuna makes an exciting base from which to embark on a hiking expedition. After a day of walking, why not soak up the incredible views of Arenal Volcano from the Baldi Hot Springs. Days 9-11 Monteverde Travel into the mountains to Monteverde and head out on a guided tour through the cloud forest. Lush, green and packed with colourful butterflies and exotic creatures, it's a nature lover's paradise. Days 12-13 Quepos/Manuel Antonio National Park Descend from the mountains to the small beachside hub of Quepos, your base to explore Manuel Antonio. Hit the turquoise water for kayaking, fishing or swimming. Days 14-15 San Jose Return to San Jose for some further time exploring the city's sights.







Costa Rica Experience



9 DAYS, SAN JOSE TO SAN JOSE

Pick up some home-cooked recipes on an overnight stay with the locals of the Juanilama community.

Get active in La Fortuna hiking to a waterfall or exploring the waterways of Cano Negro Wildlife Refuge by boat.

Sheltering more than 2,000 species of plants, 320 bird species and 100 different types of mammals, Montverde National Park is a true wildlife haven.

Day 1 San Jose Both historic and modern, lively and laidback, the Costa Rican capital of San Jose makes for an enthralling introduction to Central America. With the group meeting not until early evening, why not head out for an exploration of the city's many galleries, museums and handicraft markets. Day 2 Santa Rosa de Pocosol Set out across the countryside to Santa Rosa de Pocosol for an overnight homestay. Pop into the Juanilama agricultural community and see how rural 'Ticos' - an affectionate local term for Costa Ricans – live. Day 3 La Fortuna/Arenal Volcano National Park Continue on to La Fortuna, a small mountain town backed by the spectacular Arenal Volcano. Nature-based activities abound here - trek out to the Fortuna waterfall, take a Cano Negro boat tour, or soak up the steamy goodness of the Baldi Hot Springs. Days 4-5 Monteverde Keep your eyes peeled for the resplendent quetzal and a

bunch of other creatures that inhabit the dense cloud forest of Monteverde. In spare time, opt for a coffee plantation tour, creep through the tree tops on a canopy walk, visit the local butterfly park, or give zip-lining a shot. Days 6-7 Quepos/Manuel Antonio National Park Travel down through the mountains to Quepos, a scenic little beach town near Manuel Antonio National Park. Head out for a hike along its many trails, keeping one eye on the great views and the other looking for the abundant wildlife. Monkeys, armadillos and sloths are among the species you maybe be able to spot. Alternatively, walk through the canopy on suspension bridges or watch butterflies at play in the specially created butterfly garden. Days 8-9 San Jose Return to San Jose for a final night's sampling of the city's dining options and bars. Perhaps enjoy a group dinner and a final toast to the beauty and hospitality of Costa Rica.





Talamanca beach, Costa Rica

Costa Rica & Panama Discovery

13 DAYS, SAN JOSE TO PANAMA CITY

CARBON OFFSET

Who hasn't dreamt of snorkelling, sun-baking and cocktail-sipping in the Caribbean? Enjoy plenty of time to do just that in Puerto Viejo de Talamanca.

Waterfalls, wildflowers, hot springs and mountains – Boquete has it all. Tour a coffee plantation, ride a bike along a river or take a relaxing walk through the forest.

Get off the beaten track and ride the waves in surfy Santa Catalina. If you'd prefer to stay dry, there's a beachside hammock with your name on it.

Day 1 San Jose Become acquainted with San Jose's modern buzz walking through its busy urban streets and vibrant markets. Perhaps visit one of the interesting museums in spare time, or pick a plaza bench and get chatting with the locals. Days 2-3 Puerto Viejo de Talamanca While Puerto Viejo's main street has dancehalls, reggaeton bars and modern restaurants, further out you'll find great surf beaches and fruit farms. In free time, head out on a wildlife-spotting excursion to Cahuita National Park or sign up for some surfing lessons. You can also visit a jaguar rescue centre or wander through the Kekoldi Indigenous Reserve, which is home to birds of prey and medicinal herb gardens. Days 4-5 Bocas del Toro Drive on into Panama and catch a ferry out to the tropical archipelago of Bocas del Toro. With azure waters, pristine coral reefs and a rollicking nightlife, it's easy to see why these islands are a favourite haunt

for so many travellers. Days 6-8 Boquete Soak up the tranquil mountain scenery and crisp air of Boquete, a small town by the Caldera River in the Panamanian highlands. Head out to a local coffee plantation for an insight into coffee production, get active hiking or biking, or relax in the hot springs. Days 9-10 Santa Catalina Travel to the remote fishing village of Santa Catalina on the Pacific coast. Choose to spend your time here surfing, fishing, snorkelling, or simply chilling out on the beach. Days 11-13 Panama City Arrive in Panama City, Central America's glitziest capital. Get a taste of old Panama on a wander through the crumbling architecture of historic Casco Viejo, join an optional tour of the Panama Canal, or explore the plentiful dining and drinking hotspots. As this memorable adventure comes to a close, perhaps mark the occasion with a meal of local specialties or a night on the tiles at a dance club.



SACK TO MAIN MENU



Costa Rica Express

9 DAYS, SAN JOSE TO SAN JOSE

Monteverde is truly a nature lover's paradise. More than 2,000 species of plants, 320 bird species and 100 different types of mammals call the park home.

While Manuel Antonio itself is a laidback kind of town, its nightlife is famously fiery – so kick up those heels and get a taste for Costa Rican revelry.

Day 1 San Jose Get accustomed to Costa Rican time on a leisurely walk through San Jose, or perhaps visit the lively San Pedro area. Days 2-3 La Fortuna/Arenal Volcano National Park Why not get the most out of your stay here by visiting Arenal Volcano, enjoying a shower beneath La Fortuna waterfall, taking a canopy tour, or soaking in the hot springs. Days 4-5 Monteverde The steamy Monteverde cloud forest boasts several unique species of flora and fauna. Explore the emerald-green cloud forest by foot to admire the array of wildlife and learn how this incredible ecological curiosity came to be. Days 6-7 Manuel Antonio National Park Discover the soft-sand beaches, tropical vegetation and turquoise waters of Manuel Antonio National Park. Hike along the trails to spot some of the abundant wildlife – be on the lookout for armadillos, sloths and colourful birds. Days 8-9 San Jose Return to San Jose to meander through the stalls of the Mercado Central or catch a show at the city's pride and joy – the Teatro Nacional.

VIEW DATES AND PRICES

Hike, Raft and Canyon in Costa Rica

11 DAYS, SAN JOSE TO SAN JOSE

CARBON CARBON GUARANTEED

Don't pass up the opportunity to visit a vanilla farm, sleep in a local village, and raft down the Savegre River on a four day trek to the Pacific Coast.

Encounter Costa Rica's vibrant wildlife on a visit to two nature preserves: Corcovado National Park and the nearby Punta Rio Claro Wildlife Refuge.

Day 1 San Jose An assortment of galleries, theatres and lively central plazas set among San Jose's glitzy modern shopping malls make this one of Central America's most surprising capitals. Day 2 San Gerardo de Dota Huddled up against the Talamanca Mountain is San Gerardo de Dota, a haven for birdwatchers, hikers, and fishing enthusiasts. Days 3-6 Travesia del Savegre Set off on a four day hike to the Pacific Coast. Guided mainly by the shores of the Savegre River, trek through cloud forests and lowland rainforests to an overnight homestay. This is an area few people know about so make the most of the home-cooked meals and the chance to swim in nearby waterfalls. Day 7 Uvita Get ready for a canyoneering adventure, rappelling down rock faces, through canyons, and landing in tranquil ponds. Days 8-9 Drake Bay Travel by boat to Drake Bay and visit the Punta Río Claro National Wild Life Refuge. Days 10-11 San Jose Stop off at the stunning Manuel Antonio National Park on the way back to Costa Rica's capital.





Short Break Adventures



Bite-size Break Antigua 3 days, antigua to antigua

TRIP CODE | PHYSICAL

VIEW DATES AND PRICES

Discover Guatemala's celebrated colonial gem and its surrounds on this immersive three-day stopover. Once the most important city in Central America, Antigua is now a charming highland town of preserved cobblestone streets and faithfully restored colonial-era architecture. After getting a feel for the town, pop on an apron and prepare to get your hands dirty with a private cooking class at an authentic local restaurant. Learn about the Spanish and Mayan influences in Guatemalan cuisine and use fresh ingredients straight from the local markets. Travel into the hinterlands for a tour of a coffee plantation. Off the back of a hands-on introduction to the coffee-growing process, sit down to lunch with a local family and enjoy a cup of their home-grown brew. Tour the local food market, sampling regional specialties and grabbing lunch at a food stall.



A DAYS, MEXICO CITY TO MEXICO CITY

TRIP CODE **QVHM-O** PHYSICAL

VIEW DATES AND PRICES

Navigate your way through Mexico's enormous and vivacious metropolis on this thrilling stopover. In the company of a local guide, become privy to the history surrounding the city's many sights – from its Templo Mayor, Metropolitan Cathedral and Palacio de Bellas Artes to the Torre Latinoamericana and Diego Rivera's famous murals. Wander the stalls of Mercado de San Juan and be overwhelmed by the incredible array of produce on display. Get the inside story on the incredible Aztec ruins of Teotihuacan and learn about the Pyramids of the Sun and Moon. Relax amid the parks, plazas and impressive architecture of Mexico City's main square, the Zocalo, and stroll down the Avenue of the Dead. Whenever you're after a bite to eat, the capital's numerous street food vendors will be on hand to refuel you with delicious 'antojitos' (little cravings).





San Jose Stopover 4 days, san Jose to san Jose

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

San Jose is a city that revels in two things: its coffee and its markets. Get up close and personal with Costa Rican life on a stroll through the city's vibrant markets, picking through stalls loaded with exotic plants and vegetables, and learning about the agricultural history of the area. Visit a coffee stand to discover the special Costa Rican chorreado brewing method, and then stop off at a folk medicine stand to see whether a potion can cure your hangover spell. Pay a visit to the expansive Central Market, housed in a 120-year old building and full to the brim with typical Costa Rican food and drink. Burn off all the delicious food with visits to Parque Espana, Yellow House, and the National Liquor Factory. Catch a train past mountains and coffee plantations to Cartago and explore this beautiful town by bike. This short break then wraps up in San Jose.

Caribbean Sailing

There's a reason this equatorial paradise draws so many people each year in search of some R&R. Nowhere else will you find that unique blend of sultry Latin culture, bright blue beaches, colonial history, world-class diving and lip-smacking Caribbean food. And what better way to explore the island chains and tiny archipelagos than on your own private catamaran? Book a sun-soaked sailing Caribbean vacation today, then thank us tomorrow when your friends go green with envy.

Away from the smoky bars, clapped-out cadillacs, regally crumbling buildings and rhumba, Cuba has another tale to tell. Climb on board and discover it for yourself.



Typically the privileged domain of moguls, models and millionaires, the illustrious British Virgin Islands are guaranteed to sweep you off your feet and into a hammock.



Catamarans are our vessel of choice when it comes to sailing in the Caribbean. The catamarans we use have four twin/double share cabins, shared bathrooms, a kitchen and living area, with snorkels for ocean exploring. Go ahead and make yourself at home.

Weather



WHERE IN THE WORLD

Cuba British Virgin Islands The Bahamas

> Monsoon 25-35°C Very hot & dry 35°C+ Hot & dry 25-35°C Hot & wet 25-35°C Pleasantly warm 20-30°C Warm & wet 20-25°C Cool 15-20°C Cool 45-20°C Cold & dry 0-15°C Cold & wet 0-15°C Below freezing -0°C

Cuba Sailing Adventure

9 DAYS, HAVANA TO HAVANA

Day 1 Havana Welcome to Havana! Find a cafe, kick back with a Cuba Libre and soak up the procession of classic cars, the whiff of fragrant cigars and the constant sound of salsa. Days 2-8 Cienfuegos/Archipielago de los Canarreos Journey to Cienfuegos, the 'Pearl of the South', Jump on board the vacht and set sail to Cavo Guano, where a lush tropical paradise and some of the best sunsets on earth await. Spend the next six days sailing the idyllic islands of Cuba - chill out on deck, bask in the glorious sunshine and soak up the laidback vibe of the Caribbean. Visit Cayo de Dios and Cayo Largo del Sur to discover hidden beaches and pristine blue waters. Grab snorkelling gear to witness some of Cuba's magnificent underwater scenery. Unveil the hidden gems of Cayo Los Majaes, Cayo Rico, Cayo Estopa and Cayo Cantiles, all resplendent in their natural beauty.

CARBON DEPARTURE

Day 9 Cienfuegos/Havana Enjoy a final breakfast on board before heading back to Havana, where this unforgettable sailing adventure ends.



SACK TO MAIN MENU

STYLE PHYSICAL ORIGINAL QSSC ••000 ťŤ Maximum group size 8 Catamaran (7 nts), guesthouse (1 nt) 8 Breakfasts, 6 Lunches, 6 Dinners Catamaran, Zodiac, public bus

VIEW DATES AND PRICES

TRIP CODE

PHYSICAL

STYLE

British Virgin Islands Sailing Adventure

8 DAYS, TORTOLA TO TORTOLA

Day 1 Tortola Meet at Maya Cove and settle aboard your sea-bound home. Days 2-7 Norman Island/British Virgin Islands Archipelago Set sail to the southern tip of Virgin Gorda and experience The Baths. Enjoy time in this special location before sailing to Gorda Sound to hang out at the beach or take to hiking trails. Then cruise on to Anegada, a coral island that is incredible for snorkelling and beach lazing. Move on to Diamond Cay and perhaps go for a walk to Bubbly Pool – a natural jacuzzi among the island's mangroves. There is more great snorkelling and lounging to be had in Sandy and Green cays. Visit a delicious seafood restaurant at Soper's Hole, then settle further into island life with a leisurely snorkel around The Caves. Set sail towards Dead Man's Bay for another world-class swim and snorkel before spending your final evening moored at Cooper Island



Eco Resort. Day 8 Tortola Return to the harbour at Tortola, where this fun-filled, sun-blessed adventure on the high seas draws to an end.





VIEW DATES AND PRICES

Bahamas Sailing Adventure 7 DAYS, MARSH HARBOUR TO MARSH HARBOUR

CARBON OFFSET DEPARTURE

In beautiful Noname Cay, you might even catch sight



Day 1 Marsh Harbour to Elbow Cay Stock up on

of the local beach-going pigs. Day 7 Marsh Harbour Farewell fellow travellers after breakfast.







Latin America by Truck

Create your own Latin American adventure from our wide range of Overland route combinations. With all the big show-stoppers and plenty of hidden gems to discover in-between, there's bound to be a trip that takes in everything you want to see. In fact, it's probably going to be a harder task trying to pick what you don't want to see.



Dragoman trucks

BUILT FOR WHEREVER THE ROAD GOES

All of our Overland trips in Latin America are operated by our partners, Dragoman. Having been in the Overland travel game for over 30 years, they have the nous, know-how and, most importantly, a fleet of purpose-built vehicles to get you from A to B, both safely and on time. Each Mercedes-Benz truck is specially built and modifed to incorporate integrated cabs, a coach-style layout and roof seats for slow scenic cruising. If you don't see a particular route here you were after, check out dragoman.com. They could already be onto it.



Participatory travel

PITCHING IN TO HELP OUT

Given the size of Latin America, and given the nature of the places we head to on Overland trips, you'll need to be prepared for some long driving days. Depending on the trip route and travel season, there's likely to be a fair bit of camping involved and you'll need to be prepared to put up your own tent (though we'll always be there to lend a hand), and help out with cooking and cleaning duties. But don't be deterred by these home truths; for most of our travellers that's exactly what makes Overlanding so incredible.



Flexible itineraries

THINGS CHANGE. WE ADAPT

Sometimes our routes need to change. Just like at home, if a road is closed for reconstruction or the weather makes somewhere impassable, there may not be a whole lot we can do other than work out a new route to our destination. By the same token, not needing to rely on public transport can be a huge advantage in countries prone to strikes – and it does, in fact, offer an element of creative license. Your trip leader might have a scenic detour up their sleeve and, if everyone's in agreement, well, why not?



Latin America by truck



Cartagena to Quito 19 days, colombia, ecuador

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

Be a part of Colombia's revival on this exciting Overland adventure. Travel through the Colombian countryside and discover quaint cities, coffee plantations, sleepy seaside towns and grand volcanic landscapes. With lots of opportunity to interact with outgoing, friendly locals, this is a great chance to have a genuine travel experience to talk about for years to come. Relax by the calm lake waters that lap at the town of Guatape, travel to Medelin and learn about Colombia's chequered past, or wander through Santuario de Las Lajas, a hidden basilica church suspended over a valley river. Taking in some of the best attractions of this fascinating country, this trip provides a unique insight into a nation that is rapidly evolving. Visit Colombia and be touched by the authenticity of this flourishing country before finishing the adventure in Ecuador's capital, Quito.



Rio to Iguazu 16 days, brazil

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

For an in-depth insight into the best of Brazil, jump on this Rio to Iguazu Overland adventure. Beginning in Rio de Janeiro, explore the city's most iconic sights, including Christ The Redeemer and the colourful Escadaria Selaron, before travelling on to the beautifully preserved colonial town of Paraty. Nestled in green jungle and looking out over a picturesque lake, experience the charm of oldworld Brazil. Then it's off to lush Brotas for a dose of adrenaline before continuing to the open expanses of Southern Pantanal. Take a boat to explore the wetland's waterways and meet the abundant wildlife that lives here. Bonito isn't named 'pretty' for nothing – spend three days in this eco-centre exploring its beautiful surrounds. End on a high at the epic falls of Foz do Iguacu, the Brazilian side of the spectacular Iguazu Falls.



Lima to La Paz 22 days, peru, bolivia

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

Travel through the awesome Andes on this Overland adventure through Peru and Bolivia. Unlock the secrets of this region's many mystical sights. Be amazed by the abundance of wildlife in Paracas National Reserve, watch condors soar over the Colca Canyon, and explore the isolated reed islands dotting Lake Titicaca. Journey to Nazca and learn about the mystery of the Nazca Lines. Spend a memorable evening huddled around the fire with a local family in Raqchi. Tackle the historic Inca Trail and ramble over the ruins of Machu Picchu, then explore the cobbled streets of Cuzco. Finish up in the dizzying heights of La Paz, where you can explore fascinating markets or practice your putting at one of the world's highest golf course. Journey through Bolivia and Peru and discover two of South America's most iconic countries.



La Paz to Buenos Aires 21 days, argentina, bolivia, chile

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

Take a different road through Bolivia and Argentina on this all-encompassing adventure. Traverse the incredible 2,653 kilometres from La Paz to Beunoes Aires, passing through the moon-like landscapes of the Bolivian Altiplano and the salt flats of Salar de Uyuni, and winding along the colour-splashed Andes of northern Argentina. Take the opportunity to camp at a traditional Argentine estancia in the heart of the Pampas and climb among the ruins of a rusted train cemetary. This journey ends in the sophisticated streets of Buenos Aires, with its colourful neighbourhoods, premium Mendoza wines and throbbing tango scene. Discover a wealth of fascinating locations, with a blend of ancient and modern cultures, awe-inspiring scenery and friendly locals at every turn of this epic Overland Adventure from La Paz to Buenos Aires.



Buenos Aires to Rio 19 days, argentina, brazil

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

Seek out adventure on a tantalising trip through Brazil and Argentina. Enjoy the wood-grilled parillas in Buenos Aires, wander the colourful streets of La Boca, or while away the night in one of Buenos Aires' sultry tango clubs. On the other side of the border you can see the jaw-dropping power of Brazil's Iguazu Falls and the vastness of the Pantanal wetlands along the way. Meet up with Cariocas for caipirinhas in Rio de Janeiro and revel in the raucous atmosphere of this captivating city. Explore the most exotic places in Brazil, pass through small historic towns, and spend time discovering the best of Argentina's attractions. Tap your foot to the beat of the tango in Argentina before swinging those hips to the sway of the samba in Brazil. See how the influence of Portguesue and Spanish colonisers have helped shape some of the continent's most energetic capitals.



Lima to Buenos Aires 42 days, argentina, bolivia, chile, peru

TRIP CODE GDOBC PHYSICAL

VIEW DATES AND PRICES

Visit South America and travel through four of the continent's most remarkable countries. Tour through Peru, Bolivia, Chile and Argentina as you travel from Lima to Buenos Aires. Be enchanted by the colonial grandeur of Lima before heading off to the mysterious Nazca Lines and the dazzling white city of Arequipa. Discover the amazing fusion of Inca and Spanish culture at Cuzco and learn the secrets of chewing coca leaves, then trek through spectacular Andean landscapes to the ruins of Machu Picchu. Experience life on Lake Titicaca's floating islands, marvel at Bolivia's desolate salt flats, and savour the mouth-watering aromas of a traditional Argentine barbecue. Visit Buenos Aire's famous dead at Recoleta cemetary or discover whether you have two left feet at a thrilling tango class. This trip has it all: breathtaking scenery, vibrant cities and friendly locals.



Iguazu to Buenos Aires 15 days, brazil, uruguay, argentina

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

Experience the beauty and charisma of Brazil, Uruguay and Argentina while travelling overland from Iguazu to Buenos Aires. Be awed by the spectacle of Iguazu Falls before travelling into Uruguay to experience the laidback lifestyle in riverside Yapeyu. Spend two nights at an authentic estancia in Tacuarembo learning about the gaucho way of living. Discover the colourful beachside towns of San Gregario de Polanco and Punta del Diablo – the ultimate in chilled out vibes – before upping the tempo in eclectic Montevideo. Discover a mix of old-world charm, modern culture and beachside tranquillity before visiting Colonia, the oldest town in Uruguay and a popular World Heritage site. Catch the ferry to Buenos Aires and end this adventure among the sophisticated streets and happening tango bars of this unparalleled city.



Cuzco to La Paz 12 days, bolivia, peru

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

This adventure takes you through the centre of the ancient Inca Empire on a short but sweet South American Overland tour. Travel through Peru and Bolivia, unlocking the very best that this mystical region has to offer. Explore the cobbled streets of Cuzco and try some local ceviche at the central market, encounter the impressive former fortress of Sacsayhuaman and trek along ancient Inca pathways through forests and over mountain passes. Discover the impressive ruins of Machu Picchu, soaring against the early morning sun as you watch from the sacred Sun Gate. Visit the floating reed islands dotting Lake Titicaca and visit unlikely markets in the steep streets of La Paz. From the once mighty Inca capital of Cuzco to the breathtaking altitude of La Paz, discover the history and beauty of these two vibrant nations on this overland adventure.

Latin America by truck



Lima to Rio 60 days, argentina, bolivia, brazil, chile, peru

TRIP CODEPHYSICALGDOTC••••00

VIEW DATES AND PRICES

On your marks, get set, go! This incredible Overland adventure from Lima to Rio will blow your mind. Discover the depths of the Colca Canyon, enjoy the cosmopolitan vibe of uber-cool Buenos Aires, trek along the ancient Inca trail to marvellous Machu Picchu, watch the world distort at Salar de Uyuni and experience life on Lake Titicaca. Discover diverse landscapes and ever-changing terrain as you travel into the heart of the Bolivian salt flats, Brazilian forests, the lush Pantanal wetlands, the lofty Andean mountains and the thunderous Iguazu Falls. Feel the heat in Rio de Janeiro, with Christ Redeemeer welcoming your arrival with open arms and eager locals keen to show you the steps of their famous samba. Along the way, meet gregarious locals and soak up the rich history of these phenomenal South American nations.



Santiago to Buenos Aires 34 days, argentina, chile

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

Visit South America and travel through the windswept beauty of Patagonia on this journey through the stunning scenery of Argentina and Chile. Relax in the cafes of Santiago and be enchanted by the beauty of Bariloche before exploring some of the world's most breathtaking glacial scenery. Admire sweeping vistas while trekking through pristine wilderness, spot exotic animals and marvel at the immensity of the Perito Moreno Glacier. Take the chance to get active with white-water rafting, horse riding and mountain-biking activities. Travel across the vast Pampas of Argentina before finishing the adventure in electric Buenos Aires, where you can learn to dance up a storm with the locals or marvel at the European architecture. Along the way, meet friendly locals and be swept up by the irresistible charm of this region abundant in natural beauty and wildlife.



La Paz to Santiago 21 days, argentina, bolivia, chile

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

Visit South America and travel through Bolivia, Argentina and Chile on an unforgettable adventure through the Andes. Meet friendly locals and discover the rich culture and breathtaking scenery of this region, with visits to regional mining towns and traditional cattle ranches. Starting in La Paz, this journey takes in some of Bolivia's most iconic scenery, including the salt flats of Salar de Uyuni, the billowing fumeroles of the volcanic Altiplano and the fiery-red Laguna Colorada, before crossing into Argentina. Indulge in some world-renowned wines in Cafayate, then explore the Pampas on horseback and savour the flavours of a traditional barbecue while staying on a working cattle ranch. Soak up the relaxed atmosphere of Mendoza before crossing the Andes mountain range and finishing the adventure in Santiago.



Santiago to Ushuaia 23 days, argentina, chile

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

Travel overland from Santiago to Ushuaia, taking in spectacular scenery and enjoying outdoor adventures along the way. Beginning in Santiago, Chile's buzzing capital, this trip journeys through the volcanic landscape surrounding Pucon, along the Chilean Fjord Coast, and stops in the wilds of the Torres del Paine National Park to see granite cliffs and visit the homes of guanacos and flightless rhea birds. Choose to mix up your adventure with horse riding, Zodiac rides and rafting opportunities. Finish this journey in the world's southernmost city, Ushuaia, and discover this fascinating town. Experience untold beauty in Carretera Austral, choose to go hiking in Los Glaciares and Torres del Paine national parks and feel the isolation, beauty and majesty of Patagonia on this action-packed adventure through one of the most incredible places on earth.



Quito to Rio via Ushuaia 112 days, argentina, bolivia, brazil, chile, ecudor, peru

TRIP CODE

PHYSICAL

VIEW DATES AND PRICES

Get set for the ultimate South American odyssey. Covering six countries in 112 amazing days, experience spectacular scenery, magnificent ruins, fascinating culture and some of the friendliest people on the planet. Start among Ecuador's glorious colonial buildings in Quito, then journey deep into the Amazon Jungle before heading south to Peru to follow the footsteps of the Incas. Hike the famous Inca Trail and marvel at the majestic citadel of Machu Picchu. Visit the fascinating floating reed islands on Lake Titicaca, gaze in awe at the cascading waters of Iguazu Falls, and survey the vast Bolivian salt flats. If it's unspoilt nature you're after, then this trip has has it covered it covered: majestic glaciers, verdantforests, soaring mountains and more.



Bolivia In Depth 22 days, bolivia

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

This comprehensive in-depth trip takes you through many of the highlights and hidden gems of Bolivia. Kicking off in Cuzco, Peru's cultural capital, pay a visit to the floating reed islands of Lake Titicaca before crossing the border into Bolivia. Arrive in the hectic city of La Paz and then journey to the unforgettable salt plains of Salar de Uyuni. Prepare to go off the beaten track (literally) and discover some of Bolivia's less-visited areas, such as the charming colonial town of Sucre and the mysterious pre-Inca ruins of Tiwanaku. Explore the Bolivian Amazon on an exciting three-night adventure and spot caimans, monkeys, and plenty of birdife near Rurrenabaque. This is the perfect journey for those that want to explore a little deeper in this incredible country!



Rio Carnaval 6 days, brazil

PHYSICAL

TRIP CODE **GDSB**

VIEW DATES AND PRICES

Fancy dancing samba in the street from dusk 'til dawn? There's no greater party on earth than this iconic festival in Rio de Janeiro, so focus on perfecting those saucy samba steps. Join the conga line, witness the festivities reach their dizzying climax, move and shake among the drum-fuelled street parties of Lapa and get swept up in this magic celebration of life. Spend the day exploring some of Rio's iconic sights, including Christ The Redeemer and Sugar Loaf Mountain, with the chance to soak up the frenzied atmosphere at a football match, before dancing the night away. This is the ideal extension to any South American trip or a great adventure in its own right. Sign up for the party of a lifetime and join the spectacle of Rio Carnaval.



Rio to Buenos Aires 28 days, brazil, uruguay, argentina

TRIP CODE PHYSICAL

VIEW DATES AND PRICES

Experience the culture and natural beauty of Brazil and Uruguay on this South American adventure, with a little Argentina thrown in for good measure (and good steak). Starting in Rio, head to colonial Paraty and explore the stunning nearby coastline, before venturing inland to the wildlife-rich Pantanal and the lush eco capital of Bonito. After visiting the mighty Falls of Iguazu, cross the border into Uruguay, where you'll stay on a traditional farm, search for wildlife in Santa Teresa National Park and hang out in eclectic Montevideo, with a spot of wine tasting along the way. All roads lead to Buenos Aires (well, this road does), where European and Latin influences come together in an enticing tango dance. Sample some famous Malbec wines and learn to party just like the locals do.